

Neuro-Linguistic Programming

Seduction Language Patterns

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1 Speed Seduction Commandments

1. Thou shall not supplicate
2. Thou shall never ask
3. Thou shall structure opportunity
4. Thou shall offer challenges

2 Speed Seduction Phrases

These phrases are used to construct the speed seduction patterns. This list is by no means a complete list. Please feel free to add your own phrases to this list.

- Begin to recognize now
- Cant control yourself
- If I had a magic wand
- A part of you
- For whatever mysterious reason
- Really look
- Listen Carefully
- Hang on every word

3 Speed Seduction Demonstrations

3.1 Boyfriend Script

YOU: You know, I'm really curious about something... about your boyfriend, what about him first attracted you?

HER: "Well I wasn't attracted to him AT FIRST, but it was just the way he... and the way he... and..." This is important, because she's giving you step-by-step instructions on EXACTLY how to seduce her!

YOU: "When you first fell in love with this person what exactly did you feel?"

HER: Blah Blah Blah

No matter what she says, she'll lightly go into that state of first falling in love as she accesses it in her mind - with YOU causing the good feeling in her.

YOU: "Where did that feeling start?"

HER: Chest/Throat/Blah

YOU: "From your chest, where did it go it next?"

HER: Blah

HER: "Now let me get this straight... I was actually talking to a friend of mine last week and with her when she feels she's attracted to a person she said it starts in her throat, but for you it starts here in your chest..."

I touched her chest. "And then down to your tummy right," I said tracing my finger down to her naval.

I've now just elicited HER particular process of becoming attracted and then LED her through it by tracing the path of that feeling with my finger (and anchored that incredible feeling to my finger as I touched her). In effect, I created the experience of "becoming attracted" for her as I traced the feeling with my finger along her skin - all with the excuse of, "Now let me see if I got what you said straight."

I finished up with, "It's kind of weird that way... how you just become attracted to someone like that... as if it just explodes inside of you when it hits your tummy... but things like that can just happen and in my opinion you should never try to fight something like that."

3.2 Intensify Feeling

1. On a scale of 1 to 10, how good do u feel?

Purpose : to give her a measured way to tell her that she really is having a better experience (calibrate herself)

2. What if as good as it feels, it's only the start
3. What if instead of the end, it's only the beginning
4. Instead of the destination, it's only a direction
5. only the start of asking yourself, how wonderful can I really feel, how much pleasure can I stand

hyper imperic languaging (the more the X, the more the Y)

As that realization joins with my voice to wrap itself around you like a pair of powerful, yet gentle arms, lifting you higher and higher, the higher you go,

The more your capacity for pleasure and experience continue to open and expands, and the more the capacity for pleasure and experience continues to expands, the higher and higher you go..

(Sythesia language / overlap)

You propabably haven't yet realize, there is a colour to the feeling of pleasure,

If you can see that colour now, what color would it be? ...

(expansation language)

As that color expands to fill you, pulsating and spreading all thru you, expands to fill the room, the world, the solar system, the galaxy, the universe

With all of that color..., all of that feeling..., flowing back into you, having you as its center, flowing and pulsing right back into the center of who u are...

NOW, how good do u feel?... (it should be overrun, ... a hundred or a thousand..)

(Tie -in language)

The really amazing thing about feeling so wonderful is to realize, REALLY realize, that the more you open, and the deeper you respond, to this voice of new experience, this voice of new discovery, this voice of new direction

The more you will learn, and the more you learn, the better the quality of your life and your experience will be...

And the better the quality of life and experience of people around you would be...

(- do it now language if in person and not on phone)

sexual metaphore

it's the kind of thing that could cause a person to come over and over and over again ... (pause) to one conclusion, an opportunity to move over into a new direction...and the thing about new direction is ... it's not enough to just think .. (in a squeaky voice)...maybe one day I will get around to it I might do it maybe later , but instead you got to reach out and create an opening for this new direction...an opening that longs to take it all in and joins with it, ride it, make it part of who you are..an opening that hear roaring voice of desire and adventure. Yes, right now, I have got to have this... I got to make it mine...

(post hypnotic suggestion language)

I don't know just what it is in your environment that will remind you to have these wonderful feelings again and that even stronger desire to experience even more...

It maybe whenever you hear a phone ring and you realize a powerful message coming thru ... maybe whenever you step into a steaming hot bath / shower,.. and you realize, you really do want to immerse yourself in amazing / powerful feelings ... it could be whenever you walk thru a door, and realize there is a doorway to new thoughts, new feelings, new behaviours, new enjoyment.., new(nude) pleasures.. I don't know which will it be, or maybe your unconscious will choose something for reasons of its own in a way that will surprise and delight you, I'm sure it will be fun to find out, won't it..

3.3 Passion Visualization

1. find out what their passion is

2.(X) find out what it is she finds most fulfilling(or values most) about her passion3.(Y) Get the rule e.g., how do you know you have(or how do you know you are experiencing) X

2b.You could alternatively go into Ross, signal recognition technique e.g., what is the first signal you get for yourself, the first thing that happens inside your body that lets you know you are really being fulfilled.

3. (Z) Interaction between value and rule what,s it like you know you have this X b/c you are experiencing (or feeling) this Y.

4. (A) elicit her desire for action so what aspects of the natural woman you are deep inside, what parts of you that you normally don,t let out begin to feel compelled to come out and play when you really know

you have this X b/c you are experiencing (or feeling) this Z?

5. Now say to her, „So, when you FEEL compelled to BEGIN to act A b/c you really FEEL Z with me it's like, you GO INTO THIS special PLACE...where you can really FEEL free to act A (or let that „A% part of you out).... it is a place where there are NO LIMITS....and no limitations on you allowing yourself the opportunity to completely surrender yourself to these Y feelings in this very moment .. And it's like you HEAR THIS VOICE...this voice of surrender that tells you....fuck it, this (sp) is for me...go for this right now."

6. Have her ratify this

7. Now fractionate by saying to her, „a psychologist friend of mine was saying that certain flowers can represent the whole spectrum of emotions that certain passions evoke in us. So, if you were to VISUALIZE the feeling that that passion evokes in you as a flower, what kind of flower would it be

8. if you were to give it a magical color, what color might you give it?

9. I want you to NOTICE if you were to BREATH in how this flower becomes bigger And as you breath out it becomes smaller breath in it becomes bigger breath out it becomes smaller Now what I want you to do is look at the flower, but FOCUS in on these Z feelings and as you just keep looking at the flower and FOCUSING in on these Z feelings you might even NOTICE how the closer the flower gets, the more intense you BEGIN TO FEEL these Z feelings and the more you FEEL these Z feelings the more you FIND yourself wanting to act A.

8. notice how the more intense a person begins to FEEL this passion, the warmer the flower gets and the brighter the color becomes, and the brighter the color glows and the warmer the flower gets , the more intense a person can FEEL these Z feelings. So for example, whenever you BEGIN to feel Z, notice how the color can become brighter and the flower can become warmer.

9. Now if I were to take a petal from this flower and rub it against you, could you FEEL this?

10. now notice as I move that petal up your arm, how the petal can become warmer and the color can become brighter. And as the petal becomes warmer and brighter notice how these feelings can become more intense and the more intense these feelings become the warmer and the brighter that petal becomes.

11. If I were to ask you how good you feel on a scale of 1-10 what might you tell me.

12. Did you know that pleasure has a color. If you were to imagine that it had a color, what color would it be? (lets suppose she says, „red)

13. Now watch as that rose petal turns into a tiny ball of X energy. Now, I know that it looks very small. But how surprised would you be to find out that this little ball contains all the pleasure in the world?

14. Now what would it be like if we were to put this ball inside you right THERE (lower stomach).

3.4 Signal Recognition

After a bit of chit chat and talk on the difference between immediate attraction and an attraction that takes place after knowing a person for a while.

ME: So I,m wondering, what sorts of values do you find the sorts of guys you are attracted to having?

HER: As I have gotten older, they have to seem fun or like intriguing or like confident And that has to come across right away.

ME: O.K., so they have to have this fun intriguing confidence that comes across right away. And how do you know that this (sp) person has this fun intriguing confidence about them?

HER: There has to be something there.

ME: How do you know something is there?

HER: Usually people have a certain energy about you? (Notice she said, „certain energy about you% instead of „a certain energy about them%. Due to my self-pointing, she is already beginning to associate the question with her as opposed to just some guy).

ME: So, now I am wondering, when you meet someone (sp), what signal do you get for yourself, what,s the first thing that happens inside your body that lets you realize that this (sp) person has this (sp) certain energy letting you know that you can be attracted to them b/c they are fun, intriguing and confident?ΣWhat,s the first thing that happens that lets you realize this?

HER: Do you mean like a physical manifestation or like in my brain I go like, „oh!%?(BTW, as she is recalling the experience I am taking a mental note of the expression on her face, where her eyes go, etc.. I am also beginning to visually anchor her with my hand)

ME: With some people it is something in their brain that goes oh, other people it starts with maybe some butterflies in your stomach or feeling in your chest.

HER: Maybe like five times in my life have I actually had butterflies in my stomachΣBut other than that it is something in my head that goes „oh, I am going to go stand in their circumference%ΣIts some initial intrigue.

ME: So, have you ever had the experience of those butterflies in your stomach, and then you find out on top of it that this(sp) person,s intriguingΣAnd you GET that feeling in your head that goes „oh%(zipping up anchor)

HER:(giggling and blushing a little) yea

ME: SO you had that before.

HER: yea

ME: Now what,s interesting is that earlier you said that you,re very visual

HER: yea

ME: So, when you meet someone and you have those butterflies in your stomach and you have that sense of intrigueΣthat feeling in your head that goes @oh!,Σthat lets you know that this person,s funΣI mean, what,s that like?(zipping up visual anchor with hand)?

HER: (She goes deep into state) Um..Um.unbelievable.

ME: So what behaviors, what parts of you do find yourself wanting to let out and play when you really feel these butterflies and you feel this intrigue and your head has that click that goes „oh% b/c someone has this(sp) energy I mean what sorts of things do you find yourself wanting to do that you normally wouldn,t do if you didn,t feel these unbelievable feelings? (zipping up anchor)

HER: I mean when you have that sexual attraction you start to think that this person would be fun to make out with and you start to think about that person a lot.

ME: dirty girl bad girl

HER: giggles

We fluff talk for a little and I tell her a couple stories. Then I say

ME: So getting back to the visualization part I told you about. So you probably remember the experience of having these butterflies and you have that click in your head that goes „oh when your intrigued by this person b/c you know that they have a certain energy about them I mean when you have that and you find yourself thinking about what it would be like to make out with this person a lot? (zipping up anchor)

HER: yea

ME: I mean if you were to GIVE a color to that experience what would that be?

HER: Definitely like a redΣb/c I get flushed all over.

ME: now if you were to give this experience a shape or symbol what come to mind?

HER: hm..

ME: It could be a triangle, it could be a circle; whatever shape you associate with that experience.

Her: A ball

ME: So you could probably visualize this red ball?

HER: yea

ME: you could probably see that?

HER: yea

ME: How big is it?

HER: small

ME: is it heavy?

HER: NO, its very light it made out of energy

ME: Cool. I want you to NOTICE if you were to BREATH in how this ball of energy becomes bigger. And as you breath out it becomes smaller. Breath in it becomes bigger breath out it becomes smaller (Guys, pay attention right here. I am doing something very powerful). Now what I want you to do is look at the ball of energy, but FOCUS in on these butterflies and as you just keep looking at the ball of energy and FOCUSING in on these butterflies you might even NOTICE how the closer the ball energy becomes, the more intense you BEGIN TO FEEL these butterflies in your stomach and the more you FEEL these butterflies in your stomach the more you FIND yourself becoming flush. And the more you FIND yourself becoming flush the more you BEGIN TO THINK what it would be like to make out with this guy. And the more you THINK about this. The more you can FOCUS in on this yearning to FEEL even more intense butterflies in your stomach. And all you have to do to ALLOW this to happen is TAKE a deep breath. And NOTICE what its like as these butterflies intensify as the ball moves closer to you.

HER: That,s really cool. I can definitely feel the butterfly thing

ME: Cool you like that don,t you?

HER: yea

ME: Now NOTICE what its like as you. LOOK AT the ball and TUNE into these butterflies. And NOTICE how the more you BEGIN TO TUNE IN to these butterflies the more you BEGIN TO THINK ABOUT what it would be like to make out with this(sp) person. And the more you THINK ABOUT this the more you can FOCUS. IN on this anticipation to FEEL even more intense butterflies. And all you have to do to ALLOW this to happen is TAKE a deep breath. And on release the ball moves closer to you

OK. Now if you FIND YOURSELF wondering what the next logical step would be to parlay this into a kiss close all you have do to FIND THIS OUT is SIGHN UP FOR Ross, seminar and if your lucky he will show you how to parlay this into a kiss close.

3.5 Flaming Rose Pattern

So I came up with a way to do magic, without actually doing it. Meaning, instead of physically doing it, I have them hallucinate the whole damned thing. Believe it or not, it's really fun and it works. Especially if she is very visual, or at least has an imagination.

But it must be done within a certain context. Like the BJ pattern, you can't just say "Hey, you live right BELOW ME(sp), don't you?" It won't work, it must be done within the right frame, the right context. So, similarly, you can't just walk up to a woman and say, "I'm going to make you hallucinate a magic trick, here goes." If you want to do that, you'll have to perform actual, physical magic tricks.

So, here's a general sequence to follow.

1. Fluff talk
2. Rapport
3. Gather info
4. Introduce any of the following themes:

"I am a hypnotist"
"Dreams or lucid dreams"
"Different Places in the Mind"
"Enhanced Senses"
"Magic"
"What it's like to be a kid"
etc.

Usually what I'll do is after talking about what I do or dreams, or imagination or whatever, I'll bring back feelings of being a kid. I'll say something like:

Kingpin: Do you remember what it's like to be a kid? Do you remember what it FEELS like to be a kid?

Her: Yeah, sort of.

Kingpin: It's like magic, I know this magician who does this really cool trick to adults and makes them feel like they're kids again. you know I think most people forget what it's like to be a kid blah blah..

At this point I'll do something that I call "The Flaming Rose Demo." What this really is, is just a detailed description of a very cool trick that I came across, called "The Flaming Rose" by Kevin James. (No plug intended, sorry Riker) He has a video, if you want to see it performed, buy his video-if you can find it. Very difficult to get.

Anyway here's the effect Kevin James style:

A piece of paper is crumpled into a ball.
It dances up and down the magician's arm, then the spectator's arm.
It is then twisted into the shape of a rose and levitates.

As it floats, it is lit on fire, changes into a real rose and is given to the spectator as a souvenir.

The secret behind the trick is irrelevant.

Here is the modified Floating Rose, Kingpin style. I changed it slightly, because I didn't like the beginning of Kevin's version. I'm demonstrating the trick with my hands, SHE has to visualize it. She will do this if we have rapport and is not in a hurry.

Kingpin: (continuing from above) See, he'll take out a piece of paper (motion with hands taking out a piece of paper).and just crumple it up into a little ball (pretend like I'm crumpling up the paper).and he'll say."hold out your hands like this" (I motion for her to hold out her hands in front of her).and he'll put the paper on your hand (I pretend I put the paper on her hands).and then he'll just look at it..and keep his hands over yours like this (I keep my hands over her hands, palm down.and slowly move them upward).and all of a sudden..the paper will slowly rise.into mid air..and for a few seconds you can see it hover just above your hand..and then he'll GRAB IT (I pretend I grab the paper really quick, like I'm snagging it in the air before it drops).and unfold it (I unfold it).and give it to you (I give her an invisible piece of paper) so you can see that there are no strings or anything attached to it...and then he'll take the piece of paper (take the paper back).and fold it into a shape of a rose (motion like you're folding it, twisting the body to make it narrow, and making the top part look like a rose).he does some weird twisting thing.and it totally looks like a rose.then he'll smell it, so the audience knows it's supposed to be a rose (I smell it).and give it to you to hold (I give it to her, she holds it).he'll light a match (I light an invisible match).and he'll take the paper back (I take the paper back from her).and bring the match to the paper.and light it.(light the paper) sswwwooooosshhhh!!!.(make a quick 'moving away' from motion with hands) the paper BURSTS INTO FLAMES and changes into a real rose that drops to the ground (I'll point to the ground)..he'll then pick it up (I pick it up)..and give it to you (give it to her)..and it really is real..see, notice how you can feel the velvet texture of the petals.and if you move it across your cheek you can feel the softness.and when you see it happen in front of your face.you just feel like a kid again.you're in that state of total wonder.total amazement.complete fascination.now the thing I wonder about is.what if you could combine.the freedom and wonder and curiosity of a child with the knowledge and power of an adult to make adult decisions...etc...

The more descriptive, the better. Now in her mind, you're magic.

3.6 Warmth Builder

Hold the babe's hand with her palm UP.

Put your index finger in the center of her palm, and tell her to focus on the warmth in that spot your finger is on.

Then tell her to imagine a shape (any shape she wants and she is not to tell you what shape she chooses) **

Have her give that shape a color. (It's okay if you know what color she chooses) Next tell her imagine that shape is sloooowly....riiising....up from that spot of warmth. (raise you index finger up to prompt her to raise her shape)

Tell her it is floating...rotating...around...and with each rotation...it gets warmer...and warmer...and warmer,

Then tell her to slooowly let that shape sink back down into the spot it rose from.

Next tell her to feel the warmth, as it travels UP from her hand...to her wrist...and it stops in that spot where the arm bends. (Your index finger will be tracing the movement)

While it is stopped here, invite her to notice how much warmer it became as it moved to this spot.

Then have it start moving again, this time travelling up and stopping on her shoulder. (you are still tracing the movement)

Invite her to notice how that warmth is now even stronger...and more fulfilling.

Continue moving and stopping at her "charm" zone (that's the area where a charm on a necklace would be resting)

Again invite her to notice how even warmer and more fulfilling it continues to get.

The move and stop on her "heart" zone (Stop tracing it from this point, as it might be too intrusive to her)

Again inviting her to notice the growing warmth and fulfillment.

Then move it down to her solar plexus (And here use EXACTLY this wording, "And notice how that warmth seems to double...maybe even triple in intensity...as if the core of all that warmth...all that fulfillment..came from...right...in...here." Then poke her solar plexus to anchor it!)

Then tell her to continue moving that incredibly warm and fulfilling shape down (and tell her something like, "Continue this movement, even though you think you might explode...with enjoyment.")

Then swoop your hand BY her crotch, at an angle, and say, "And just let all of this flow right out and through you." (Make sure you do NOT stop your hand by her crotch, because it's too blatant. Instead, move your hand BY her crotch, at an angle, and over her right or left leg)

And then SHUT UP and let the first words be out of HER mouth, so you know what result you got and where you might need to take the sarge from this point!

** It's important that you DO NOT make her tell you what shape she chose, because it becomes more personal when she does not have to share it.

Remember, if it goes as designed, that shape is now her symbol for orgasmic pleasure. The mere thought of that shape from this point on will give her pleasure, because it is a personal anchor for her. Keep in mind, if AFTER you've done the "Warmth Builder" (and gotten a favorable result) she tells you what shape she chose, that's a great sign that she is having sensual thoughts with you in mind. (It's like a woman showing you where her clit is, she tells you because she wants you to use the information!)

4 Speed Seduction Structures

4.1 Component for Immediate Fourth Level Access

The following steps are to be followed in order to gain immediate fourth level access.

1. Groundwork - Yourself and Your Territory
2. Gaining Non Verbal Rapport
3. Verbally Pace the situation
4. Verbally break their state as "Matter-of-Fact-ly"
5. Start fractionating with a bang
6. Give the demonstration
7. Close in the manner desired

4.1.1 Groundwork

A) START WITH SELF

You Must Go Out In The Proper Form Of You!

Use The Tools of Film Strips, Magickal Self Design, Command Self Design, Hynotic Change, and Magical Influence (Or Whatever Form of Psychological Predispositioning)

TO SPECIFY TO ALL SELVES:

- 1) INTENT
- 2) BELIEFS (Frame)
- 3) ACTIONS (Procedure/Behaviors)
- 4) OUTCOME

B) GUIDE YOUR ENVIRONMENT

(This step can be omitted whenever you approach spontaneously...)

Plan to share energy in locations and at times that will be conducive to your outcome

- 1) Position yourself where non-verbal, verbal, contact is easy and natural (ie. the catbird seat)
- 2) Place yourself at locations where cultural norms work in your favor (ie. the coffee-shop for intellectual discussion, not the neighbor's funeral for dirty jokes)

3) Pick locations and times where your targetted types HBs are likely to be found (ie. to the right places at the right times when you suspect they may be there.....this is where a lair is so important because you can all share good sargy places.....of course the ultimate way to master this is simply bold experimentation)

(EVEN IF YOU DON'T PLAN YOUR DAY FOR SARGING, MANIFEST THE HABBIT OF RECOGNIZING THE OPPORTUNITIES THAT NATURALLY COME TO YOU AND POSITIONING YOURSELF WITHIN THEM FOR MAXIMAL ENJOYMENT.....ie. if you do find yourself solo at a crowded business hour luncheon....do sit near the take out window, more than that BE THE ADVENTURER....Mike Toomey (God I hope I didn't misspell his name) is AWESOME at this.)

4.1.2 Getting Non-Verbal Rapport

As soon as you have stepped into your environment, with the right type of self for you built in and the logistics in your favor, OBSERVE

STEP OUTSIDE YOURSELF

TURN DOWN YOUR DIGITAL DIALOUGE, PICTURES AND FEELINGS

TRUST YOUR HIGHER SELF/UNIVERSE/LIMITED PERCEPTION TO GUIDE YOUR ATTENTION TOWARDS THOSE WHO WILL FIT YOUR CRITERIA

Than, little by little, prioritize

NEVER ELIMINATE.....per the wheel and spoke theory Riker said once upon a time....if you just ELIMINATE a person in the vicinity you are likely to build yourself an obstacle instead of an aid

When I say PRIORITZE, I mean know your END OUTCOME(S)

Based on observation, figure out those you think would be most enjoyable to seduce....

Step into each one....try them out....

Get a sense

And when you find a particular one, gain rapport with both her at one level and her group and start to shift your thoughts.....

Physiological Matching can be good to an extent.....because by producing the outcome you also help to reinforce the cause.....

4.1.3 Verbally Pace Their Reality

Now it is time to PACE

If they are in a group, I suggest you first PACE the "leaders" (dominant males, females) of the group by pacing THEIR reality; if she is solo I suggest you begin by pacing hers; if their is a common group phenomena you can pace it....

HOW TO PACE?

The way I see it breaks down to something like this....

There are several basic levels to pace at....

- Relationship Pace "Excuse me...you don't know me but...."
- Environmental Pace "This line should have its own zip code."
- Identity Pace "The Boss rejected your idea again? You must feel devastated."
- Beliefs/Thoughts Pace "Waiting out here is SO BORING!!" (Although a complaint might make a negative first impression....potentially bad or good...that's another post)
- States Pace "You must feel ECSTATIC!!!"

And several other Neurological Levels And Sublevels

(Notice if you are disarming a dominant male, you might not want to pace per say.....just based on my experience at my young age, it is often better to just use the next step with them)

(Also with other individuals in the group besides your prioritized HB, you should tend towards environmental paces and humor)

4.1.4 Verbally break their state "Matter-of-factly"

There are Four Basic Ways of doing this....

- 1) Challenges
- 2) Complements
- 3) Questions
- 4) Humor

When you mix them in different amount you achieve your own unique "walk-up style"

Each has its own formulas and caveats, which you have doubtless heard many times before on this and similar lists....if you have specific trouble doing one of the four....post it and I will see if I can break it down and help you.

IN ALL OF THESE, YOU MUST SAY THEM WITH IDENTITY + MATTER OF FACT]

For identity insert the quality that best conducts the behavior

For questions, curiosity; for humor, playfulness, etc.

The Matter of fact part is what you say in your tone

You package the Identity quality in your intent when you say them.....

4.1.5 Withdraw and Begin Fractionation

DO NOT OVERDO THE PREVIOUS STAGE!!!

As soon as you get a good response,
challenge,
after you challenge, WITHDRAW...

NOT COMPLETELY

But enough to provoke interest and set the frame.....

Do it as Ross says by taking two steps back, non-verbally

But I also do it verbally, maybe through silence, maybe through revealing a slight annoyance I have with these types of people/women (humorously) So what qualities DISTINGUISH YOU from UNADVENTUROUS/BORING PEOPLE?" (note this line is definitely not a panacea, with my particular themes and slightly off sense of humor though, I have found it often provokes laughter as well as transversal searches of their own)

Begin the process of "leaning in and out" not just non-verbally, but in the rest of your encounter.....give her a piece, MAKE HER WORK FOR MORE....she gets a slight reward, WHAT ELSE CAN SHE DO, etc.

Discuss your themes with cycles between fourth level pattering and fluff talk

4.1.6 The Demonstrations

The demo, in my view, is a lot more than just a neato-completo little thing to make you entertaining and intrigue her a little.

IT IS A CRUCIAL PART OF SETTING UP YOUR FRAME

When you show her a technology of the mind you can

- A) Begin discussing the *somewhat* offbeat
- B) Become an authority on her
- C) Become a general authority figure on the paths of the mind
- D) Test her with this to SEE if SHE IS THE TYPE OF WOMAN YOU WANT
- E) Providing a glimpse into the many opportunities you have been implying you offer people thus far

The ways of doing this of course include:

- Rose Demo
- General Symbolic Demos
- Hypno/Trance Demo
- Palm Reading
- Handwriting Analysis
- The Cube
- Kokology Games
- ETC.....

4.1.7 The close

The most logical way to do this, following the structure I have laid out, is by cutting off your demo before the *****REALLLY GOOOOOD PART**** (sly smile)

I usually then back this up with a situational challenge, notice NOT AS A CHALLENGE ON HER, but as a challenge of the environment allowing the two of you to connect....

You can frame the challenge depending on where you would like to lead her....

If you want to number close....

-You have something else you need to do
 -You don't have a lot of time
 -etc.

If you want to lead into a full close....

-Go to a place where we can "really focus"
 -Well....It's kind of hard to do in a mall/restaurant/sidewalk
 -Etc. Be creative....Ross has tons of advice on this.....

B) After giving the challenge, opportunity.....ELICIT THE PROCESS

"What steps should we take to make sure that happens?"

"Where do you suggest?"

"How can.....we....accomplish.....that Debbie?"

ETC.....

4.2 Structure of Creating Patterns

There are 3 classes of patterns, in order from less effective to most effective.

4.2.1 Canned Patterns.

These are basically memorized patterns either directly out of the work book, or written by oneself. They are memorized before hand, which gives the pros of being very well crafted, but have the cons of being non-flexible in some situations.

How to learn:

Memorize them before hand, and "act" them out alone in the correctly tonality, tempo, etc. Learn them in a way that an actor would learn a script.

Example:

Incredible connection pattern from workbook

4.2.2 On-the-fly General patterns

These patterns are created on the fly, intra-conversation with someone. The pros are that they are flexible, but not as accurate or as well crafted.

The process of creating them on the fly is:

1. Pick a state you want to install
2. Pick a topic, the topic is either something in the environment or something directly related to the conversation at hand.
3. Find something interesting about that topic
4. Describe the process, or what is interesting about the topic

5. when describing the process, structure the overall state and imbed commands and suggestions from one or more of the four door ways i.e.
 - a. emotional connection
 - b. body sensations
 - c. visualization
 - d. core values (this door way may be difficult for this type of pattern)
6. Layer 3 levels deep if possible

How to learn:

When alone, grab a topic or something out of the environment, and just start going into talking aloud about what is interesting with it and how it is like the state you want to install, and either hit a specific doorway, or try hitting multi-door ways.

Example:

You know what is interesting about typing an email to the SS list, is that you can REALLY CONNECT to hundreds of people that have a VAST KNOWLEDGE database, you know a place where you CAN REALLY LEARN. There are thousands of brothers who have HAD THIS EXPEIRENCE and can help you QUICKLY LEARN and PICK THIS STUFF UP... now with me, really learning, is about FULLY UNDERSTANDING the material... etc, etc

err duh, I screwed that up, I should of used "about reading an email from the SS list"... but you get the point, right?

4.2.3 Elicited Patterns

These are patterns built from her elicited internal processes for something.

They are created on the fly, and structured in a way that it "mimics" there internal process for a state, action, etc, but the content is different.

The pros of this, is that it is highly effective, but the cons is that it takes a lot of skill to take their internal process and then build a pattern on that.

The process for this would be:

1. find state that you want her in
2. Elicit that state from her.
3. Feed it back to her and make sure you full understand it
4. Go into pattern built on the fly from what she just gave you
Either right then or. Save it for later and on an unrelated topic, pattern in her process for this.

How to learn:

Elicit process, create pattern on the fly. This has to be learned in real-time with a person?

Example:

You: How do you know when you are comfortable around someone? How do you know that?

Her: blah blah blah, I see them, blah blah, I feel safe... blah blah, I can really talk to them...

You: So it is like when you see someone, you just can feel safe around them and talk to them about anything?

Her: yea

(later on)

You: You know what I like about traveling? First when I am in a new place, I am out of my environment, so I feel a little uncomfortable, but then after a while, when I stop and look around, I just get this feeling that it is safe, you know? Then I can just relax and **open up** to the environment. It is like when you are standing there and just **see this** wondering site, right in front of you, and then it just feels right, it feels like you are meant to be here, like you have been here all along, then you can just relax and let yourself go and just be yourself, you know? That is what I like about, traveling....

4.3 Structure of Blow Job Pattern

We're gonna describe the overall general experience. Why do we do that? It's to direct her mind downward.

You are going to direct her mind downward by saying I think the conscious mind goes down into the unconscious and brings back up all these thoughts and ideas and fantasy's

And you may think those thoughts are above me but really I think they are below me (direct command). Because your coming from another part of your mind.

Do you like chocolate (yes)

If they say no ask what food do you like is there some food that if you see it you absolutely have to put in your mouth

Can you stop and remember a time when you see that piece of chocolate and your mouth is already tasting it Before you even put it in you can already feel that sweetness against your tongue and you can feel the special rich Texture of it against your tongue as well. You know the texture that really good chocolate has?

And then there's that moment where the first molecule of chocolate touches your tongue and you know it's inside your mouth but you just want to keep it there because it's so sweet and so good and there's that extra special warmth when you swallow that sweetness down Or then maybe sometimes you meet someone and you're really attracted to him and you both know it and there's moment when your eyes lock it's that special look just before you kiss before the first time and you are trembling with anticipation and your heart is pounding because your thinking about how good it's going to be

It's like every physical moment of that relationship is rolled into that first touch of the lips. And there's that excitement and that wanting it just before you touch Where your heart is racing and there's that first soft contact of the lips Where you don't even know if your touching or not, but ah man it's like a jolt of electricity See I think what happens is the conscious mind goes down into the unconscious and brings back up all these thoughts Images and desires and you may think

those thoughts are above me but really I think they're below me because your coming from a much deeper part of your mind

Overall structure of the blow job pattern

First you introduce so it sounds like a normal topic of conversation

The second piece is you start to give examples, every example is pushing her in the right direction

The first example is general body pleasure and being naked right
But I don't say do you remember being naked. I don't talk about that
It's all structured so it's ok to talk about

Then we get more specific we're getting to pleasure in the mouth
wanting to put something in the mouth and keep it there

Then we're getting more specific it's pleasure in the mouth relating to something sexual and really good

Then we talk about the mind going down which is an innuendo plus it's the direction for the mind go down and bring up the pleasures and the thing that does is it justifies saying below me, above me below me

And what's it like when it's better than you ever imagined

If you understand the principle well enough you can come up with your own patterns

It's interesting how there's a difference between compulsion and anticipation?

Do you ever just find yourself reaching for the refrigerator or do you ever just find yourself reaching for a piece of food?

But then there's anticipation!

Where your mind anticipates pleasure before it arrives

You want to start describing the process of coming home from a hard day of work

You come home from a hard day of work and all you can think about is dropping your clothes and stepping in to that hot shower

And begin to describe the process of enjoying a hot shower and before you even step you can already feel that heat

Working it's way through every part of your body Working it's way through every muscle as you step out of tension and step into pleasure
And then there's that moment of sliding in

Tonality

Where you just let the heat and the pleasure take you and it just feels so great doesn't it

Then go to another example

Do you like chocolate (yes)

If they say no ask what food do you like is there some food that if you see it you absolutely have to put in your mouth

Can you stop and remember a time when you see that piece of chocolate and your mouth is already tasting it

Before you even put it in you can already feel that sweetness against your tongue and you can feel the special rich

Texture of it against your tongue as well

You know the texture that really good chocolate has?

And then there's that moment where the first molecule of chocolate touches your tongue and you know it's inside your mouth but you just want to keep it there because it's so sweet and so good and there's that extra special warmth when you swallow that sweetness down

Have you ever been with someone and you both know you are really attracted?

and you both know it and there's moment when your eyes lock it's that special look just before you kiss before the first time and you are trembling with anticipation and your heart is pounding because your thinking about how good it's going to be

It's like every physical moment of that relationship is rolled into that first touch of the lips

And there's that excitement and that wanting it just before you touch Where your heart is racing and there's that first soft contact of the lips Where you don't even know if your touching or not, but ah man it's like a jolt of electricity

See I think what happens is the conscious mind goes down into the unconscious and brings back up all these thoughts

Images and desires and you may think those thoughts are above me but really I think they're below me because your coming from a much deeper part of your mind

4.4 Handling Objections

I'd really like to go out with you but I've broken up with someone and I'm just not ready (you hear congruently from her tone that she means it)

first express agreement
you never want to resist
cause that creates more resistance

I know that there's a part of you that doesn't want to do this (presupposes that some part does want to do it) anchor the part in space give a location

formula

express agreement and create a wedge by presupposing a part that doesn't want to cooperate associate a tremendous amount of pain to the part that doesn't want to

why would we want the part that is going to disobey or disagree with us why would we want to associate tremendous amount of pain with it so she will jump at the first opportunity to get out of there

4.5 The Final Frontier

Ok, here it is. I will try to give a brief explanation, and then a longer more detailed description. I'll tell you what, this works. Big Time. used this before I heard of SS, but now while I am learning SS, I realize why it works. And I've used my SS knowledge to improve upon it.

The Scenario:

You are with a chick, you've SSed her (or maybe even you have not). You are getting ready to have sex. Her pants may still be on, they may be off. But you are close. Then BAM... late-stage pre-coitus Female Interruption Mechanism !!!!

Hence "The Final Frontier" - the last step(s) before having sex with her. She starts to have second thoughts. Maybe she was not SSed enough. Maybe you had to go get a condom, lock the door, answer the phone, whatever. Or maybe the fact that she is about to experience something so powerful, so big (couldn't resist), that turned on all those fears and bullshit (who knows), and now she says she is "not sure". AAAARRRRGGGGHHHH!!!!!!!

The Final Frontier (brief):

You basically tell her that you "understand". And that before this happens, she has to understand that you have certain Rules. (and here they are.)

4.5.1 Riker's Rule

1. I always use a condom.
2. This has to be something that you want to do.
3. This has to be something that you will look back upon and be happy about.

I realize, that this is a reiteration of some other recommendations which have been posed for handling similar situations. But if you deliver these in this way, in this order, you will see incredible results.

2. Background.

I'm new to this stuff (3 months), but I have had my share of pre-SS successes. My difficulty has always been more in initial meetings, pickups, etc. BUT, the one area that I have had an uncanny success rate at, is that if I get a woman home (mine or hers), and I get at least one kiss, I end up sleeping with over 80% of them the first night. And these are (most of the time) the women who have been with few guys, or normally date for about 1-3 months (that's MONTHS) before sleeping with someone (must be RDon students).

Now I am the type of guy who will not lie to some chick just to get into bed with her. And I cannot stand it if a woman gets all regretful the next day. I hate that. So, I have been very up-front with them, and basically tell them these "Rules". Why? Because, in all honesty, they are true (at least for me anyway).

So I say these rules because I mean them. Honestly. And because of that they are delivered with *absolute sincerity*. And I have had women, who five minutes earlier said they cannot sleep with me (it's too soon, I don't know you enough, blah, blah, blah) hear these and literally grab me by my shirt and pull me on top of them. Or say "You are so damned charming, god, I want you right now". It's awesome.

I do not have "The Final Frontier" worked out as formal patterns per se. I basically just say these rules, but talk "around" (amongst would be a better way of putting it) them. But if you look at these Rules, they are LOADED with a perfect framework to set up a MASSIVE SS delivery vehicle. So let's pick these apart.

3. Setup.

She has just objected, stopped you, whatever. You start by agreeing with her (pacing). "I understand. Maybe we shouldn't be GETTING INCREDIBLY TURNED ON LIKE THIS. Besides, before we have sex (pre-sup), there is something that you should know (anticipation...). I have certain rules, certain things that must be true for THIS TO HAPPEN. NOW, WITH ME, these are important."

OK, now see where this is leading? You have paced her. And you have her attention. And you have started to build a tension-and-release cycle. She is impressed that "hey this guy isn't just trying to get in my pants, he wants to discuss something". On the other hand, the more defensive chicks are thinking "Rules?! Who the hell is he, the GUY, to have Rules?!" So she is either impressed at your sensitivity, or, she is somewhat thrown off that the "man" supposedly has rules for HER getting to sleep with HIM!

4. Rule a. I always use a condom.

"My first rule is...I always use a condom. In this day and age, I just think that's a smart thing to do, and I always use one. So, WHEN WE HAVE SEX (or "make love"), I have to use one".

(Again the exact wording is off the top of my head, but you are getting the point.) Now, what's going on here? First, you resolved the tension-release cycle for the most part. Also, if she was "worried" because she does not know you (or your sexual history) that well, you have put her at ease. She does not have to ask a million questions about your former partners (all those lucky women). She does not have to worry if you have a condom or not (because you do - RIGHT!?). Plus, if she was going to use the condom issue as an "excuse", you have just smashed that.

One word here. If she gets pissed, if she does NOT want you to use one. RUN. Get the hell out. Don't be a dumbass.

5. Rule b. This has to be something that you want to do.

Now it gets good.

"Another thing that is important for me is that this has to be something that YOU WANT TO HAVE HAPPEN. This has to be SOMETHING THAT YOU WANT DO TO. You have to WANT TO HAVE SEX WITH ME. I know some guys will say or do anything just to be with someone like you. It's not up to me to convince you. Only you can CONVINCED YOURSELF that THIS IS WHAT YOU WANT. NOW, WITH ME, I could maybe think of the perfect thing to say, or touch you or move you in the perfect way, that might CHANGE YOUR MIND. But only you are the one that can CHANGE YOUR MIND in a way so that THIS IS WHAT YOU WANT."

..or something like that. Get it? The cool thing about this is, at least for me, I have always been able to say this sort of thing because I really mean it. Now of course, the version above is now loaded with commands, but hey, I'm a changed man (thanks Ross). The key to this is that YOU believe, that for her, being with you is a fantastic opportunity. Once you believe that, your attitude becomes, "hey, if she does not want me (especially at this stage) fine". There are others.

This Rule also helps to dispel a lot of the bullshit games that chicks will play. Wanting to play hard to get. (yeah, right, even after their bra is off, and they are writhing in pleasure, yeah sure...). Some chicks will object at late stages so that YOU just work harder (or so that you go down on them a LONG time before they "agree"). Some are just teasing you (maybe with the intention of NEVER "allowing" you in their pants).

Some are really objecting and saying NO. Fine. The problem with all this is that guys are supposed to be freakin mind-readers and KNOW what this "objection" means? Bullshit. Call her on it. In one way you are saying that "hey, if you don't want me, fine". On the other hand you are saying "I want you to really want this to happen, I would not want you to do something against your will".

So it dispels bullshit. It allows you to be an ethical guy. And you can THROW A SHITLOAD OF COMMANDS AT THEM WHILE DOING IT!!!

6. Rule c. This has to be something that you will look back upon and be happy about.

Oh, it gets better.

"My last rule is this. After we have sex, I want you to look back on it and be glad it happened. I want you to wake up tomorrow, and have a huge smile on your face, because you just feel so wonderful, so content, so satisfied, that you are glad that we made love. Have you ever been with someone, and it was so great, that you just could not keep the smile off your face the next day? Almost that it was so good, that you want to tell your friends, but you are almost embarrassed about it because you enjoyed it so much? You see, for me, I do not want to be a part of anything that you would regret later. This has to be something that you will look back upon and be happy about. That is very important to me because I want to be a part of a good decision you have made, a good memory, a good experience, with me, that is really important."

OK. Now a lot of times, when you talk about that "embarrassed to tell your friends" bit, they will be grinning or blushing. If that happens, she's yours. Now I realize the language above is a little rough

(because as I said, I have not evolved it into a formalized pattern, just a delivery vehicle of sorts). But...
Can you see the power of this? You are specifically time distorting her into having already decided to have sex, and looking back on it as being "a good memory". Get it?

7. Now aren't you just a stand-up guy?

The coolest thing about all of this is that, unless you were a total dick or something, you would really believe in these points anyway. They are probably true. And the sincere delivery works wonders. Now, isn't she lucky to have met such a stand-up guy?

5 Adventurer vs. Explorer

Which do you think best describes you, being an adventurer, or an explorer?

(No matter which one they say, even if they say neither or "I don't know" continue with...)

See most people think the two are pretty much the same, but that's just not true. An adventurer is able to... LOOK AT THIS OPPORTUNITY (s.p.) and immediately. FEEL A RUSH OF EXCITEMENT. And as that excitement grows stronger and stronger there is this internal voice that says, "EXPERIENCE THIS... MAKE IT YOURS RIGHT (snap fingers) NOW!" And the adventurer goes out there and is able to... JUST DO IT.

An explorer on the other hand, starts to... GET VERY CURIOUS... about things (point to your crotch) they have not seen yet. They start to... FEEL A WARMTH OF DESIRE... to see what this is all about. So as they... CONTINUE TO STAY CURIOUS... and... THAT WARMTH GROWS... they have only one thought, which is, "EXPLORE THIS (s.p.) COMPLETELY."

So you see; an adventurer sees an opportunity in front of them and they go for it, while an explorer gets curious about what they have not yet experienced and decides to... SEE WHAT THIS IS ALL ABOUT. So as you think about it like that, can you.. FEEL THAT (tap wrist) TO APPLY TO YOU?

6 Airplane

I was watching this cool documentary about the Wright brothers called "Astro Glide" I think it was on NOVA ? Anyway, it was about them inventing the air plane and sometimes they were almost successful and then got stuck midway and they said that the different parts needed to fit well together and connect and interact in a smooth way---some parts going in and out and some going up and down in just the right rhythm and in just the right way...and they often found themselves going all night long. And that a good lubricant can be very helpful...you like to fly, right ? Because some people like trains-----there are all kinds of trains and trains of thought...others prefer buses or driving Bi car...maybe it's the feel of the gear shift that gives them a sense of control, whereas others prefer to just surrender to the ride and enjoy being lead to where they really want to go. Me, I think that you can probably imagine advantages in all those different ways... And since it's so cold here (in NYC) I've been day dreaming about taking a Vacation...Imagining your Ideal Vacation and what that

would be like...you ever just find yourself daydreaming and having certain...thoughts...now, with me...

7 Amazing Women

I was watching the most interesting program on cable the other night. They were doing a week long profile on amazing women in History who were highly influential, and the powerful decisions they made. And this particular night, they profiled Cleopatra, and Joan of Arc. They said of Cleopatra, that when she was able to... SEE AN OPPORTUNITY HERE... she made the decision to say to herself, "MAKE THIS YOURS " (Point to self) She had the ability to.. .FOCUS ON THIS (Point to self) and.. .DELETE ALL OTHER DISTRACTIONS... and was able to succeed, where other women were unable to. All of the women at that time had the same options and abilities, but Cleopatra's famous for it because she was ambitious enough to set her sights on powerful men (gesture toward self) and always believed that... THIS REWARD IS DESERVED (Point to self). And then there's Joan of Arc, who at age 13 said that inside her head she couldHEAR THIS VOICE, and as time went on and she began to.. .FOCUS ON THIS VOICEand began to... SEE IMAGES of what was being described. With her able to.. .HEAR THIS VOICE, and.. SEE POWERFUL IMAGES, the people of France in 1429 saw her as having a celestial connection with God, and so she was chosen to lead France's battle into England. She made a powerful decision, the decision to BELIEVE THIS VOICE and ACCEPT THESE IMAGES. TODAY, as you know. that decision is called listening to your woman's intuition.-But look at the whole picture. You have a woman who set her sites on a man, then decided to.. .DO WHATEVER IT TAKES.. to.. .MAKE IT HAPPEN. And you have a woman who heard and saw amazing things within her mind. Two amazing people (motion back and forth between you and she) doing amazing things. So if a woman was good enough to have those options then, why can't you.. .HAVE THIS OPTION (Point to self) TODAY? The answer is, you can: If you can. .JUST STOP.. and... FOCUS ON YOUR DESIRESyou will realize you have powerful, alternative, options. And from these options, you can make a powerful decision, a decision that will not only cause you to.. .FEEL THIS IS RIGHT.. .but will also add more fulfillment to your life, because you know that you were able to.. .MAKE IT HAPPEN. Take a moment to... LISTEN TO THIS VOICE inside your mind. That's your woman's intuition. So no matter what anyone else says to you, when this voice tells you to... ACT ON YOUR DESIRE S... you know that you're going to (snap fingers) JUST DO IT. Now, with me, as I see it, this gives you more fulfillment in your life.

8 Astrology

Whenever I've brought up (or they've brought it up) astrology in conversations with women it seems they have their own ideas which signs they are compatible with. The challenge is that the probability I'm of one of the compatible signs is low. I've figured it to be 50% or lower based on which system is used. I've gotten to the point where I focus on her sign or get off the astrology subject by embedding some commands. "I think it's so funny how some people FEEL A CONNECTION WITH SOMEONE(anchor) based on the stars. NOW, TO ME, I think when you NOTICE SOMEONES ATTRACTIVE and RECOGNIZE THOSE VALUES AND QUALITIES you hold so dearly for yourself....."

My friend Susy said exactly the same thing as you and she had the same relationship problems over and over again. Finally, she decided IT'S TIME FOR A CHANGE, and as she began to consider the life she always fantasized about, so that she could see right a perfect image of her ideal man, somebody who she could (PLUG IN LOTS OF VALUES, & STATE CHAINS ie connect powerfully and passionately with, a person who good be both her best friend, and and incredible lover, somebody who could sweep her off her feet, and tickle her with laughter until she pee's in her pants, somebody who excites her, yada yada yada) she decided to TAKE ACTION -- NOW, she is happily married to her soulmate, a (insert your sign).

9 At Least We Can Be Friends

Can you make her first consider and then `_want_` the opposite?:)

Ross Jeffries:

"I don't know if you'd find me really attractive or that I might be somebody that you can feel really close to... because it doesn't happen with just anyone... you know what I mean don't you? That feeling of closeness that allows you to let go and really be with someone... I'm not sure we could have that... But we might have fun finding out and the very least we might be friends... But it is nice isn't it? I mean when that does happen and you find yourself having all those feelings... inside. You know how that feels don't you? I mean when was the last time you felt that way? Really intense... inside... and down below... and as you think about it have you noticed you can get some of those feelings back now! But you know I find you really attractive but I don't want you to sleep with me... I'm not even going to ask you... because its your decision... and any way I'm not sure you can make me want you... but its nice to think about it isn't it? And I'm sure you'll find what you really want... eventually but until then we can have some kind of closeness... because I don't want to sleep with anyone who doesn't really want to sleep with me... 100%. But we can be friends can't we?"

10 Backing Out

You know it may seem that I am messing with your mind, but just think that just, this is so powerful that its the way your mind thinks naturally anyway. And maybe rather than I am messing with your mind, what's going on is your realizing things you knew all along but never really knew you knew. Does that make sense as you think about it now? What does it mean to know something you knew but you didn't know you knew.

I know it really can seem that way, but I think that's just because I talk about the way people think about things anyway on a really deep level, so because what I'm describing fits their inner experience so well, it may seem like I'm fucking with them, but really I'm just discussing what they know anyway. See, cause there's what you know, there's what you know you know, and there's you know, but you don't know you know. So when the things you know but don't know you know, become the things you know you know, you can just think things differently, you know?

11 Bathtub (Incomplete)

12 Blammo

- See everything has a structure to it. For example, think about someone you really like for a second? Ok? Got that? Now, point to where you seem to see that picture.

(Let her point)

- Right there? Ok. Now think of someone you don't like at all. Ok? Point to where you see that.

- Now watch... take that picture of the person you don't like... and try as hard as you can to move it over into the place where you see the picture of the person you don't like.

- See that? It doesn't want to go does it? Because you need a way to sort out who you really like (point to yourself... why miss an opportunity) from whom you don't. Isn't that neat?

- Yeah! Cool! Wow!(Or any other similar stupid female expostulation!)

- Now see, there's another difference in the way you make pictures in your head. For example, you ever been on a roller coaster?

- Yeah!

- Ok, watch. I want you to remember a time you were on a rollercoaster, and I want you to see yourself sitting in the roller coaster car, riding up and down on the roller coaster. Just do that for a few seconds.

-- Ok... now we're gonna do it again, but this time, instead of seeing yourself, see what you'd actually see through your own eyes if you were there, going on that roller coaster ride.

- Now, of those two, which one felt more real, actually gave you the feeling of being there?

- The second one!!

- Of course... because you can see yourself in a memory, or see what you actually saw. When you see what you actually saw it really helps you to get the feelings of how it actually felt!

- Wow! this is fascinating!!!

- Isn't it? Now look... here's the next piece of this and it's called anchoring. So, here, try this... close your eyes... you remember a time when you were feeling exquisite pleasure in your body???

- MMhhh... yes.

- Ok, I want you to see what you saw, hear what you heard, and feel how it felt. And then those feelings of exquisite pleasure really reach their peak, just wiggle your little finger for me.

(Watch to see she's really in state... her face will change, breathing quicken, etc when she wiggles that finger, reach over, touch her wrist and say,:))

- Perfect. And just hang on for a minute to how good it feels to feel perfect. (Keep holding her wrist)

- Ok. Open eyes. Close them again. And go through it again... see what you saw, hear what you heard, feel how it felt. And when those feelings reach their peak, wiggle that finger. (Repeat the anchor process).

- Ok, one more time (run her through it one more time)

- Ok, open your eyes. Now, the theory behind anchoring is, that if someone is in a certain state, and you combine that state with a touch or sound, when you repeat that touch they will go back into that state. So if I were to say to you, you know, I find that when I spend time with someone, and I really start to feel that sense of incredible

connection, maybe then you can just feel perfect (fire off the anchor by touching her wrist). And that feels great doesn't it?

- Oh yeah!

- Isn't this interesting? Isn't the mind really cool? Now notice something else: you ever just fall head over heels in love with someone (point to yourself... never miss an opportunity)

- Oh yeah!

- Well, as you are remembering that time, point where you see that picture!

(Let her point it out)

- Ok... and you are really feeling perfect right now. aren't you? (fire off the anchor again!)

- Oh yeah!

- So watch... (point to where she falls in love). As you think about that space as I talk to you... as you allow my voice to come from that space... you might find it's like you want to create an opening for my voice... an opening that allows the deep, rich warmth of my voice to just penetrate your thoughts, and spread that warmth all through your body... sure feels great, doesn't it?

- God yes!!

OPTION 1

Open your eyes. Now the theory behind anchoring is, that if someone is in a certain state, and you combine that state with a touch or sound, when you repeat that touch they'll go back into that state. So, if I were to say to you, you know, I find that when I spend time with someone, and I really start to feel that sense of incredible connection, maybe then you can just feel perfect (fire off anchor). And that sure feels great, doesn't it?

OPTION 2

Now, recall that spot in your mind where you love someone deeply(pt). If I were to say to you, imagine for some unknown mysterious reason, a picture of you and me, sneaks itself, powers itself to that spot and stays there permanently. It would be like a sudden realization and you find that you can't help but feel perfect as that picture gets bigger and brighter, I invite you to notice how you feel perfect about it. And that sure feels great, doesn't? And you may be surprised to find that everyday things like flipping the light switch, and driving your car remind you to keep that picture there as you feel perfect about it. You see, that's how it can happen

Proceed with quotes

Did I tell you what I saw happen the other night when I was hanging out at the Candy store. This guy walks up to this girl that was sitting next to me and says, " Can you imagine me going down on you all night long and you getting so hot and turned on that you were begging for it." I mean, can you believe that. The poor girl looked really upset. Did he actually expect her to picture that all night long and even become obsessed with those kind of thoughts _____. I tell you, if I was a girl and someone tried something like that on me, I'd play it right back at them. I'd look them in the eye and say something like, "Oh yea, well you know that feeling you get just before you have an orgasm.

When the pleasure is building and pulsating and pounding throughout your body. If you could imagine that feeling, could you feel it right now." That's what I'd do if I were a woman and that happened to me.

13 Beer

You: What is your favorite beer.

Her: Blah

You: have you ever had that "Blah" you take it out of the fridge and its sweating like some one who just stepped out of the shower and the beads of water, slowly evaporating then you open it up and the head begins to foam up and you pour the golden liquid into the bottle and you imagine sliding down your throat you want to lick the head a little bit suck down all the foam

14 Believing the Supernatural

Three themes that mean more to girls than you can probably guess are here for you to elaborate on:) Daniel, ASF:

"Our paths crossed not just by chance, but there is a reason for everything that happens, like i met you and you met me and on some level this will work out to be a positive experience for both of us"

"You know people have energies, you can just sense these vibes coming from people, like i sense the feeling that you are a social, fun and someone who is comfortable with themselves and interacting with other people, someone who isnt afraid to get to know someone on a deeper level, a level that reaches past the casual introduction and into the level of deep and profound connection"

"I believe in a higher being, someone who looks after you and make sure you meet ppl who you can get comfortable with, after all your destiny is to meet someone who appreciates you and what you think"

15 Being Similar

Ross Jeffries:

"I didn't notice before..."

[Controlled silence as I look around for a moment.]

"What?"

"Oh, sorry...:) Erm... how similar we actually are. Its as if there was a deep, mysterious yet fantastic connection between us, that stretches over time and is just waiting to be noticed and discovered and embraced in a magnificent relationship, that holds two people so tightly together, that nothing or nobody can tear them apart and complete love and warmth oozes out of every part of their intertwined bodies. Isn't it wonderful, how two people can meet by chance and feel such closeness that they want to be together now and forever? I'm talking about this incredible connection between two people on all levels of intimacy - intellectual, emotional, spiritual and physical" (kino, sp etc:)

16 Backdoor Pleasure

A completely hilarious collection of patterns by Rod Munch to get her to submit to and enjoy anal sex:) Unbelievable, I almost laughed my ass off (whoops?:) the first time I read them:) Rod Munch, mindlist:

16.1 Pattern 1

Purpose: To implant the idea of receiving pleasure from her ass.

Subject: Your Friend (who else?) Rod

Did I ever tell you about my friend Rod? Well, he's a damn cool guy, but he got a new job. Yeah, he's on the R&D team of some furniture company, (make up a name, Muncher Furniture perhaps?). Yeah, well he's working on a team and their job is to design the perfect chair. Did you ever have a favorite chair? (of course she sez yes) What was it like? I have to ask this stuff, maybe I can give Rod some ideas. (let her talk about the perfect chair).

Feed her info back to her in the following part: Yeah, I know what you mean. Isn't it great how you can have a favorite seat, and after a hard, stressful day at work, you LOOK FORWARD TO PLOPPING YOUR ASS/BUTT DOWN on that seat (point to schlong). And then you get there and you see that seat (point to schlong) and you can already start to RELAX and FEEL SO GOOD just thinking about how great it will feel when you LOWER YOUR ASS ONTO THAT SEAT (point to schlong!!!) and think how great it will be to slowly SLIDE DOWN ONTO IT (point to schlong!!!).

16.2 Pattern 2

Purpose: To program her with not only anal pleasure, but sexually oriented anal pleasure

Subject: Life's Little Surprises

Do you like surprises? I think it's great how the best things in life are unexpected. What was the best surprise you've ever gotten? And I'm not talking about a gift necesarrily, I mean just something that happened that was so good, but was totally unexpected.

(Let her talk, get her in state)

Yeah, I can totally hear/feel/see what you mean. Isn't it just great how the things in life that just sneak up behind you unexpectedly? I mean, there are things you know are coming and you can see them, like, "Oh, it's Friday, I'm getting paid today." Now that's in front of you, in your future, but then the best things in life, the ones that can make you FEEL FULFILLED and FEEL SO GOOD FROM YOUR BOTTOM to your top have a tendency to sneak up behind you and COME FROM YOUR REAR. And INSIDE YOU ASS yourself, "This is so great! How can something this great (point to schlong) just take me from behind and surprise me like this?" I mean, that facinates me, take a second and think about how the greatest things (point to schlong) you have ever felt took you from the rear...think about that. It's sexually facinating if you really THINK ABOUT IT and TAKE IT ALL IN ANALytically.

You know what else is interesting? Is how simple words that I say can make you feel so good. (remember you have been SSing her for a while by now). It's like you feel these things (point to schlong) COMING IN YOUR REAR, ENTERING YOUR REAR, being whispered to you, and it can make you feel so good. Don't you find that when I talk like that, when I DO IT, you can't resist and you just OPEN YOUR REAR and LET IT SLIDE INSIDE YOU, hearing those words and feeling so wonderful?

16.3 Pattern 3

You know, I have this other friend, Rod, isn't it funny how I can have so many friends named Rod?

At any rate, he owns this dingy little steakhouse on the other side of town, called "Rod's Meat." Anyways I was talking to his wife the other day over some drinks and she is kind of the manager of the place. But she was telling me how terrible her job was...so routine, so boring. Everyweek she counts the money, writes the paychecks to the employees and supervises the food shipments. Well, she was saying that her job was getting so boring, that she couldn't take it anymore.

Well, she got some relief one week when the meat shipment came in, and it was bigger than usual, and she couldn't get it the same way she had been. She had to totally change the process, and she told me, "Sometimes you have to BREAK ROUTINE, and DO IT DIFFERENTLY." She said that she had to get the meat in the backdoor, where she had never gotten it before, and you know it's funny, but that little break with routine, something as simple as when you GET THE MEAT (point to schlong) IN THE BACKDOOR, can make you FEEL SO GOOD.

Course, it was a little harder for her at first, since she had never done it that way before, but once she got started, and past the first part of it, as the process went on, she felt so good to have done it differently.

17 Boyfriend Destroyer

17.1 Pattern 1

1. Anchor thoughts of her bf to your right hand

2. Talk about random stuff...then move into talking about music you know what's annoying (big grin though, don't get heavy or complaining on her!!!) I got this song in my head by (name a band that's decent but that she won't be like ooooooh I LOOOOOOOOOOOOVE that band...I think I said blur, but anyway...)

YOU: You know how sometimes, you hear a really catchy tune, maybe you think it's really neat (pointing to your right hand, or in any other way firing an anchor that will make her think of her current bf--not her soon to be...) and maybe you get this song in your head for a while...and maybe for a while it's all you have on your mine

Her: Yeah

YOU: Yeah see I think that's really cool when that happens, but the thing is, you know it's a catchy song and all, but you know, it's just

a sparky little jingle, and after a while it loses its spark, you get used to it...you know? and the thing is...no matter how exciting you may have initially found this to have been (fire anchor again), you've now gotten used to it, and now it's just an everyday occurrence for you...almost boring...to the point where...have you ever had that happen, where maybe you had a catchy little jingle in your head but then after a while you just got tired of it (fire anchor)?

Her: Yeah

YOU: See, I think in a way it's too bad that you no longer enjoy that anymore (fire anchor), but it's not all bad, because at the same time, there are songs out there that...you can just listen to this song forever (sp), and maybe it has a deep, powerful, personal meaning for you, so that the more you're around the song (sp), the more you feel like you're just connecting with this on a level so deep it can never be broken... and I think it's really great when you've found something that just resonates with you on that really deep level, because I think when you realize that's happening, now, with me, I think it's just like when you make that connection with a person... you ever been with someone, and realize that this person just makes you feel absolutely wonderful...cuz like, on the one hand, you just want to get totally laid...back...around this person, you feel totally at ease...because you know around this person you'll always be safe...and on the other hand whenever you're around this person you get really excited (sp-ing like mad mindja [g]), maybe to the point where, you meet them, and you know tonight you'll be dreaming wonderful dreams about this person...have you ever met someone like that before?

17.2 Pattern 2

I shouldn't know that someone as beautiful and irresistible as you would have a boyfriend and that is so great to be so much in love and you're getting everything you've ever wanted in a relationship and you just do not feel any ill feelings to your boyfriend in the least. But you know, I also know that sometimes a relationship can start to mysterious drift apart. And I don't think you don't love that person so much less, it's just that there is so much more in life that you want to experience that you begin to think things differently and you just find yourself having far less feelings for him as you think about new possibilities in your life as you imagine how much fun someone new can be. And sometimes it just happens ... just like that (snap). I mean, how surprised would you be to realize that is happening and you just don't want to let go of these new wonderful future images of being with this new person because we all go through changes and it's so important to let go when it is time so that you can capture this wonderful opportunity in front of you where you can experience life more fully and really enjoy a new adventure you might've have been waiting so long in your heart to happen. It's like you are the caterpillar that just discovered you can now turn into a butterfly and you just have to let go of that old person and be with someone new. Where you really fly in much higher feelings of love. Now with me, I find that is just a process that we all go through and a person does best when they just flow with the power of that process and feel that attraction for this new person who meets all those values you hold so dear and close to your heart. It's like you suddenly grow numb to those old feelings that they just fade and grow darker and smaller as a picture of this new

person glows brightly and your mine. And the more you try to think about that old person, the more powerfully drawn and enchanted you become with this new person because you know deep down inside that this (point to yourself) is what you really want.

17.3 Pattern 3

You're sort of seeing someone? As you're only sort of seeing that image of him in your mind, notice what happens as that image gets smaller and darker only as fast as an image of you and me being together having lots of fun gets big and brighter right there in its place. Now as you look at that picture right there, doesn't seem like something you really want. Oh yea, in fact, doesn't seem like something that's already happened and there's no point resisting it cause it's too late to do anything but smile that smile a deep satisfaction and know this is going to be incredible. Oh yea, great, when can I pick you up?

17.4 Pattern 4

Well, look I really enjoyed this, and I'd like to talk to you again sometime? Can I call you? You have a boyfriend? Well, I have to admit I'm disappointed, I have to respect that you're in a relationship. But let me ask you something. How surprised would you be to find yourself actually looking forward to spending a little time with me? I mean, maybe to the point where you could imagine us over coffee, laughing and having the best time, and you starting to feel really comfortable with it? As you think about it like that, doesn't seem natural to meet like Monday or Tuesday for coffee.

17.5 Pattern 5

That's right you're not sure yet you're talking to me so I'd like to show you something because I think you deserve to know how to make a right decision. So that way, whether you decide to get rid of him in your mind or keep him there, whatever you decide, you know its the right decision. So look, as you are knowing you aren't ready, how are you knowing it. (create competing pictures. Nomilization = process into a noun. Create a state of ambiguity, confusion, uncertainty) I want you to look at those pictures that tell you that being with him is the right thing that you want to stay with him. Now look, notice what happens as you make those pictures smaller and darker only as fast as those pictures that tell you that being with him is wrong get bigger and brighter right in there place and keep them there. Now, you may be surprised to find how common everyday ordinary things remind you to keep those bad pictures right up there. And I don't know what that might be, I don't know whether it'll be driving in your car and you feel the steering wheel in your hand, or you step into the shower. Whatever it is that will remind you to keep the pictures that way. And when that happens its a sad thing you know, but its also a nice thing because you open yourself up to something new (point) and begin to feel a positive new connection. Now consider something else, (point to dicky). Its so interesting how the mind works this way and how some people can just do that and let it happen, isn't?

17.6 Pattern 6

Sometimes when someone has upset you, its best to forget about them. You know when you think about that, when you forget about something or

someone where does it go? Like someone you use to know a long time ago, or what about something you wanted to be when you were a child and it never came to fruition. Have you ever used a Macintosh computer? Do you know how you put something in the trash. Well, try to remember something you wanted to be when you a child, and point to where in you mind you see that. That's like the trashcan on a Macintosh! (Or just imagine, if you were to put something in the trash in your mind, just where would that trash thing be located.) So just take all those thoughts about him, if fact, you may find that the image of him, for some unknown reason, powers itself, sneaks itself, down there and stays there. And any thoughts you might have of not listening to me and obeying everything I say you may be surprised to find them going right down there as well. That's right. (Point to where her boyfriend's picture has moved) Seeing it from this perspective, I invite you to notice how you might feel you were so wrong about this guy. Have you ever thought you loved someone and then you suddenly realize for some unknown reason you deeply love someone else (point) much much more. And when that's happening its a sad thing, but it's also a good thing.

17.7 Pattern 7

(This one would require that you already talked about sub-modalities beforehand)

Oh you have a boyfriend, I understand, and you know, I have respect for that, I do have to appreciate it cause its rare to find someone who you can be with and that's a cool thing. But I also know that you can be in a relationship one minute and the next minute, you don't know what has happened. I'm sure you have experienced that, haven't you? Yea, so well lets take this guy for a minute, lets imagine this guy (point to the palm of your hand) lets say you're going out with him and then you break up with him. You ever just break up with someone? And then you suddenly start to look back on the relationship and notice the things he does that you can't stand. Like maybe he leaves the cap off the toothpaste, or he ignores you or does any of those other things that generate all those feelings of being let down, bored or disgusted or all those things that represent that in him and you get to the point where you just can't stand it anymore. You got to break up with him. Did that ever happen? Oh yea! Maybe you even look back on the relationship and you become obsessed with the things you hate about him. Till you get to the point where you think to yourself, god, what did I ever see in him. Has that ever happened to you? Oh yea, you know, the whole thing is, that entire process can take months and months, but I'm wondering what would it be like if that entire process were to take place instantaneously in your mind. It would be like if you try to (wave your hands in her face) see his image in your mind, you couldn't do it. It be like something unknown was simply breaking it into pieces, you know. Its like you couldn't see his image in your mind anymore and that's the first sign that will let you know that you're already starting to find him a lot less important (cover the palm of your hand). you say: " When you were a little girl, was there something you wanted to be as a little girl but then as you grew older you forgot all about it. Oh yea what was it?" she says: " I wanted to be a dancer" you say, "That's great, you could still be one someday perhaps. But as you think about being a dancer, if you were to point to where you see that picture, where might you be pointing? she says, "Its down there" you say, "Now notice what happens to that picture as you just forget about it completely What happens? she says, "It spins

away" OR "It melts like a candle" you say, "It melts like a candle, that's a really neat thing. So if you were just to . . . forget all about him, it would be like that picture of him for whatever mysterious reason just powers itself right down there and stays there.

she says, "Oh my god" you say, "You might think you want to bring him back. (passing objection) You might think you might think that, but notice when you look at it down here you really can see things you don't like. And you may be surprised to find how common everyday things remind you to keep that picture down there. I was talking to a friend of mine and she was telling me that someone said to her, "You may be surprised to find how washing the dishes keeps the picture down there, or flipping on the light switch or taking a shower" I don't know which one it might be in your case, now that's a sad thing when you put someone behind you, but its also a happy thing. Cause when that happens you open yourself up to someone new.(point) You allow someone new to come inside . . . your sphere of influence and penetrate your thinking. Now that's a great thing to make that connection and only feel good right now. You know, when you connect with someone its like there's a cord of light going from you to them. And as that just starts to glow with the warmth of that connection, and as the depth rich warmth of it just spreads to where you want it to go, its like you want to create an opening, an opening for pleasure an opening for connectiveness and desire. I mean, what's it like when you're with someone who oooohhhhh, you know, really knows how. Isn't that a great thing. Now you may be surprised to find that as I talk about that, you start to have certain images and I don't know what those might be and I won't ask you cause the content might be a little personal, but as those pictures get bigger and brighter oooohhhh you start to add in those sounds that make you feel perfect. You may begin to realize there's something you really want and you got to have it. I mean, have you ever woken up and really had to have something. What's it like when you want something so bad that you just feel filled with the desire in a way that just makes you feel perfect.

18 Blow Job

18.1 Pattern 1

Kevin Kupal, mindlist: "Basically, it's a 3-step procedure.

1. Ask her about anything she really really loves to eat
2. Describe the sensation of eating that food and amplify with gustatory gusto
3. Link it to your dick using a "dick point".

Let's put flesh into it? Sure.

Me : Hey Alicia. What do you love to eat ? Something that really makes you salivate just by thinking of it ?

Alicia : Oh... I love fresh ripe mangoes from Hawaii / strawberries from Ohio... oh yes...

Me: Ripe mangoes huh? Mmmm....that's yummy. I don't know if you can IMAGINE... SUCKING into one sweet, delicious, juicy mango NOW... mmm... can you taste the sweetness of the mango... swishing INSIDE YOUR

MOUTH... mmm... soo tasty... doesn't that give you lots of pleasure and ha-PENIS just thinking about that? Mmm... I bet, if there were a mango here NOW, you'd WANT IT IN YOUR MOUTH (point to dickee!).

Hehehe... this pattern makes me salivate myself... hope I don't go looking for... (gasp)"

18.2 Pattern 2

Here's the real BJ pattern from Ross Jeffries

"I was just sitting here thinking about taking a vacation, if you could imagine your ideal vacation spot what would it be like? (Stop and let her talk)

You know, I think its so interesting how people connect with their hopes and their desires and their daydreams, right? ... I was reading this article the other day about compulsions and it got me to thinking about the difference between compulsion and anticipation.

I mean, have you ever come home from a hard day of work and the boss was a jerk and kept piling the papers up on you desk and its like all you can think of is dropping your clothes and getting into that steamy hot bath or shower.

Its like before you even step in you can already feel that heat working its way through every muscle in your body and all your frustrations just drop away and all you can feel is the pleasure of that warmth just shooting through every part of you.

And then there's that moment of sliding in where you really let that pleasure take you and it just feels great doesn't it?

Yeah well, do you like chocolate? (Or is there a food that when you see it you absolutely have to put it in your mouth?). I mean, can you stop and remember a time when you saw a piece of chocolate and your mouth is already tasting it before you even put it in, and you can already taste that sweetness against your tongue and you can feel the special rich texture of it against your tongue as well. You know that texture that really good chocolate has.

And then there's that moment, that moment when the first molecule of chocolate touches your tongue and you know it's inside your mouth and you just want to keep it there because it's so rich and so good. And there's that extra special warmth when you swallow that sweetness down.

Or then maybe, you know like sometimes you meet someone and you're really attracted to them and you both know it and there's that moment when your eyes lock, it's that special look just before you kiss, just before you do it the very first time and you're trembling with anticipation and your heart is pounding because you're thinking about how good it's going to be.

It's like every physical moment of that relationship is enfolded/contained or rolled into that first touch of the lips and there's that excitement, with that first soft contact of the lips where

you don't even know if you are touching or not but then, oh man, it's like a jolt of electricity all through you.

(See I think what happens is the conscious mind goes down into the subconscious and brings back up all these thoughts, images, desires and fantasies, and you may think those thoughts are above me, but really I think they're blow me _____ because you're coming from a much deeper part and your mine aren't you?)"

18.3 Pattern 3

"Here's an email I have used to great success:

"Your notes are sooooooo sweet, I could just... well, you know what I could just do. Anyways, I so enjoyed talking to you today. Time just seems to fly by doesn't it?

So I was thinking, is there some fruit that you just can't wait to put in your mouth? Like if you were to think about it, you could just feel how the skin would taste on your lips, and as you took that first delicious bite you could just imagine how soft and tender it feels as it slips past your lips and begins to caress your tongue with a hundred flavors that you just can't wait to have. And as that nectar started to flow, to the point where your mouth became filled with all those sweet warm juices that you love so much, you just knew you would die if you spilled even one drop. I don't know about you, but I think about things like this all the time.

You know, all this has got me thinking... you ever have one of those Sugar Daddy's. You know, that caramel candy on a stick that takes all day to eat. You know I think that thing is about six inches long when you first unwrap it but the more you nibble on it and suck it deep inside your mouth and just let your tongue do it's work...eventually you come to the point where it's real soft and you know that's just about the best thing you ever had in your mouth and you just feel all that hot warm gooey candy just slide down your throat and when you're all finished you just let out a little sigh of ecstasy because it was so good and you know you can always have one when you really want it. You know?"

19 Cock-Block Destroyer

I was talking to this guy at my gym the other day, I don't know his name but I always see him there with his girlfriend. Well, I don't know if she's his girlfriend, his wife, or just an acquaintance but he always seems to be around when she's there. So I was talking to him, and while we were talking some guy started talking to his friend, the girl, and I could see him keeping a close eye on them. He was listening to everything I was saying, but I could tell he was focused on this guy talking to his girl. And as I continued talking and he continued listening, I could tell his blood pressure was rising. His breathing became fasted and you know his heart was racing, veins started to bulge out on his forehead, and he started to turn red. Well just then, he finally had enough and he was about to call her over but he was so pissed that he clenched his jaw when he was about to speak and he bit his tongue. If you've ever bit your tongue, you know how painful that can be. So how he's standing there holding his face, feeling like he's about to explode and he tells me he's starting to get chest pains. His

muscles start to cramp up painfully and he had to sit down right where he was standing. Meanwhile, the girl doesn;t even notice and she's just having a ball talking to the other guy. So now this guy's mess and he's on the floor all cramped up, can't talk 'case of the tongue and he's having a full blown heart attack besides. They had to call 911 and wheel him out in a stretcher, and you know what? The girl ended up leaving with the other guy and never even noticed.

20 Convince

I don't know how exactly you'll absolutely convince yourself that what I am saying is totally true and right and the more you might resist that suggestion the more deeper and much more open part of you is beginning to find reasons why its true. Maybe not the reasons I suggest but your own reasons and that how you can know its true because you yourself is having those thoughts it isn't me. And you don't argue with your own thinking do you?

21 Companionship vs. Romance

Use after getting some rapport and after using the "Relationships/Television" Boyfriend Destroyer. I was watching the most interesting program on cable the other right, and they were talking about romance and companionship. They had talked with over 26,000 women, from various parts of America, and what they discovered, blew them sway. Because while there were several women who stated that the romance has been strong even after all this time, it seems that more than 70% of the women admitted that the romance has dwindled over time, but stayed with the guy because he was a good companion to them. One of the women said, "He knows all the non-glamorous things about you, yet is still in the relationship. There's not as much romance anymore, but unless.. .HE'S BEING UNFAITHFUL, I have no reason to.. LEAVE HIM" NOW, FOR ME, that makes sense. But I really liked what another woman they interviewed said. Her name was Robin, and she said that she discovered how to find the kind of man who can sustain romance long term. Robin said, "There are those men out there who will romance you with gifts, and compliments, and fancy dinners, but those guys never manage to keep romance alive long term. Because their reason for romancing you, is mainly to impress you. Once you're impressed they're job is done pretty much, so the romance starts to dwindle. But when you meet the other type of men out there (touch palm to chest), the ones who impress you, not with gifts or elegant dinners, but touch you in a special way simply, .with.. .their voice." Robin went on to say, "You'll know you're in the presence of such a man, because you'll.. .HEAR THIS VOICE inside your mind. And you'll be compelled to.. LISTEN TO THIS VOICE. And if you.. .LISTEN INTENTLY, you'll hear exactly what you need to do. Because it's like a woman's intuition, and whatever romantic information this voice is giving to you, is exactly what you want deep down inside you. Regardless of what anyone else says, when you.. .HEAR THIS VOICE telling you to... SEIZE THIS OPPORTUNITY (point to self) it's because.. .THAT'S WHAT YOU DECIDED. So you know that.-THIS IS WHAT YOU WANT." NOW, WITH ME, that makes perfect sense. Can you. .FEEL THAT to be something you agree with?

22 Clouds

23 Center of Energy

(I recommend only using this on babes who are either into the mystical arts, or who exhibit a very strong energy. Otherwise it may not be real for them and they won't connect to it)

Have you ever heard the term "center of energy" before?

(No matter if she says "yes" or "No" continue as follows)

What that's really referring to, is a person's unique ability to draw energy up from the earth, and create a more powerful force through their body. Ancient Druids said they had witnessed this remarkable ability in some people. The ability to.. JUST STOP.. and.. FOCUS ON THIS (s.p.) PRESENCE-that others do not notice. And as.. THAT FOCUS GROWS STRONGER.. a warming begins to start from the soles of the feet. As that starts to happen, without even having to think about it you begin to draw energy up from the earth.

(As you say this last part, raise both hands up from your waist, palm upward)

And the more you. .FEEL THAT ENERGY RISING... the more you start to ... FEEL THAT WARMTH GROWING deep inside you. But since not all energy is empowering, the druids wondered what did these people do to excise the bad, while retaining the good and being able to... HOLD THIS INSIDE YOU. What they discovered was.. ab.. solutely... amazing. Here, close your eyes a moment.

(Wait for them to close their eyes, then lightly brush your index finger UP from the tip of their nose, to the point between the eyebrows, bring your finger back to the tip of her nose and again lightly brush it up to the point between her eyebrows, continuing this three or four times as you say...)

Ancient druids claimed that the nose was like a filter for all the energy these special people drew up from the earth. That in this exact motion you feel right now, all the negative and limiting energies were cast aside, so the positive and fulfilling energies could enter your mind. The negative and limiting energies were thrown out of the body, in the form of a sneeze, or in the exhale of a good laugh.

(Begin to rub the sides of the temple as you say...)

The empowering and fulfilling energies would then flow to the sides of the eyes, allowing you to.. SEE THIS OPPORTUNITY that others were missing out on.

(She might open her eyes at this point, which is fine)

And the more you ..FOCUS ON THIS OPPORTUNITY... in front of you-the more you come over and over to the conclusion that.. THIS IS WORTH EXPLORING. And a burst of certainty fills your mind (As you say this, spread your fingers wide, and basically use the tips of your fingers to massage the back of her head) because you... HEAR THIS VOICE... and you

know, without even having to think about it that-THIS IS YOUR VOICE OF PERMISSION.

(Stop massaging her head, take your hands and form an invisible circle all around her head as you say...)

And that warmth inside you starts to build, that certainty gets stronger, and suddenly you realize that a shield of absolute protection has formed around you. A shield so strong that you know with complete certainty.. THIS IS SAFE. And having this shield to protect you, and the earth's energy to power you, you... ALLOW YOUR DESIRES TO RISE. And as you feel that shield protecting you, and as the earth's energies protect you, and as you allow your desires to rise up from deep inside you, you... FEEL IT ALL EXPLODE... right... through... here (tap three times on top of head near the back) Exploding all that you are, and all that you will be, and bathing the surroundings with your presence. And in doing that, you have willingly chosen to... MAKE THIS (s.p.) YOURS... RIGHT... NOW! (snap fingers)

24 Challenges

You know I know in a situation like this, the typical thing is for a person to ask "what do you do" and its not that I am not interested in that, but I find I learn a lot more about a person when I find out what the challenges are in what they do. Because I know there are some aspects of an occupation that are difficult and others are easy. Some aspects you find a big challenge and others you can do in your sleep. With me, in my line of work its the same thing. So if I were to ask you, what's the one aspect of what you do that's a challenge, either because you have to focus in to do it well, or you just have to focus in to get yourself motivated to do it, what would that be.

So what's your belief about all this, do you believe it will always be a challenge, or will it one day be easy?

25 Career

{Note: Good for an accelerator}

You: So Bertha, have you always wanted to be a goldfish breeder?

Her: Oh no, I really would like to get into having my own floral design business (or whatever, it really doesn't matter what she says)

You: Isn't it great when you can GET REALLY TURNED ON to a new career goal? Maybe an idea that you've OPENED YOURSELF TO. It's really exciting to HAVE A GOOD HARD idea...MOVING IN AND OUT OF...YOUR MINE? Something that can really get you to pull all your resources and AROUSE ALL THOSE DESIRES in YOUR MINE? And as you FEEL THOSE EMOTIONS OF EXCITEMENT BUILDING deep within you, you FEEL COMPELLED to just GO FOR IT!

26 Christmas

Legend:

~ = Tonality

,, = Long Pause

Everyone has something they Enjoy~, , People usually have a favorite thing, , they enjoy~, , doing. Like walking in the park, or feeling the soft breeze of the wind as they take a relaxing stroll in the park.. It's as if you have to DO IT, you can't wait, Now~, , with me, my favorite thing is unwrapping~, , Christmas presents.

I love everything about Christmas, but most people don't~, , get into it. Can you remember the last time you saw a neighborhood full of Christmas lights light up? For me, it was some time ago. The thought of Christmas makes me, , REMEMBER A TIME~, , when getting presents as a kid, you can remember it too. Sneaking downstairs quietly, early in the morning, as if doing something really naughty, , You know...

All you really wanted was to see who had more presents under the tree, you or your sister? Look in the corner, a present that's just the right size (point to self), wrapped up in this golden paper; a sparkling gem. You know what you want, waiting to reach out and grab it (point to self).

Finally, time to open the presents. Slowly taking apart the paper, being careful not to rip anything. as that anticipation begins to grow, and come from that place deep within your mine. Going through each gift, desire growing for that golden package (point to self).

When that moment comes, you hold the present in your hand, those thoughts flood your every pore, right before you have time to open the magical present. Your desire grows to a frenzy, and you allow yourself to tear off the wrapping. Your eyes glow in astonishment as you stare at it (point to self) in amazement. You can feel the sheer joy and ecstasy as you stand here, here with me.

27 Door

This one is the "bad boy" of all patterns. Anyone who has studied SS and NLP and has come into contact with the Door pattern, has found it to be evil and cruel, playing on the fears and deep insecurities of women. To give you an idea of how bad this pattern actually is - even Ross Jeffries himself has denounced this pattern and says that he does NOT encourage anyone to use it.

So... as always with stuff like that... "for educational purpose only":)

The Door pattern originated by Alex Domnikov. Mindlist:

"Whereas most patterns are about getting a woman into bed, The Door is aimed at controlling her after you've started sleeping with her. Other patterns that you've used on her have anchored immense pleasure to you. The Door creates an anchor for the loss of that pleasure.

You've already had intercourse with the girl. The ideal setting for the power of the door, which is a power and control pattern, is right after you've had intercourse and you're in bed with the girl, and at this time hopefully you've set up the fact that you're also the man of her dreams and fulfill her emotional needs. You're fooling around in bed, you've already had a great time, and you go, "sweetheart, what's that over there?" and you point towards the door. And she'll say, "well you

know, that's a door, silly." And you say, "yeah, you know.. I'm a real positive person, but.. I mean, can you imagine.. I mean, you don't know what can happen from day to day, when you think about it in your mind. I mean, what would happen if I walked out that door and the door closed and as the door closed, it slammed shut, and no matter what you did, you could not open the door and you knew that you would never be able to look into my eyes again and you'd never be able to hear my voice again and you'd never be able to feel my touch again." Ok, right here is where she starts going, "I don't like this door business at all." And at this time you just reassure her.. "ok, alright sweetheart, you're right. You really shouldn't think about the door and you really don't have to think about the door." So you go back to playing around with her some more. Have some more fun with her, bring her to another orgasm or whatever and say, "you know, a terrible thing happened the other day. My friend was hit by a truck. I mean, it was awful, by the time they got him to hospital he was dead. I can't believe it, you know? It's almost as if, it would be a horrible thing you know when you think about.." (point towards the door) "..that no matter even if you were to get that door opened and you were to search, that you could never find me again.." Then she starts freaking out. You calibrate more on that part of, "you will never be able to see me again, you'll never be able to hear my voice again."

"You'll never be able.. all that fun we had together, all those great times we had together, walking along the beach, hand in hand in the moonlight, we would never be able to do those things again and even if you were to open that door, you would search and you could never find." And she's at the point where she's saying, "no no I hate this door. Let's stop this door now, are you trying to upset me?" And you say, "oh, I'm sorry sweetheart, I'm just saying these are just things that are popping into my mind, ok?" So play around some more. Get her good and nice and hot again, fool around, have a good time with her, joke, and then then get back into the door and say, "you know, God, still you know, about life's tragedies.. I mean, I just keep on thinking how.." At this point you can already see that this is starting to make her feel uncomfortable. You want to create that sense in her that you can walk out and she'll feel terrible for the rest of here life. You want to anchor that response. I'll get up and she'll say, "well what are you doing?" And I'll say, "I'm going to the bathroom." I go up to the bedroom door and slam it. That right there will freak her out. Then I'll open the door and say, "oh, I'm sorry. You know, I'm sorry, I'm just playing with this door again. You know, you really shouldn't think about this door now and you really don't want to think about this door now."

Having anchored that sense of loss and pain to the door, you can trigger it whenever needed. Whatever negative behavior may come up that you want to stop, the first time you just get up and slam the door. Whether you walk out the door depends on the level of bullshit. On later occasions you can just indicate the door in some manner. The example Alex gives: If he's talking on the phone and getting any crap from her, and he knows the relation of where the door is to her desk, he says, "sweetheart, could you please turn right and take a look at what's over there.." and that was the end of the bullshit."

28 Date Ad

I just want to say and I hope you don't find this too intrusive if you were to meet a man with the heart of a, SERIOUS ROMANTIC and the soul of a poet how would you feel? I invite you to notice that well...have you ever felt an, INSTANTANEOUS CONNECTION with someone? like maybe as you were there, SEEING HIM in, YOUR MINE. and you started to, LISTEN INTENTLY like there was a cord of light going from you to him. as that cord began to, GLOW WITH THE WARMTH of that connection to the point where, you could imagine a time six months from then and still feeling that sense of, INCREDIBLE CONNECTION and looking back on that day as the start of it. how surprised would you be to know that all you need to do is box that person.

29 Dream

"Have you ever had dreams about someone you really really like? Me, for instance, I find that when you meet somebody who you're very attracted to , and you start to THINK ABOUT THAT PERSON all the time, that's when you can really begin to NOTICE THAT PERSON IN YOUR DREAMS. I mean you know how you REMEMBER some dreams, and others you FORGET? It's like when you constantly THINK ABOUT THIS PERSON, your conscious mind GOES DOWN REAL DEEP into your subconscious and BRINGS BACK all these wonderful dreams about them. If you were to DO THAT at night, how long would it take you to REALIZE that you're dreaming about this person? Me, I've had that happen before many times..."

Ross Jeffries: "The key, for people seeing such a pattern for the first time, is to be visually perceivable, but not consciously noticeable. If you point down frantically at your crotch and say real loud "GOES DOWN REAL DEEP" at the dinner table, yer gonna get slapped, okay?"

30 Discovery Channel

30.1 Ideal Attraction

You: "You know, I saw the most interesting show on the Discovery Channel last night. They were interviewing people who make their living designing attractions for amusement parks like Magic Mountain and Disneyland and Universal Studios. Wouldn't that be a cool way to make a living?"

Her: "Yeah! That sounds so interesting."

You: "Well, anyway, they were talking about the elements that make up the ideal attraction (sp). They said there are 3 parts to the ideal attraction. First, when you EXPERIENCE the ideal attraction, you FEEL A STATE OF HIGH AROUSAL. The ideal attraction makes your heart beat faster, and your breathing gets faster and you just FEEL THAT AMAZING RUSH all over."

Her: "Yeah!"

You: "And then they said that another part to an ideal attraction is - it's fascinating. You just FEEL SO ENTHRALLED that you want to TAKE THIS RIDE (point to your pecker!) multiple times; as soon as you GET OFF you want to GET BACK ON again."

Her: "Yeah!"

You: "And they said, finally, the most important element, is a sense of overall safety. That even though the attraction make look a little dangerous, you're CERTAIN YOU'RE SAFE... you FEEL SAFE because you realise nothing bad can really happen, so that allows you to FEEL TOTALLY FREE to LET GO AND ENJOY THAT GREAT AROUSAL again and again and again. Can you (squeeze her hand) feel _that_... is pretty close to the way it is?"

Her: "Oooh...yeah!!"

Update. You: "When you imagine how much fun it is to ride a roller coaster or any other kind of amusement park ride .. Its like as that ride is climbing up and up, you can feel your heart pounding with excitement, you feel you're breathing faster and faster, sometimes you're even gasping and panting you feel the blood rushing through every part of your body and as that excitement and tension is building and building, you reach the top of the ride and then as it crests, you just release it in a flood of excitement, and sometimes you're screaming you're so turned on.

And you know, afterwards I thought to myself, isn't that the totally accurate description of your ideal attraction to another person.

You know that kind of wonderful click right there (right in the center of who you are) that just makes you feel totally drawn to this person and on one hand you feel totally safe and totally comfortable like you were meant to know them and as if you've known them forever."

And on the other hand you feel all the exciting feelings you really want to be with them. Like you ever have been waiting for someone to pick you up for an evening. All of a sudden you hear a knock on the door and you have heart leaps. And you feel the adrenaline rushing through your body. The closer you get to the door the more excited you are. And when you open the door what you want the most is right here, right in front of you. Can you feel that would be an amazing thing to experience.

Ok, this pattern has been reported to make women cum, out of the blue, just by reciting it to them:) Usually though, after you're done with your description, the girl says with a sly smile "Sounded more like making love:)" Don't be shocked, don't stiffen up - for she loved it regardless:) Or rather... exactly because of that:) And if nothing else comes to mind, you can answer with a confused look at first and then a "Well... now that you mention it:)"

30.2 Pattern 2

You know, I saw the most interesting show on the discovery channel last night. They were interviewing people who make their living designing attractions for amusement parks like magic mountain and Disneyland and Universal Studios. Wouldn't that be a cool way to make a living?

Well, anyway, they were talking about the elements that make up the idea attraction. (point) They said there are 3 parts to the ideal attraction. First, when you EXPERIENCE the ideal attraction, you FEEL

A HIGH STATE OF AROUSAL. The idea attraction makes your heart beat faster, and your breathing gets faster and you just FEEL THAT AMAZING RUSH ALL OVER.

And then they said that another part to an ideal attraction is; it's fascinating. You just FEEL SO ENTHRALLED that you want to TAKE THIS RIDE (point down) multiple times; as soon as you GET OFF you want to GET BACK ON again.

And they said, finally, the most important element, is a sense of overall safety. That even though the attraction may look a little dangerous, you're CERTAIN YOU'RE SAFE .. you FEEL SAFE cause you realize nothing bad can really happen, so that allows you to FEEL TOTALLY FREE to LET GO COMPLETELY AND ENJOY THAT GREAT AROUSAL again and again and again. Can you (squeeze her hand) feel that... is pretty close to the way it is?

When you imagine how much fun it is to ride a roller coaster or any other kind of amusement park ride .. Its like as that ride is climbing up and up you can feel your heart pounding with excitement you feel you breathing come quickly sometimes you're even gasping, panting you feel the blood rushing through every part of your body and as that excitement and tension is building and building you reach the top of the ride and then as it crests you just release it in a flood of excitement sometimes your screaming your so turned on and you know afterwards I thought to myself, isn't that the totally accurate description of your idea attraction to another person. You know that kind of wonderful click right there (right in the center of who you are) that just makes you feel totally drawn to this person and on one hand you fell totally safe and totally comfortable like you were meant to know them as if you've known them forever.

31 Eyes

31.1 Pattern 1

(by John Casewest)

"Has anyone ever told you that you have the most interesting eyes?"

They have a quality about them that says "there's more to this person than you might think at first glance".

(This works GREAT on women that are VERY beautiful and hear it all. You might also want to open with something like "Any idiot can look at you and tell you that you are beautiful but it takes a _____ and a _____ (list your good qualities) man to see, that [then go into your pattern]. This is a TOTAL break state!)

Have you ever met someone with that look in there that just said "underneath this person's gotta be someone exciting and riveting" and you just have to get to know this person (sp) better. Or maybe it was like you could look so deep into their eyes and they just fascinated you (ambiguity) because you couldn't quite place it but they just looked somehow so familiar. With me I have to *follow that feeling* when there's someone right in front of me with eyes like that.

(Next piece could be used in any cold walk up, both to challenge them and get them comfortable)

Most people are a little too scared to just approach someone they feel the urge to meet, and I know it can take courage to meet someone just because you want to see if they're the kind of person you might really want to spend time with, but I know I'm (flattered, respect or a trance word) when someone has the initiative and (chuckle tonality) good sense to go out of her way to get to know me!"

31.2 Pattern 2

(by John Casewest)

Has anyone ever told you that you have the most interesting eyes?

You know I know a few people with eyes like yours and I've found people with eyes like that tend to be exciting and riveting people, like that glow isn't just right there but in their whole personality as well.

It's like as if when you look into someone's eyes, you can just see the whole way into them, and *feel so comfortable. With me*, it's even more exciting (count the commands there) though, the different things people can say with their eyes - eyes can also show deep understanding, and whether you're paying close attention to something or what's going on deep inside you.

It's amazing the things people's eyes can tell, it's like as if you can see a sense of humor right there in someone, or when the eyes are mysterious or sometimes just really intriguing, that just make you want to find out more of what's going on behind them. Aren't eyes just most fascinating..."

32 Food

My friend from France who's a chef comes to visit me here in Newport occasionally and we go out and pick the freshest produce and meat and we'll cook up these amazingly succulent recipes that take a fair amount of time to prepare so that as we're cooking the house is full of these wonderful tantalizing aromas such that the anticipation just builds and builds as we hungrier and hungrier to the point where you finally have that moment when you get to divulge yourself and you just start eating voraciously everything in front of you. I mean you know how satisfying that feels when you swallow that food down, and it hits you in just the right spot in the bottom of your stomach... it's such a wonderful feeling afterwards when you're finishing the last glass of wine and feel so relaxed and satisfied ... it is so wonderful indulging in the kind of pleasure you love the most.

33 Four Levels of Woman Mind

33.1 Induction

A recent post (Dimes and Four Levels) described Ross' four levels of the mind very briefly.

It was so succinct that I decided to use it purely as an induction in my hypnotherapy practice this week. Holy Macaroni Batman! The rapidity to which people pass through the usual hesitations that sometimes slow down deep hypnosis is remarkable.

Ross you have come up with a very cool tool here.
I fashioned it as follows in this outline:

- 1) Have them open/close their eyes while you do a little fractionation.
- 2) You have four levels to your mind. You can imagine them as doors to pass through, or as if you are taking an elevator from one level to the next. Some people imagine they are passing through a fog or cloud and things become clearer as you pass through and on to the next level.
- 3) The first level is the every day level. All the things that you have to think about or remember or do. Imagine a sheet of paper. Imagine a pen. Write down all the things that are on this level. Your mind will remember everything on this mental sheet of paper.
- 4) Move on to the second level, the level of social programming. Here there are things that you do for others, family, loved ones or for society. Some of them are no longer necessary. Separate them into the useful ones on one side and the unimportant ones on the other. Make the unimportant ones get smaller, dimmer, fainter, and move off into the distance with a Whooooosh.
- 5) Move on to the third level, the level of your own beliefs. Some of these beliefs were important for you a long time ago. "Don't talk to strangers was very important for the little boy/girl. Now it is a useless belief. Separate all the beliefs that help you and empower you and put them on one side. Put all the thoughts, ideas, and beliefs about yourself that limit you on the other side. Make those limiting beliefs get smaller, dimmer, fainter, and move off into the distance with a Whooooosh.
- 6) Now, enter into the fourth level of your deepest imaginations, your dreams and fantasies. The place where you are free to be your deepest self. A place where you are your thoughts. You are here and hear, Anything is possible. As you experience thoughts and ideas here, everything else just fades away. Deeply relaxed, ready for what it is that you came here to hear, today, here to do I did not find that much deepening was necessary here. I sometimes added a very abbreviated Elman induction, -- Think of numbers, make them disappear, relax your muscles so they just won't move.

33.2 Pattern

There is level one; The place where she keeps her "to do" list. Things she must get done, like doing the laundry or going to the grocery store. Stuff that she basically needs to get out of the way.

and then there is level two, The place where she keeps her social programming, like what would be appropriate to wear to work, or what kind of boyfriend her friends would approve of.

next is level three; The place where she keeps her own programming. Her own habits and opinions. The place where she keeps her "knee jerk" responses.

and then level four, The place you want to guide her to. This is the place where anything is possible, where she keeps her deepest desires, most closely held fantasies... her dreams, inspirations and aspirations... In this place of the mind, she is off of autopilot and in a place where she is much more suggestible because it's a different place for her to be, especially with a guy. (add more pattern language)

34 Femininity

That's an interesting thought that you feel feminine on the outside since if you really think about it, being feminine is something you really feel on the inside. For instance, your hair might make you feel feminine... or your clothes... or your makeup... but those are just things... the things you feel on the inside are what really make you feel this way. Have you ever felt totally safe and secure being held in a strong, warm embrace... or heard the warmth of a voice wrapping itself around you, knowing you have found something special. And feeling this you notice a touch of a hand across your cheek... you feel a kiss on your neck... a feeling that grows until suddenly it's almost as if you can feel thousands of kisses covering every inch of your body... hands roaming... caressing... arousing... all those feelings you love so much from those places deep within you where they have been waiting so long for this moment... and as you feel this building, wave upon wave, pleasure upon pleasure, ecstasy growing to this total bliss and perfect pleasure... now, with me, that is what I think makes a woman feel completely feminine, don't you think?

Her: oh, yeah... :)

{Note: It could probably be set up easily with quotes: "you know my friend Kim says she loves having long hair because it makes her feel feminine..."}

35 Fantasy

You: I had a conversation today that is puzzling me. This young girl Sue has a schoolgirl crush on me. And, my friend Nancy said to me the reason so many woman HAVE THE HOTS FOR ME is because they START TO FANTASIZE ABOUT ME because I have certain qualities and do certain things unconsciously that cause women to incorporate me and PUT ME INTO FANTASIES. She said that all women HAVE these desires and that as a women you have A CERTAIN FANTASY deep inside growing up every girl dreams and their are certain universal thoughts that all women share this fantasy and that for some reason as I talk to women and they get to know me they start to strongly connect to me with fantasies as these fantasies begin to take on a compelling, demanding, real life of their own. Now, I wonder exactly what fantasy Nancy is referring to? I also wonder what it is about me that causes women to START SEEING ME AS THIS COMPELLING FANTASY? What answers SPRING TO LIFE in YOUR MINE?

36 Fucking vs. Making Love (Incomplete)

37 Find Your Desire

Odious, ASF: "Women ask me how I make good girls want to be bad (this guy has "I'll make good girls want to be bad" in his online-profile), etc. My answer is, I show them how to find their desires".

Odious:

"When you just stop... and look deep inside of you... and you are able to push aside all the rules and restrictions that hold you back... you find that you are free to look at your own desires with eyes unclouded by the fears of others. You can look deep inside and see that special place where you keep all your secrets. Inside is what you desire. You can see your desires and when you see your desires, you know that what you want is right there waiting for you to act on your desire. Now, with me... that's quite a powerful thing. When you see your desires clearly, maybe for the first time, the excitement and longing you feel is very strong. The excitement of knowing you can fulfil these desires and the longing of wanting so share that experience with someone who understands how you feel. When you allow your feelings and desires to dictate your actions... you can look deep inside yourself with eyes unclouded by the fears of others... and now see your true desires... and know this is something you have to experience."

38 Find That Girl

This is a good one to use if she is bitter, down and thinks all men are scum.

Ross Jeffries: "Where is the girl that lived in your mind? Remember the little one; the one that believed in love? Maybe she dreamed of that ideal man she'd one day give her heart to, and she knew at that moment she dreamt of him, she had already fallen in love. And each day, each moment of her life, she carried that love with her in her heart, waiting for the day when it could be released; released and given to the one who was worthy.(Point to yourself). What would it be like to realise that after all the sorrow and tears... that person had come along?(point to yourself) If you were to LOOK for that girl within your heart and mind... and LISTEN to the message... she is sending you... NOW... how do you feel?"

39 Fascination

39.1 Pattern 1

Here is an easy way to get in the required state for this pattern to be SUPER HIGHLY EXTRA EFFECTIVE... remember to go first... and do that by recalling the way you felt about that girl who broke your heart...how you felt BEFORE she broke it! You go back to the puppy love state, YOU get the doggie dinner bowl look FIRST, Remember that feeling NOW, and then read this pattern....

Have you ever met someone, and for some special reason, you just suddenly find that you've attached a significant amount of importance to this person? I mean, it's not like you are falling in love, and your not just becoming obsessed with this person and the little things

they do to make you feel special... it's just like now this person is just a bit more important than anyone else in your mind, because when you focus on them in your mind, it's like you can totally see your self in the future, like months or years from now, and you can just feel that strong feeling of importance is still there because this person just does it for you in all the right ways.

I mean, with me, you'll just sit there and watch this person, and I don't know what quality it is that you will choose; now maybe it's the way they smile, or their sense of style, sometimes it's just their voice, and the...way they...pause between...words, or maybe they're just so confident, that you just wanna be with them and see if some of that will rub off on you, and the fascinating thing about this, is that it's a totally natural process, it's how the animals learn, and it's how people like you and I learn... exciting new things...

Well, once you speak the ss language, it's almost impossible to get around not seizing opportunities as they arise. So, without a second thought I said, "Yea, it's like as you ALLOW THAT DOORWAY TO CLOSE COMPLETELY ON HIM, a new doorway mysteriously opens up right in front of you. And as you LOOK THROUGH THAT DOORWAY someone just appears in your life, someone who can really listen to you and respect you in ways that allow you to really FEEL THAT WARMTH and JUST BE YOURSELF".

Well, to make a long story shorter, once I started I couldn't stop. It's those doggie dinner bowl eyes that just get my engines roaring.

So I created a new pattern on the spot...here it is. You know, when you find someone like that (pt) someone who has all the qualities you're looking for in a man, some women BECOME OBSESSED...have you ever thought about that? I mean, it's like you THINK ABOUT HIM ALL THE TIME...wherever you are, wherever you go, you just HEAR THE SOUND OF THIS VOICE INSIDE YOU, you just PICTURE THIS FACE INSIDE YOUR MIND (frame) you just IMAGINE BEING WITH HIM IN SPECIAL WAYS. Like with me, I've been obsessed once, and when I went to bed at night, and I could feel the warmth of the sheets touching my body, it was like all of a sudden THOUGHTS OF THIS PERSON JUST CAME INTO MY MIND. It's like, in your imagination, you can FEEL THIS PERSON'S ARMS HOLDING YOU and this happens just at that point when you're not quite awake but not yet drifting off into sleep. Fascination, on the other hand, is when you don't OBSESS ABOUT THIS PERSON ALL THE TIME, but when you JUST BECOME TOTALLY FASCINATED. It's like you just HAVE TO GET TO KNOW THIS PERSON BETTER (pt) because you know there's something about him you just have to get closer to knowing. I mean, can you FEEL WHAT I'M TALKING ABOUT? NOW, isn't that a wonder feeling (anchor).

39.2 Pattern 2

You what I think is interesting is how people become fascinated with other people. You ever feel a sense of incredible fascination with someone. My friend Carlene was telling me that when she starts to listen carefully, really look, and hang on every word, she starts to experience that total fascination. And it's like the rest of the environment just disappears, and the entire world becomes this face, this voice that's speaking. I think when you focus in just like that and allow that absolute attention to take hold, that's when you can begin to experience that overpowering fascination you agree.

You ever find yourself feeling absolutely fascinated and also thoroughly attracted to someone. Now with me, that happens rarely. But its nice to feel that way. Maybe to the point where you feel so comfortable and at ease with this person that you just open yourself up completely. And as you are feeling those feelings, even though you may not have been attracted to them at first, you find yourself beginning to notice things that are very special. Gosh, when you do that . . . with me, time just slows down and you allow yourself to ponder the thoughts and savor the warm glowing feelings. And the more you think about it, the more you look forward to spending time with them again because you can easily picture a time in the future, perhaps even months from now, feeling so glad you had met this person after experiencing all the incredible funtimes shared and looking back on today as having been the start of it.

You ever been listening to something someone is saying and you just suddenly find yourself becoming totally absorbed in what this person is saying. You just begin to feel completely fascinated and its like you become so focused on what's being said that its like the entire world disappears and everything becomes this face, this voice that's speaking. And as you tune in completely, you might begin to notice that time just fly's by as you go deep inside and allow their words to penetrate your thoughts. Its like their thoughts become your thoughts and their words become your words. And then you might feel an incredible connection, you allow this person to come inside you so deep, as you just let yourself go with this knowing that you can begin to feel safe and warm inside. Its almost as if their voice begins to take on an actual warmth that comes from a very special loving place in your mind. A place where you think of someone who you deeply love and imagine this voice coming from that place in your mind. Then this voice begins to take on an actually warmth that begin to spread on down. A warmth that begins to spread down into your chest, turning into a fire, a fire heating up and spreading down lower and deeper into a place that a women longs to have it go to the point where your heart starts to beat faster and your breathing increase to the point where you find yourself totally letting go and surrendering to the pleasure completely

39.3 Pattern 3

"Have you ever been. totally fascinated with someone? Like. may be as you were there. Looking at him and you started to listen carefully... and it was like his voice just seemed to. wrap itself around you. And the rest of your environment just. disappeared. Your entire world. everything you saw. became. what was right in front of you. And everything that he described. you found. that you can picture it. clearly. So, you know... If he were to talk about... a romantic walk... on a moonlit beach... with your perfect partner... you could just see yourself there. with him. just enjoying what that would feel like... And with every breath you take. you can smell the ocean. or that man's scent... You can hear the waves crash. and feel the sand tickle your feet as you walk... And if you were to. stop for a moment. and see the moonlight. reflected on that person's face. you can almost feel the magic. of that first kiss... that first, soft brush of your lips against his...

So soft, you're not even sure you're kissing yet... And it's like all those emotions. and feelings. and passions. enfold, in that one, first, special kiss... just waiting to be explored and made real... "

[Then KISS her for godsakes! Don't leave the poor girl alone in dreamland like that. The first time I tried this, I was so amazed at the response that I just stopped and sat there, looking at her pretty DDB face for like five minutes...]

40 Feeling Drawn

40.1 Pattern 1

"Isn't it interesting how everyone is so different yet in so many ways we are all the same.

I mean for example, I don't know what it is you do, when you decide for yourself that you really want to be with someone, and you know it's what you want, cause you find yourself imagining it ... you picture it in your mind and you look forward to it for all the right reasons. Reasons that are right to you because you know it's what you want, but I think you know a person can find that when that's what's taking place, wow, what a difference in the way they think and just how readily you then begin to make time for this special person you are now connecting so strongly with.

It's a totally different experience, it's like you feel almost magnetically drawn to this person, you know what I mean? And sometimes I think a person wouldn't even know that that's what's taking place until afterwards. And you look back on it as one of those amazing memories you treasure/cherish for the rest of your life ... now ... with me as I think long and hard about it I think that's the process of discovering that a person is being drawn to another person."

40.2 Pattern 2

"You know, how you can have thoughts that cause you to feel fascination. Like, I was thinking about how, for many people falling in love can sometimes take months. But have you ever thought about what it would be like for you to fall in love instantaneously where you feel like you were talking to your soulmate (point).

I mean, imagine there being someone who was selected for you, picked out long before you were born. I mean if you were to feel that way, now.. I think you may be surprised to find yourself beginning to almost feel magically enchanted; and you might find yourself wanting to be with this person in a very special way.

Because, when a person feels they have met their soulmate, like when you imagine this person being your dream lover (sp), I think you would feel a mysterious yet powerful loving connection taking place between you and him that when . . that's really happening . . with me in my way of thinking what is happening is . . you go inside yourself (down into your subconscious) and you find all those values that are most important to you in a relationship and you think about the qualities in a personality you want your ideal lover to have (sp), and then find those and link them up with the person you're talking to (sp), in such a way that a picture of him (frame), for whatever mysterious reason

gets locked permanently in that special place in your mind where you deeply love and care for someone (sp), to the point where as that picture gets bigger and brighter and the sounds inside you mmmmm intensify, you might find yourself thinking of other things, where all your resistance is falling away and you just can't control yourself and you just want to go wild with it.

Isn't that truly the mystery of falling in love that we all dream of?"

40.3 Pattern 3

An example of simple attraction pattern combined with a kino approach/close. Best used after having established rapport, having created states of pleasure and having made her already interested. Daniel, ASF:

"You know... sometimes... when I meet someone I get this feeling inside (PTS)... I don't know what it is... but I know it feels good (PTS)... and I can't help but want to get close to that person and get to know her... (point to her)... do you ever get that feeling when you meet a guy (PTS)?

(Let her say stuff... if its positive move on, if negative do some more rapport building...)

Passion and desire (touch her neck)... the feeling that you cant hold back... you want to touch the person (PTS or if u feel brave take her hand and make it touch your chest)... the desire builds and builds (touch her arm)... your mind goes numb because the feeling is so pleasurable... (touch her arm)... your legs get shaky (touch her hips) and your tummy feels weird (touch her stomach)"

(Note: she should be fucking dripping... and if she ain't you shouldn't have launched these without establishing anchors and rapport. If she's ok, smile and look in her eyes and DON'T say a fucking thing for 3 seconds)

Passion and desire.. (touch neck and pull her a little closer)

(KINO TIME, kiss etc. BTW its more effective if you are both sitting down...)"

40.4 Pattern 3

Ask the girl what does it feel like to be attracted to somebody - by feeding her with the answers yourself to make her feel exactly that, while you have already linked those feelings to "being attracted to someone". Devious:) Daniel J. Mocsny, ASF:

"When you find a man attractive, where do you feel it first? Do you feel butterflies in your stomach? Does your face start to tingle? Does your throat tighten up a little and make it hard for you to speak? When you realize that you find a man attractive, how do you behave around him to let him know you are interested before he has let you know he's interested?"

You can learn a lot from observing how she reacts to these kinds of questions, in addition to whatever she says. For example, if these

questions make her obviously uncomfortable in an unpleasant kind of way, you should go talk to another woman. On the other hand, if she launches enthusiastically into a wide-eyed description of how she feels and acts, and she begins fixing her attention on you and smiling, then you are successfully flirting with her.

If you can get a woman to talk about the process by which she feels attraction and expresses it, that gives her an opportunity to move her mind into that state."

41 Falling in Love

41.1 Pattern 1

An example of using quoting, stacking realities, anchoring and time-distortion. Using Ross Jeffries' original as the basis.

You: "You know... I was reading the most interesting article about how men and women fall in love differently. And it was saying that men usually feel an attraction first, but that women, by contrast, usually feel a connection and then become more attracted. I mean, you know that kind of special connection you sometimes feel... that mysterious compelling click that takes place right THERE (touch her solar plexus, thus planting an anchor:)..." (See anchoring)

Don't forget that she might interrupt you any second and start talking about her feelings. Let her! Encourage her! Be ready to change the course of the conversation, listen to her trance words, anchor the feelings while she describes them to you. (See trance words)

You: "So... this article was saying, that when it's really special... that's when you can just STOP... and IMAGINE a time in future... say six months from now...blah blah blah". (See time distortion)

You: "(having directed the conversation in the direction of how men and women fall in love differently) You know, I was telling my friend about this, and she was saying, when she really starts to FEEL THAT CONNECTION.... and GROW even more attracted... she begins to pay attention in a special way. First, becomes aware... of the rhythm of her breathing... the beating of her heart... and that sense of growing fascination... such that as she continues to be aware of all this... one particular feature of the guys face begins to rivet her attention... so as she just continue to keep looking... it's like the rest of the environment disappears... and the entire world becomes this face... this voice that just start to wrap itself around her like a pair of powerful but gentle arms... pulling her in... deeper.... just allowing that warmth surround her... etc. etc:)"

Well, by now the situation should be ripe enough for you to throw in your own opinion about the subject:) You could make up a pattern of your own or acquire some ready-made patterns from Ross Jeffries at www.speed-seduction.com (they cost a lot though, I'm talking hundreds of dollars).

See also:

Quoting and stacking realities

Anchoring
Trance words
Time distortion

41.2 Pattern 2

Extended version of the above pattern. This time no commentaries, no pointers, no interruptions - just the pattern. Modified from Ross Jeffries' original FiL pattern:

"I was reading this article that was talking about the difference in the way men and women fall in love. And it was saying that men usually feel an attraction right away but women by contrast usually feel a connection and then BECOME VERY ATTRACTED.

I mean you know that kind of special connection you sometimes feel ... that mysterious compelling click that takes place right there (right in the center part of you).... where you really feel so warm, safe and comfortable and it just lets you know this person is going to be so right for you in so many ways and you just slide into that sense of having known them for ever as if it was meant to happen, and as if you've always known them, maybe to the point where you picture this person so big and bright in that special place in your mind.

You don't even know why you just have to go deep inside and find all those values that are so important to you but you just naturally link them up with this person such that you find yourself beginning to look through the eyes of attraction ... cause I find when you look through the eyes of attraction, look through the eyes of desire, that's when you can make that connection and really feel that growing bond growing more and more as you begin to imagine being with this person, in that special way that two people can feel so wonderful.

And as you feel that passion growing more and more maybe to a point where you feel yourself just letting go completely as you allow this person to come deep inside releasing all those feelings that have been building up inside, you just want to release them in a flood and I find when you do that now with me I find you just feel so enchanted like you are now under a love spell cast upon you such that you can't control yourself and just find yourself going wild with it, and feeling so powerful a desire for this person where you feel so warm inside, and ready for them to come deep inside you, that you imagine: "mmmm how wonderful it will feel you and me together".

So this article was saying, that when it's really special, that's when you can just stop and imagine a time in the future, say years from now still feeling that growing attraction and looking back on this moment as being the inevitable start of it.

My friend ____ was telling me that her roommate has this best friend Dawn. And when Dawn starts to notice that growing attraction, it happens in a certain way.

Like first, as she looks at the guy, and starts to really pay attention, she just becomes aware of certain things like the rhythm of

her breathing, and the beating of her heart, and the out line of his face so as she becomes aware of all these things, one particular feature of his face just starts to rivet her attention. So she becomes totally absorbed in the connection taking place and as that's all happening, it's like the warmth of his voice, this voice that just wraps itself around her like a pair of powerful but gentle arms .. pulling her in ... deeper ... just allowing that warmth to spread all through her... the deep rich warmth of it just starts to penetrate her thoughts, and as her heart beats faster and her breathing increases, that warmth just heats up into fire, a fire spreading through her chest and down through her belly, a fire pounding and pulsating all through her, down to where she longs to have it go, until that desire for him just becomes utterly overwhelming, and she just surrenders to it completely.

...such that she opens herself up completely and allows this person to come inside her so deep releasing all those feelings that have been building and building and building that she just wants to release those feelings in a flood.

I find when I HAVE those responses .. it's like you just let yourself go completely ... and go wild with it ... now that's how I see it so clearly. Now what really fascinates me about all this is not just how people connect so powerfully .. but how people connect with their own needs and wants and desires."

41.3 Pattern 3

Taken from "Sweep women off their feet...":

"If you met the guy of your dreams today, would you let him know first or would you first tell all your girlfriends about this guy you met and how you think he is THE ONE?"

"I'd know right away but I don't think I could tell him right away."

"But would you tell your girlfriends?"

"I guess."

"Just as I thought. That's interesting because it's a known fact that guys brag to their friends about the new girl they picked up when they were rejected yet they never say a word when they really meet a girl and fall in love. Women on the other hand are the exact opposite. They get so emotional when they meet their soul mate that they have to share the news with their girlfriends. The sad thing is that most people fail to recognize when they meet their soul mates or if they do they don't have the courage to find out for sure for fear of disappointment. That's why there are only a few people out there who ever get to experience true love, because they are not afraid to experienced it. Do you feel this...(squeeze her hand or at least make some kind of contact)...is the way it really is?...with me, now...I think most people know it but still deny it hoping that one day something will just happen out of the blue, but it will never happen until they just allow it to happen."

41.4 Pattern 4

Ross Jeffries:

"Have you ever thought about the difference between attraction and falling in love?

Well actually I think they take place in different settings. I mean, attraction is what you experience when you are in the presence of that person, (point) and you look at him and you think to yourself . . . mmmmmmm, and you start to have certain thoughts, images and you know what that feels like, right?

But falling in love, well I think takes place when your not even in that person's presence. I mean, can you remember a time when you totally fell for someone. . . . And as you are looking at me, thinking about what I'm saying, you can remember how that felt, don't you.

Yea, but here's how it happened. You spent some time with that person (point) and then you went home and you picture that person in your mind (frame) right? And then maybe you imagine yourself in all sorts of situations with this person (point) having lots of fun, and enjoying the feelings and things you like to enjoy with them. Can you remember how that feels?

And then maybe you start to list all the qualities about him you really like: He's so funny, he's so smart, he's so fun to be with, whatever they were, whatever the things are that you really want and enjoy that with someone (point), right?

Then you get this feeling in the pit of your stomach, right in your solar plexus that just starts to spread out and lets you know that you really, really love this person (point). I mean, can you feel that as I describe it to you?

And then, here's the real kicker . . . you start saying his name outloud, you start bringing it up in conversations with your friends, and maybe you even dance around the house singing it if your a real goof, right?

See, I think everything, including falling in love is a process. And when you do that process with someone (point) and really let it happen, that's when the magic takes over, the magic we're really all looking for.

Of course, sometimes that can take months, but the real magic is when it happened instantly and you know it right away. That's an incredible feeling, isn't?"

41.5 Pattern 5

A minor modification of the previous pattern. Ross Jeffries:

"I was reading in a book about the difference between attraction and being in love.

And it was really interesting to learn that attraction takes place when like someone is sitting across from you and you just notice something about them ... could be anything. The expression on their face, or some unique feature that just captures your attention, or maybe its just their voice, the way it might wrap itself around you like a pair of strong, warm but gentle arms and just penetrates your thoughts and spreads all through you. Whatever it is, it all that takes place in this person's presence.

But falling in love is what you'll do yourself, after you've gone outside this person's presence. I mean, think about it ... what happens is you spend some time with this person and then you go home and you then you picture this person and your mine, in that special place and you mine, where you keep people you care deeply for. And then what you do is you start to imagine being with this person in different situations and in all sorts of different ways like maybe introducing him to your friends or having all sorts of fun and interesting adventures together.

And then maybe what you even do is you start to list all the qualities that you really like about this person and for every quality thing you mention to yourself you get that feeling right in there where you get that warm feeling and with every feature you notice that this feeling increases, like oh he's so smart, or he's so much fun to be with, or he's so understanding of the world. And then, what you do is you start to repeat his name to yourself and then what you do, the real kicker is you start bringing up his name in every conversation, John said this or John said that and that's when you know you're absolutely hooked on this person, you know what I mean?

And I think when you do that, now, with me, I find that that's when you really feel that passion growing and you don't even know why you just have to stop and go deep inside and just allow this person's presence to penetrate you consciousness and come inside you so deep and when that's happening its like that feeling there it just starts to move down, deeper as you create an opening for it, an opening, that just feels all those feelings that have been stored up, and they just start to flood through that opening... you know what I mean?"

41.6 Pattern 6

One of the basic structures of a seduction is to model the process of falling in love. The setup in this example has the couple looking at a newspaper on the movies page with the male commenting on one of the male actors but of course you can modify it to your liking as it is fairly easy to introduce the "cute actor/singer/pop-star" theme into almost any conversation. Jobet Claudio, Mindlist:

Him: He's cute ain't he?

Her: Yeah.

Him: What exactly do you feel when you look at a cute guy (gesturing to your face).

Her: Hmm... I just feel a tingle of sorts (hah... that's one for the echoing).

Him: You like romance movies, don't you?

Her: Yeah. I love em.

Him: I'm just curious as to why you like romance movies.

Her: They make me feel so good... you know.

Him: Yeah. It can make you FEEL THAT TINGLE, (pts) I bet.

Her: Yeah.

Him: Well, I'm curious again. How do you know that YOU'RE FALLING IN LOVE with a guy (pts)?

Her: Well... I... I don't know... it just happens and I just realize it.

Him: Well... I read somewhere that there's this guy who researched about how women fall in love. In that study, he said that invariably (hah... Cialdini authority) women (point to her) at first find this small "gateway"... this thing that they notice about a guy (pts)... it may be small or big, like a dimple, or a smile, or the eyes, or a soothing voice... anything. Then, the woman begins to feel a tingling sensation when this guy (pts) is around... And the funny thing is, this guy's (pts) presence creates a certain richness of experience for women (pth), like, even small things, like a glance, or a look in the eye (look in her eyes), or a short, simple, soothing chat... all that... takes on a special meaning, that special, delicious feeling, you can't even begin to describe... that's when you realize that...THIS GUY IS SPECIAL (pts)...and special, in a special way...

41.7 Pattern 7

Talking about past relationships is an excellent chance to talk about the subjects of falling and being in love. But there is an added bonus to it - you can talk about it referring to your former love interest and you together as "we" and you can talk about what that "we" felt describing it in the present tense. Like this: "The beginning was so beautiful... its like... everything around fades away... and when we are looking into each other's eyes... we can see each other's souls". Did you notice the ambiguity? "We"... "are looking into each other's eyes":)? Jobet Claudio from Mindlist elaborates:

"Most women are suckers for love stories. Win or lose, success or failed, they really love love stories. Invariably, when in a conversation with a woman, the topic of love stories (as referenced to yourself) will often crop up as you talk about ex-boyfriends, current boyfriends, current girlfriend, ex-girlfriends etc.

Now, the "we", in the context of the story-telling, should refer to the ex and myself, but then again, "we" is ambiguous. Coupled with a couple of hand gestures and more referential ambiguities, conscious use of the "we/us" paradigm could be one of the most subtle, insidious and undetectable, non-verbal referential index shifts I know.

[Example]

Me: So, you have a boyfriend?

Her: Not right now. Last one I broke up with a few months ago... how about you?

Me: Yeah, same here. It was a beautiful relationship. Too bad it had to end the way it did... Its like... at first... we are so much in love. We feel that the whole world is revolving around us... you know what it's like to FEEL TOTALLY IN LOVE, don't you? We're like that (gesture back and forth). It's like, when we look at each other's eyes (look into her eyes)... we can see... into each other's soul... and we can SEE... and... FEEL... that love... burning within the both of us... warm and close enough to touch (touch her forearm, or a non-touching gesture towards her chest)... and that bond between us... really so strong... so powerful... so overwhelming... It does become that way at times, now doesn't it?

[End example]

It's totally disarming, since you're supposed to be talking about a past love. What happens though is that that past loves serves as a springboard into a process that evokes the state of love in the woman you're talking to."

41.8 Pattern 8

Have you ever fallen in love with someone (point to self), someone who made you feel an intense click...right there...and by some magical, mysterious reason, you find yourself realizing that this person is becoming the reason you get up every morning, the reason you draw breath...he has become your entire world (draw two hands toward self), and the world is him (tap chest), and everything else just seems to move around and because of that perso(draw two hands in horizontal, circular motion around yourself)...do you feel that (touch wrist) ? Now, with me, I think that this is a beautiful emotion to feel and how lucky would you consider yourself when you have found that person (subtly point to self).

42 Goodgirl

Her: I'm a good girl, I usually don't do this [go out with a stranger]

YOU: You know, I have an intuition about you, when you were a little girl, your mother or father told you that you should "be a good girl" and "don't talk to strangers" and many other things to make sure you are safe. And those lessons were important because following those rules kept you safe, as a little girl, Isn't it wonderful though, how as an Adult, you can make different choices, and still feel safe and totally comfortable, now, with me, as I see it, being an adult allows you to make adult choices and adult decisions and benefit from new and wonderful experiences of adventure and fun unlike anything you ever hoped for when you were a little girl.

A desent response to the "I usually don't do this. I'm a good girl." would be to agree and say something like "I know...I don't either....it's strange how we can go thru life and set up rules for ourselves and the neat thing is THEY WORK...at least they work in ordinary circumstances... but but then sometimes you meet up situations where the rules just don't seem to apply. They can't. THIS ISN'T AN ORDINARY SITUATION.that's by definition means it's EXTRA-ORDINARY...and those rules just don't apply...that's why they're extra-ordianry."

You can go on.....

"....in fact we have boundaries for a good reason....to FEEL SAFE....and theres a point where this extra-ordinary just isn't in those boundaries....but YOU STILL FEEL SAFE....and that's when things STOP and you can start to CONSIDER POSSIBILITIES of all the things that are out there you haven't yet REALLY enjoyed...."

43 Good Luck Day

You ever have one of the those incredible days, where everything is going your way. Its like you just feel so lucky and sense a total feeling that what your focusing on at this moment is perfect for you. Like you might realize for whatever reason that something is just going to be so right for you and maybe even that rest of your life. And you don't even know why but it just seems that later on it was meant to happen, you just feel completely drawn to a new experience that you suddenly find yourself opening up completely. HYE really wanted a tangible change in you life. Asking that question could make you realize that change begins when you make a choice and allow yourself to feel so safe and comfortable with that decision. Its the same feeling you are getting now when you realize the special someone is so right for you at this time and you just decide without hesitation that you really want to be with the person to the point where you just let yourself go wild and if is completely beyond your control and you can't control yourself sense it was meant to happen. You just find yourself letting go and you surrender yourself to the joy and pleasures you are meant to feel as you listen so carefully and really focus in how you can feel so attracted for all the right reasons. Reasons that are so right for you such that your mine is so clear on what you've gotta do that you just want to release the restraints and inhibitions and release those feelings in a flood and you come over and over again to the same conclusion that this person is someone who you can imagine ...

44 Getting over it

I was thinking about our conversation the other day and you know I can really relate to how you are feeling. You see ... I know there's a part of you that doesn't want to think about love right now. You really shouldn't do that.. now with me .. that's OK. I mean when find yourself thinking about a breakup you remember those sad feelings and maybe you think about all the guys who ever hurt you, al the guys who ever used you or made you feel upset, let down or really cheated. I mean, you think about the fear of trusting and it just really hurts ... and I would hate for you to feel really horrible about that. On the other hand I know there's another part of you that really loves to feel that special sense of connection with someone (point). The part that loves that feeling of excitement of knowing you're with someone who makes the world and life seem like an adventure where a person can feel really appreciated. So as you push that hurtful part aside, and only think about it from this joyful one, doesn't make sense that we just go and enjoy each others company for a little bit.

45 Hypnosis

Hypnosis is not about waving a magic wand or a crystal ball, all good communication is hypnotic, any communication that requires that you to go inside and access the power of your imagination in order to

understand what is being said is hypnotic. For example, non hypnotic language is specific, like for example if I were to say to you, the reason you should fall for me is because I am a handsome guy, and I'm lots of fun to be with and I take good vacations. Its too blah, its doesn't reach your unconscious. But if I were vague, if I were to say, I don't know what it is you do, when you go inside and you discover you really desire someone and you know that being with them in that special way is what you really want, cause you find yourself looking forward to it, you imagine being together with them exactly the way you want to, feeling all the things you really want to feel for all the reasons that make sense to you. But I'll tell you something when I'm with someone like that. And they really start to see the possibilities of having that with me what a difference in the way they think and the kind of things you just find yourself compelled to do. Now that has a much different impact doesn't. And the other thing about hypnosis is it teaches people to acquire incredible new and wonderful states of consciousness. How many good feelings do you have. Most people don't know how to build new states of consciousness that just really feel wonderful. For example I don't know if you are the kind of person who can feel ... well my friend was telling me that when she was a little girl, maybe you know 6 or 7 years old, and you were all snuggled up and warm, you had your favorite blanket or your favorite bear, you started to drift into that soft, warm cotton cloud of sleep and you were so relaxed that you didn't know if you were pushing down on the matrise, or the matise was pushing up against you and you began to dream of that ideal person you'd one day give your heart too. And it was like at that moment you could feel that love flooding through your heart and it was like at that moment, you fell in love with this person. And maybe through all the disappointments and the let-downs it felt like still somewhere in the heart of that little girl was that love for that special person and what would it feel like for a person to just suddenly find that love being absolutely released in a flood and knowing that you had at last found someone who was worthy of giving it too. But what if in addition to that you could also ... you ever look at a really attractive stranger and thought to yourself ... yum what if in addition to the love in the heart of a little girl, you could also feel that yum. Or you ever just so exceeded you own expectations and done so spectacularly well you thought to yourself yes. What if in addition to the love in the heart of a little girl and the yum and the yes you could also feel that sense of just being in your presence was a gift to the people around you cause you felt so good that just being around you helped other people to feel wonderful. I mean what if there was a person who was so special that just hearing this person's voice, sometimes even if you weren't around you'd hear it in that special place. Just hearing this voice was an invitation to step into a whole new world, a world of new thoughts, new sensations new feelings in such a way that it was almost like you had to create an opening for this special person and opening for this voice that just allowed this voice ad this person to come inside so deeply it be like you know when I ... focus on those feelings ... feel them building .. its like that wonderful sense of total surrender to something so magnetic you have to go with it ... I think some people wouldn't even know that's what took place until ...

46 Happy Hour

Yea, I know what you mean...When you've worked all day long and you come to a bar to relax, the last thing you want to think about is work...YOU'RE JUST HAPPY TO GET OFF. I find that when you're EXCITED ABOUT GETTING OFF, all YOU WANT TO DO IS LET LOOSE and LET YOURSELF GO COMPLETELY. Now, WITH ME, it's like when you've have a long day at work, and YOU CAN FEEL THOSE TENSIONS BUILDING UP INSIDE OF YOU, and when YOU JUST NEED THAT RELEASE, there's no place better to DO THAT then here at this bar. NOW WITH ME, I find a good stiff one does the trick just fine!

47 Handwriting

{Note: These can be used while analysing an HB's handwriting once you notice these traits}

Jealousy... " You know... it looks like you have a tiny little bit of this jealousy showing in your writing... (smile at her as if that's the most natural thing in the world, cause it is) and most beautiful women have this same trait... because... i'm guessing that sometimes... when you see an attractive guy right in front of you... and he's got the attention of another woman... it's not like you just wanna have him all to yourself, and it's not that you want him to come ..to the conclusion that you are the most beautiful, passionate woman he could ever experience... but rather...it's that natural instinct that women have, to really really want what they might not be able to have. Me, I'm the same way sometimes...."

Fear of Success... " this trait shows that you might have a little bit of what they like to call fear of success... but it's not really like that... I find that the women that have this trait, are really looking for that feeling of absolute comfort and safety, that comes with being connected with someone... someone they trust, and feel a sense of deep warmth when you are with this person... it's that feeling of comfort, and pleasure that you wanna have, all the time when you are around this person... and the thing is... is that when you feel those feelings now, it's like you just wanna hold onto them and never let them go... so that's what this really means... and that's something that gives you a really nice picture of what kind of wonderful person you really are...

Secrets... loops in lowercase o's, on the right side ;)...

I *always* say, "so you have secrets, eh? ;) Like what?" I grin mischievously, inducing the "yeah right I'm going to tell YOU" response... and I instantly anchor it, and CHANGE state into a much more open, serious and understated tone, where I deliver something like the above pattern... usually ending with something like, "if there were ONE major secret, that you've been DYING to tell someone -- someone who doesn't have daily contact with everyone you know in daily life... someone who, strangely, even when you first meet them, you just... feel really comfortable sharing intimate ideas with... can you.. feel that... would be a wonderful thing to be able to relieve yourself of the burden of carrying around such a secret? Even for just a little while? Now, with me... if a person could just... somehow choose ONE major secret to share in that unique and wonderful way... I wonder what you would find yourself just itching to share..."

Remember, that you are the expert here. You can artfully redefine the meaning of the cards to suit your outcome, they are looking to you for guidance... you don't have to omit the bad, just minimize it and redefine it. Also, be careful of doing this with a crowd of onlookers... tell the others that you will do them... but you like to have a little space to "work". A handwriting analysis is a private thing...adds to the mystique. When you give the reading... make it like you are telling the girl valuable international secrets... literally. And if she wants to tell her friends what you said, she can. Later. See a stop sign doesn't mean to stop. A stop sign is just a cue to BEGIN to look more carefully at your surroundings... a stop sign means to START the motion of putting your foot on the brakes, and look for pedestrians. Redefine. To suit your outcome.

Feelings, feelings, feelings. Notice how I didn't even use the words Jealousy or Fear, except for one time each, in the first sentence, just acknowledging what the card said. I even distanced myself from those words..."that's what THEY call fear of success". A bro once told me, do not even bring up an emotion or state that you don't want the other person to experience, because then they will... if you were to say "this says fear of success, and I can't imagine you feeling scared, or frightened, or even nervous and edgy about success" You have just fucked up bad.

Transition immediately to good feelings... I have told other brothers to just use the words feel, and feeling, and then describe those good feelings. You know how it feels to lay your head down on a nice cool down pillow....mmmm, knowing that you don't have to go to work in the morning?

48 Internal Voices

I think it so interesting how when a person is watching a movie or reading a good book how they BECOME totally absorbed in what is being said. Isn't it important for the sake of being able to get into it, that your able to do that now with me I find it is necessary to be able to relate strongly with the characters, to see the world from this person's eyes, to take on this persons perspective and let go of yours completely. In that way you can feel totally connected with what is being said and really let go to the words you are hearing as if the rest of the environment just disappears and the entire world becomes this face your seeing, this voice your hearing. And its not really what you are hearing sometimes but its how this person presence just makes your feel completely fascinated and totally into the moment. You find you begin to take on the thoughts and feelings of this person and just put all of yours aside for a while. Its as if your internal voice were to say my words as if my words were your internal voice so if I were to say to you God, I have this longing, god I just have to get it filled. Well, you know how that might effect you. I don't know what in your environment that would cause you to hear those voices, maybe the sound of running water, or the feeling of your feet stepping into the shower you never know when you might imagine it will be.

I don't know, but what would it be like for you to hear my voice on the inside of your mind as if your internal voice were to say my words as if my words were your internal voice so if I were to say to you God, I have this longing, god I just have to get it filled. Well, you know

how that might effect you. I don't know what in your environment that would cause you to hear those voices, maybe the sound of running water, or the feeling of your feet stepping into the shower you never know when you might imagine it will be.

49 Imagination

I can tell that you are very intelligent.. You know your mine and I think intelligence is vitally important in a women. And for me, creativity especially imagination is an important element of intelligence. I mean, intelligent people can usually imagination situations so vividly that they seem completely real to them. For example, if you were to close your eyes for a second and picture yourself on a warm tropical beach. Can you hear the sound of the waves and the tropical wind over the sand. Can you hear a seagull fly overhead. And as those sounds reach your ear can you also see the beautiful blue sky and the rolling sea way out deep in the ocean. Can you see the brightness of the area as the sun burns brightly down on your body feeling its rays against your skin and feeling the sand impression you are making in the ground beneath you. And as you hear, see and feel all this you get a wonderful sense of warm, comfort and safety right in the pit of your stomach that lets you even relax more and let all your cares drift away listening to the waves crash and hearing your lungs breath in the warm fresh tropical air, you see the tops of the waves being blown over by the sea breeze as you feel your skin getting warmer and warmer and then overall sense of comfort and security oozing though every part of your being as with each breath you take the rise and fall of your chest allows a glowing color of warmth and serenity to surround you with protection and the sound of my voice wraps itself around you like warm gentle loving arms, massaging you outside and in ... and as you feel these wonderful feeling increasing, you can begin to feel a deep longing beginning to rise inside you from a place you want so much to release pent up feelings from a place that my voice moves resonates inside you wanting to be touched and caressed as you beginning to imagine and begin to feel the wonderful pleasure of all this your breath begins to deepen and your heart begins to pound .. to pound with the deep rich warmth of my voice the rich deep warmth that begins to spread though your chest and thought your belly and deep within your thighs. As the warmth and wetness and the deep rich pounding of your most burning female place the burning female place the pounding burning place that longs to be filled, aches to be filled with my throbbing rock-hard manness and as you feel these things deeper and deeper and more intensely the feeling of my hand as it touches your ___ lets you know that you will open yourself up completely and allow this person to come deep inside you releasing all the feelings that have been building and building and building inside you just want to release those feelings in a flood and give of yourself to this person at the time I choose.

50 I Want You

(Taken from "Sweep women off their feet...":)

After some initial fluff talk: first look straight into her eyes and then discreetly whisper this pattern in her ear, allowing her to feel your warm breath on the side of her neck below her ears, squeezing her hands firmly yet ever so gently at the same time. Even if she will put

up some resistance on the surface, you can bet that she is totally melting from the inside.

"I want you despite the fact that we've only known each other very shortly. I want us to be that loving couple walking barefoot on the beach holding hands right on the edge of the ocean where only the more lingering waves can reach, gently caressing our feet. The sky is fiery red on the horizon as the sun is ever so graciously going down, plunging into the warmth of the loving sea. A light breeze gently whispers in our ears as we look into each other's eyes. We can both feel the heat of our passion as our hearts beat in unison, but we hold back until the feeling intensifies past the point of our futile resistance. In a fury of emotions my thoughts deeply penetrate your mind making your attention slowly move back and forth, over and over, from pure love to raw animal instinct and lust, as you come and come again to the same conclusion that you must surrender your entire being to the sheer power of our passion that is sweeping us both away into a world of feeling complete. Then comes our first kiss...

(modified from Ross Jeffries' www.introme.com) ...that first, soft brush of the lips so soft you're not even sure you're kissing yet, and it's as if all the passion... all the fire that will be experienced in the relationship is enfolded in that one, first, soft, special kiss, just waiting to be explored and made real. It's that moment where time stands still and yet in that one moment, there is an eternity of experience to be explored as the dreams of a lifetime of love explode in you in this moment of passion and fulfillment... It makes your knees weak and your heart soar and every part of you comes... alive... awakened... ready for whatever will come next. I want you (insert name here)."

And without any hesitation you kiss her on the lips. If she's right into it, the kiss will be a very passionate one. If she's still in shock you can just steal an innocent kiss without making a big deal about it. It might take her a while to get out of that mesmerized state before she will allow herself to act on her own feelings, but when she does - the result will be more passionate kissing.

51 Iced Tea

Did you know... there's a little secret... about iced tea? (Wait for her to response) The other day... I was reading the most fascinating article... in a health magazine... a friend of mine had. It said that... if you place a raw tea leaf..just under your tongue... you'll... FEEL A PROGRESSIVE CALM... in YOUR MIND. And that... unlike a harmful drug... which might cause you to... LOSE CONTROL OF YOUR WILL,..the tea leaf simply makes you... FEEL COMPLETELY AT EASE. WITH ME, I take a different approach. Because-the article also said-that drinking some forms of iced tea... will still allow you to... FEEL THE BENEFITS... of what this has to offer you (Point to self). The article stated that... in a 15 year study... those who had iced tea... as their main beverage... got sick less often, and were better able to... LISTEN INTENTLY... when being talked to. I've noticed similar results... in my extended use of it. I have more energy... than when I... used to drink cokes, for example. Plus, it tastes better than coffee to me. Now, there's no reason... YOU NEED TO FEEL THE WAY I DO. I can respect... whatever opinion you have.

52 Indifference to Attraction

Try these, if you're dying to make love to a female friend of yours:)

52.1 Pattern 1

"Have you ever looked at somebody (sp) and seen her in a completely new light? Maybe even someone, who you never thought you could even like (sp, if you don't know her very well or she exhibits signs of indifference for you, otherwise point away from yourself), or maybe it was just a friend or acquaintance of yours (sp, if this is the case), but for some inexplicable reason you start finding him attractive. You start to think, how much fun it would be for the two or you to be together. You imagine yourself with him (sp) having the time of your life. And slowly you start to forget, what you used to think about this person before and just let go with all these new and fantastic feelings you're experiencing.

Like my friend Christina was telling me, that's how she met her boyfriend. They used to go to the same lectures/meetings/office, but he never thought much of the guy, he was just there and that was it. Then suddenly she started feeling drawn and attracted to him. And now she thinks he is the best guy she's ever been with. She told me he makes her feel... mmm... that kind of a feeling, deep inside (touch solar plexus:)"

52.2 Pattern 2

"Have you ever been attracted to someone who wasn't even your type physically?"

Like I have this friend Nancy. And when I met Nancy, I didn't think she was that appealing. I had little feelings for her whatsoever. But then when I started to get to know her, I started to notice certain things, like the first thing I noticed is that she has an absolutely great sense of humor. I mean have you ever been around someone who makes you laugh so much, just the minute you see them you're already waiting to laugh, like all they have to do is look at you and you bust out laughing.

The other thing I noticed about her is that she really likes herself, I mean her attitude was, hey, being with me is the best thing that could possibly happen to you, you had better take advantage of it right now before that chance slips away forever.

Then one day, I found myself looking through a new set of eyes. You ever look at someone(pt) through a new set of eyes. Its like I look inside and, OH MY GOD, when I look at her like that, this person is really beautiful.

I think when that happens to someone (point to her) with me in my way of thinking what I think happens is when you go inside yourself, and you find those values that are most important to you in a relationship and you think about the qualities in a personality you want your ideal

lover to have and then you just find those and link them up with the person you're talking to (self-point), in such a way that you begin to think things differently, you then start to look through the eyes of attraction, cause I think when you look through the eyes of attraction, look through the eyes of desire, that's when you can make that connection, and really feel that growing.

Now that whole process can take weeks, even months of getting to know someone. But I think the real wonder is to find yourself really wondering what would it be like to surrender to the magic of that instantaneously and make that connection . . now and really feel that attraction to someone (sp). Wouldn't that be great? Isn't it just great to experience that and let it happen?"

52.3 Pattern 3

"Have you ever known someone who you weren't really attracted to but then, for some mysterious reason, you just suddenly found that you started to THINK THINGS DIFFERENTLY and SEE THEM IN A WHOLE NEW WAY, AS REALLY HORNY AND GORGEOUS?"

"I mean, I think sometimes people really don't know what they want, at least consciously... but then it's like YOUR CONSCIOUS MIND DIVES DOWN (gesture action) into your sub consciousness, and just (gesture action) BRINGS BACK UP ALL THOSE DESIRES AND IMAGES AND FEELINGS INTO YOUR MIND."

"I mean, like my neighbor looked at me a couple days ago, and right out of the blue she took me by the hands (take her by the hands) and says "Can you IMAGINE IF WE WERE KISSING, and I was touching you where and how you love to be touched, kissing the way you want, and you were starting to FEEL INCREDIBLY TURNED ON, so hot and turned on you like you have never been turned on before, up to the point where you simply had to have me?"

"Can you believe she said that? Well, I was totally shocked and just managed to spit out "Yes!". Although actually, I should had played back and said "Can YOU imagine ME going down on you, MY TONGUE RUNNING DOWN YOUR THIGHS, SLIPPING DEEP INTO YOU MAKING YOU SO HOT AND WET. Now, can YOU feel that pleasure just building, pulsing and throbbing all through your body? Can you IMAGINE THAT FEELING, can you FEEL THAT RIGHT NOW? (squeeze her hands - plant an anchor) Can you SEE ALL THOSE IMAGES OF GOOD LOVING, big and bright, really turning you on?"

Note: This might be all that it takes - just fire off the anchor and get in there - or if you feel you need more:

"Well that really got me so turned on. Now I feel that the experience of someone starting to FEEL UNBELIVABLY TURNED ON has a structure and a sequence to it. Like for some people, first they REALLY FEEL THOSE FEELINGS (fire anchor) and then they start to SEE THOSE INCREDIBLE IMAGES. And other people SEE THOSE IMAGES OF BURNING SEX first, and then they GET THOSE TURNED ON FEELINGS. I mean, when I SEE THOSE IMAGES, mine are moving. Are your images moving or still images?"

(Her: xxx)

"Right. I've found that the image and feelings sometimes bleed together... so as the IMAGES GET BRIGHTER AND BIGGER the FEELINGS can REALLY INTENSIFY, so they're just radiating and pulsing all through your body, and that MAKES THE PICTURES BIGGER, which MAKES THE FEELING MORE INTENSE, till you can sometimes just LOSE CONTROL COMPLETELEY and GO WILD WITH DESIRE!!!"

53 Incredible Connection

53.1 Pattern 1

Also an important note, why patterns might not work on some women.

This is the most classic and legendary of SS patterns. Partly because it is one of the oldest and partly because it is the most appropriate to use as your first pattern after having had some fluff talk with the girl you just met.

A very important note on the IC pattern (and even patterning in general) - there are women that are NOT into the feelings/connections stuff at all. So what's wrong with them? Nothing, they are just into SEX and getting down with you! Yes, believe it or not, there are women like that, just waiting to be discovered. Of course, they are a minority, otherwise you wouldn't be reading all this:) But they do exist and it is important to notice them in time and not to keep them waiting while you're busy delivering your patterns and trying to make her feel wonderful etc. You could just be shutting her down. So although they are a rarity and an exception, keep your eyes open because you never know when you just might find a gem like that:)

In the words of Ross Jeffries (Ross Jeffries): "Not all women will respond to "connection" patterns. Some women who are already emotionally occupied, but sexually bored, or shut down emotionally, but open sexually or just don't believe relationships are possible will still be very receptive to a "body sensation" approach." This actually means, that she won't be much moved by your descriptions of "emotional connections" but will be enthralled, once you include feelings of bodily sensations in you patterns. But most probably they'd actually prefer to feel those bodily sensations instead of imagining them, and that is your cue to go Kino:) (See Kinesthetic for more information)

Nevertheless, the "incredible connection" theme has an almost universal appeal for women, se here's the pattern:

"In fact... just standing here... talking with you... I have an intuition... that when you connect with someone... someone you really like... someone you're really attracted to who makes you feel that click... right there... you know that sense of just feeling totally drawn... like you've known this person forever... like you were meant to know them.... a big part of it is that recognition that you can RELAX and laugh with this person... can you feel that (touch her and anchor the feeling)... is maybe how it works?"

From here you could for example transition to the Falling in Love pattern.

Update. Madman: "The IC pattern is NOT a good pattern to introduce as the first pattern after some initial fluff talk. You must have established some sort of a connection first with some other patterns and only THEN can you help her realize through using the IC pattern that "yes, that's exactly how I feel right now!". Using the IC pattern won't establish a connection by itself. So the way to do it is this:

- 1) Initial fluff talk to establish some faint rapport
- 2) Patterns and tonality to establish deeper rapport. Take your time, don't hurry, slow down the tempo of the conversation, watch your tonality. She'll be feeling a lot by now, but she is probably confused as to the nature of her feelings, so its time for step 3.
- 3) IC pattern (or a modification of it) to help her realize that an incredible connection with YOU is exactly what she is feeling at the moment:)"

See also:

Kinaesthetics

Falling in Love pattern

53.2 Pattern 2

Remember, this pattern will make HER feel an incredible connection with YOU. ASF:

"I recently just got out of a long relationship. I guess I'm not your average guy. I mean for me... I have to develop a mental relationship with someone before anything more will happen. I really have to "Connect" with someone first... I mean.... Have you ever been talking to someone and noticed that everything around you seemed to fade away? ...and as you listened more and more you began to focus more and more of your attention on him. Do you remember how that felt to truly start becoming attracted to someone? Maybe you remember feeling "butterflies" in your stomach? To become attracted to someone.... not only because of their physical appearance... but because of who they are... because as you listened to them, their true attitudes and beliefs became apparent to you. As you listened to what they had to say... you suddenly realized that this guy was truly unique. Finally, you had found your "MAN". Do you remember the last time this happened? Maybe, you felt a little scared or nervous at first because you were feeling such an incredible connection. Or maybe... you began to think about "What might happen in the near future?" How your heart would speed up as he began to move closer to you... How you would feel such an Amazing RUSH of energy as he held you tight in his arms... or how it would feel to have his lips Pressed against yours for the first time. Maybe the little girl inside you dreams about meeting a man like this at night... Maybe you think about what steps you would need to take to Hold On to this guy once you finally meet him? I mean... maybe it seems like I have gone off on a tangent here... but that is how I feel."

53.3 Pattern 3

Ross Jeffries:

"Did you ever . . . instantly know you were going to like and trust someone for a long, long time? (sp).

Like maybe even though you only knew them for a short while . . . it seemed like you had known them your whole life, as if there were this timeless connection between you and them (point from her to you).

I mean, you know that feeling of incredible bonding, when all barriers just drop away and melt and you just feel totally comfortable and at ease with them (sp).

And its like maybe you were even able to (And you might find that you are able to) imagine a time in the future, say years from now, still being incredibly connected to this person (sp) and looking back on today as having been the start of it?

I just think that's the neatest think when a person can . . . go inside and . . . instantly recognize all those qualities and values in that other person, that . . . lets that connection take place with someone (point) . . . with me, it usually takes a bit longer.

But when you really FEEL A CONNECTION WITH SOMEONE. You know that mysterious, timeless link that just makes you feel like you've known someone forever...like you were meant to know them...and it's almost like YOU'RE LOOKING RIGHT AT YOUR FUTURE...like YOUR FUTURE IS RIGHT IN FRONT OF YOU...when you FEEL THAT...it all starts out as an actual physical click... a tug that takes place right...(raise your hand over your head, point your index finger, and then SLOWLY bring it down straight down the middle of her face, without touching her until you get to her solar plexus, just below her breasts)..THERE!(touch her solar plexus) Can you FEEL THAT(squeeze her hand with your free hand) is maybe how that can happen...NOW...WITH ME...I just find that's such a great feeling...isn't it?

I think it's so funny how some people can just do that and let it happen instantaneously (snap) because for me it takes longer. But I do find that during the course of an evening (a conversation), as you really listen to someone (pt), and you start to recognize those values and qualities in them that you hold so dearly for yourself with me that's when you can make that connection and really feel that growing bond.

But what I find really interesting is .. what can happen is when you FEEL THAT CONNECTION, that warm, safe and comfortable feeling right there, then what can sometimes happen is a picture of this new person your connecting with will sneak itself right into that special location in YOUR MINE where one keeps a person they care deeply for, and that's how you know you're already starting to fall for this person. And sometimes during the course of the evening or maybe even during a simple conversation like this one you'll look up at that picture and as you continue to feel that attraction growing, its like that picture gets bigger and brighter. And that's how you know you really just want

to be with this person and you're really READY to be swept off your feet. NOW the funny thing is, when you have that kind of connection with a new person (sp), maybe as you're snuggling in the sheets about to fall asleep, again (pop) up comes that picture of this person in that special special place and also maybe at some time during the day like when you're stepping into the shower or you hear the sound of running water again it reminds you to see that picture so clearly in your mine."

53.4 Pattern 4

From David Shade's online seduction log:

"You want to feel trust for this person because you know you really like this person, so you take the time to build the trust. Building trust takes being honest with each other while at the same time being independent. You want to be with someone who is communicative and shares their feelings freely. And you want to get to the point where you can almost know what they are thinking, like you could finish their sentences. You so much want to know what this person is feeling, and you want them to know what you are feeling. And then you get to the point where you almost want this person to feel the same feelings you are feeling. That is when it is really special."

53.5 Pattern 5

Use this assuming that you've been talking to the girl about incredible connections before, but somehow things haven't yet quite turned out the way they should have:) But seriously, there are girls, for whom the patterns have a delayed effect, in which case this follow-up is just perfect for helping her realise what she feels and wants the next time you meet.

Ross Jeffries:

"You know the other day we were talking about how sometimes one can suddenly find themselves feeling really connected to someone.

Me, it happens rarely but when IT IS HAPPENING, I often find I wasn't aware of it until afterwards and you realize it was the start of something amazing. Something you'll always cherish for the rest of your life.

I mean sometimes a person can just be looking at someone and suddenly for whatever mysterious reason, feel a connection so powerfully taking place, a connection that just lets you know that this person is going to be really special in your life where you find yourself so easily imaging being with this person in that special way two people can be together who feel that growing attraction, but then sometimes you don't even NOTICE AND FEEL ITS TAKEN PLACE .. NOW WITH ME I find though that later when you LOOK BACK ON THE WONDERFUL, DELIGHTFUL THINGS THAT TOOK PLACE and suddenly you realize how ENCHANTED YOU FIND YOURSELF FEELING HMMMMM, its like you FALL UNDER A SPELL and you FEEL SWEEPED OFF YOUR FEET and you loose your sense of time and space NOW, as if your ENTIRE

WORLD IS THIS PERSON (IN FRONT OF YOU), like you're LOOKING/listening to your FUTURE as you just continue to LISTEN SO CAREFULLY.

And I think you may not FEEL THAT CONNECTION INSTANTEOUSLY, but even over short conversation like this one ... a person can find themselves starting to naturally realize that this person is someone who totally meets their criteria for someone you want to spend time with in that special way. In a way that makes you feel mmmm you know what I mean.

And you RECOGNIZE WITHOUT EVEN THINKING ABOUT IT that you really are looking forward to spending more time with this person and the more you allow yourself to feel this the more you begin to think of other things (point to your dick) that can be so delightful. And you begin to feel so safe and uninhibited so that you know its OK to just let yourself go and imagine having your fantasies really come true .. NOW WITH me thats how I sometimes SEE IT THAT WAY."

53.6 Pattern 6

Ross Jeffries:

"Can I ask you a question, I know this may sound funny but, have you ever felt absolutely comfortable and at ease talking with someone (you just met)? I mean, when . . that's happening, its like this (powerful, loving) connection is taking place between you and them (sp). And maybe you were even able to... imagine a time in the future, say years from now, still feeling that sense of connection and looking back on today as having been the start of it. And you might find you feel such a strong attraction that you aren't even aware of what you are doing since your mine doesn't want you to know what your body is doing until afterwards, and you can reflect on how wonderful and pleasurable the experience is and you are so glad you didn't miss out on anything."

53.7 Pattern 7

Ross Jeffries:

"Let me ask you a question. Have you ever been totally fascinated with someone? Like maybe as you were there, looking at him, and you started to listen carefully, it was like his voice just seemed to wrap itself around you, to the point where the rest of you environment just disappeared, and you entire world, everything you saw, became what was right in front of you? And anything he described, you found that you could just picture it clearly? So you know, if he were to talk about a romantic walk, on a moonlit beach, with your perfect partner, you could just see yourself there with him, just enjoying that, that's what it would be like"

53.8 Pattern 8

Ross Jeffries:

"Did you ever instantly know you were going to like and trust someone for a long, long time? Maybe you only knew them for a short while but it seemed that you had known them your whole life, as if there was a timeless connection between you and them?

I'm wondering as you are listen so carefully, if you can remember the feeling of that, and just how wonderful it was because sometimes life has a way of making us remember those things, right prior to discovering that we can experience those feelings again with someone.

Me well, I don't think that kind of thing can be forced. No essay or words or can allow that to happen, but you just begin to recognize now how much you want to be with someone who is so good for you. Words and appearances are only expressions, the vehicles that contain the essence that moves us. It can only happen naturally as the expression of an energy between two people, but when it does, you just know that feeling of incredible bonding, when all barriers melt and drop away, and two people come together, fused into one spiritual essence, mingling energies, building and increasing and intensifying, mingling into an expression of aliveness that words can initiate but never capture fully.

It has to be indulged inside your imagination, dwelled on, and toyed with, deep, deep inside you. Speaking to you as a person who can experience that kind of connection, just how much can you look forward to enjoying that with someone who moves you in that way? As you remember what that would be like, and find those possibilities opening before you, in such a way that anything else blurs into insignificance, how powerfully will you feel that urge to be with someone in that special way and find out more about this person who has so moved you, with just words? As you might BEGIN TO RECOGNIZE NOW you want to meet with me, realize I can be reached at [...]."

53.9 Pattern 9

Ross Jeffries:

"What's it like when you're so attracted to the sound of a man's voice, that whenever you find yourself really listening, its like the warmth of that voice just starts to wrap itself around you, and spreads all through you, maybe to the point where you find yourself thinking about being with him in a mmmmmmm special way, in a way that would make you both feel mmmmmmm you know? You hear their voice in your mind maybe when you're falling asleep you get that feeling on the inside and you feel warm all over. So much so that as those pictures in your mind get bigger, and brighter and more intense, and those feelings mm intensify you could just experience an overwhelming desire, a desire to be with him to the point where you just had to be with him in that special way (pick up the phone, and invite him over)"

53.10 Pattern 10

Remind her of all her feelings she has always wanted to share and what a wonderful experience it is to find someone to share all those feelings with. Not specifically an IC pattern, but related nevertheless, as you are creating a feeling in her of being so completely understood.

Ross Jeffries:

"Do you remember when you were a little child and you went to bed expecting tomorrow to be a rainy stormy day? But you woke up the next morning and to your delight and surprise, you looked out to see a brightly shining sun, and not a cloud in the sky? And you realized, "Hey...this day is MINE to make happen?" Imagine sharing those feelings everyday with someone who truly understands, along with the passions only adults can create and share."

53.11 Pattern 11

Incredible connection via greeting card or e-mail. Jonathan Ness, mindlist:

"Isn't it crazy (soften...soften...) how you meet somebody and you just feel an instantaneous connection... With me, it's like a click right in your stomach when you realize you're going to like and trust this person for a long time. That's how I felt ("You go first" principle...) when I met you at [where] [when]. I confess (girls LOVE confessions...), I have been thinking about you, wondering how much you have been thinking about me, too. (not "whether" but "how much"!). How surprised would you be to find yourself wishing you could spend some more time with me... Right now, I can see us over coffee laughing and having the best time. As you think about this more and more, I'm sure that you can feel a smile coming to your face, realizing how much fun we're going to have. Let's meet [where] [when] for lunch, around noon, so we can get to know each other better. Or, if Friday night would work better for you, give me a call at [number] and we'll arrange the details."

53.12 Pattern 12

Notice the tie-in with the Cialdani Reciprocation Principle. Kevin Kupal, mindlist:

"Have you ever felt an instantaneous connection with someone (point to self), a guy who just makes you FEEL THAT CLICK, right there (click in front of her chest). And when you do, I bet, that guy can just make you FEEL SO WARM AND WONDERFUL, DEEP INSIDE YOU... make you FEEL such a FANTASTIC DELIGHT, an INTENSE, DELICIOUS PLEASURE... inside YOUR

MINE... DEEP INSIDE YOU... just by being with him (point to self), just by looking at him (she's looking at you, dummy). Now, I WONDER how you WONDER how when you've found that guy (point to self), and FEEL ALL THE DELIGHT he gives you, how will you give back to him some of the delight that he makes you feel... how will you GIVE YOUR ALL to please and delight him (point to self), even just an inkling of the delight he gives to you? How good will you feel just by giving him back some of the incredible delight he gives you? When you feel that the more you please him, the more you exponentially please yourself?"

53.13 Pattern 13

You ever encounter something(point) where you knew instantaneously that you would think about it the rest of your life. That you would never be the same. That maybe you were even able to imagine yourself five years in the future, just feeling that sense of absolute wonder that you were lucky enough to meet that person (point) and looking back on today as having been the start of it. And you just went inside and took a deep breath and aaahhh sighed that sigh a deep satisfaction knowing you were on the road to something wonderful. You might find that as you find yourself pondering so deeply in your mine that this person is the one you really want to be with now the more you do that the more you find yourself just letting go and really enjoy the feeling of love you are feeling. Its a feeling you get right in that very center part of you right there.

53.14 Pattern 14

I have an intuition about you (I know something about you). When you really FEEL THAT CONNECTION WITH SOMEONE. You know that mysterious, timeless link that just makes you feel like you've known someone forever ... like you were meant to know them ... and it's almost like YOU'RE LOOKING RIGHT AT YOUR FUTURE .. like YOUR FUTURE IS RIGHT IN FRONT OF YOU ... when you FEEL THAT .. it all starts out as an actually physical click ... a tug that takes place right THERE (Slowly bring your hand down and touch her in the solar plexus). Can you FEEL THAT (squeeze her hand with your free hand) is maybe how that can happen.. NOW ... WITH ME .. I just find that's such a great feeling. What I find really interesting is .. what can happen is when you FEEL THAT CONNECTION, that warm, safe and comfortable feeling right there, then what can sometimes happen is a picture of this new person your connecting with will sneak itself right into that special location (assuming you know the location OR into that special location in YOUR MINE where one keeps a person they care deeply for) and that's how you know you're already starting to fall for this person. And sometimes during the course of the evening or maybe even during a simple conversation like this one you'll look up at that picture and as you continue to feel that attraction growing, its like that picture gets bigger and brighter. You know and that's how you know you really just want to be with this person. NOW, you're really READY to be swept off your feet. NOW the funny thing is, when you have that kind of connection with a new person (pt) maybe as you're snuggling in the sheets about to fall asleep again (pop) up comes that picture of this person in that special special place and also maybe at some time during the day like when you're stepping into the shower or you hear the sound of running water again it reminds you to see that picture so clearly and you mine _____ are you not ... interested in this.

53.15 Pattern 15

[fluff][pace][ideal vaction][connection pattern].

Its funny because that reminds me of what my friend Kim told me the other day, she said that the second you make eye contact with someone, you automatically decide weather you like someone or not. Its almost like you don't have any control over the way your mind works. Once you actually decide if you like someone, you listen to them with different ears and you like what they say. And you know what ? Once she told me this I realised that is so true. Like me, I remember when I met this woman a few weeks back and all of a sudden we felt connected, it couldn't have been anything she said or what she possessed because I had only talked to her for a few minutes. I knew whatever she said I would listen very closely to. I think it boils down to instinct...

53.16 Pattern 16

You: Excuse me, I saw you here and I just wanted to ask. Do beautiful women find friendly and funny men (sp/self-point) attractive or _very attractive?

(Only if she says with a bad attitude - "show me a friendly or funny man". You could say, "Well I really wanted to ask a beautiful women, but I thought you would do anyway. Guess you really don't know how a beautiful girl recognizes a friendly and funny man, Did you? You might want to ask them how when you see one.) Got that out of my system. Now for the better response.

For pretty much any response including the bad attitude one above you can respond:

I'm glad you said that. Because I wanted to find out if you had more going for you than just your looks. My friend (Kim, Sally, Betty, etc.) said that with really beautiful women, it's magical when they, _go inside deeply, _they suddenly realize their deepest need and desire is they _want someone to really understand them (sp). To the point where you can start to _become obsessed. WITH ME, I think that's fascinating. She said the reason is because friendly and funny men make _you feel safe and _listen and _you connect with them so easy (sp). Like that! (Snap your finger.)

So much so that you can _focus in, _open up and _feel completely understood. This must _feel incredibly wonderful. NOW, (sp) she also said when beautiful women _find someone who really understands and _you really want to please (sp), she said, "they _want to make passionate love (have great sex). WITH ME, I'm curious is this because _you want to give yourself or do you _feel complete by sharing that understanding? NOW WITH ME, I think you could _imagine at time in your future say years from now still feeling an incredible connection and looking back on a time like now as having been the start of it. Because doesn't it _feel wonderful to find at least one person who completely understands you? (sp)

54 Locket

You know those little lockets that women use to store momentos(?sp)... they have pictures, they have locks of hair... whatever. You have to

understand that what we've been doing together is over, it's going away, because you know.. What you can do, if you were to just stop, and think right now, about all of the things we've shared, how it feels. What we've said, how we looked in each others eyes. All of the tremendous meaning we've shared together, and how much we wanted that, how much we enjoyed that... Its like if you were to take the essence of all those wonderful experiences and just hold them in your hand, it's like you could take them and put them in a locket. And you could take that locket, and just snap it shut, it's something that could be preserved in time forever. And if you take that locket now, and put it deep inside, in that secret place deep down near the essence of who you really are. Then you may find that with every heart beat, with every breath you take, with every thought that you make, that you're taking a little bit of energy from those memories. And they stay alive forever, and maybe when your feeling sad, your feeling down, days when your feeling alone, things really aren't working out for you, you can take those memories out again and you can share them and relive them and remember.

55 Long Distance Relationship

Set-up: Establish rapport, making her laugh at least once, and perhaps do the "Incredible Connection" and "Relationships are like Television" Patterns

Pattern:

I have this friend, named Rachel, and she's in a rather... interesting relationship. You see, Rachel lives here, but he lives in Chicago. And they've been having this long distance relationship for about a year now, and are very satisfied with it. At first I thought, "No way Rachel and that guy will last more than a few months, they only see each other for a couple of days a month, sometimes every other month." But the way Rachel explained it to me, it really makes sense! Rachel told me, "Imagine the convenience of being with THIS PERSON (s.p.), do all the things you really want to enjoy, having an incredible romance, yet still having your breathing room." Rachel said, "You don't have to alter your free time beyond a day or two every month or so, which will give you the time to work on other things, without needing an excuse when you want a break for whatever reason. This way, neither person feels neglected." And what really made sense is when Rachel said, "By only seeing each other every once in awhile, instead of daily, or even weekly, makes the time we'll share (motion back and forth) together more special, and fulfilling, and won't be taken for granted." (Laugh) Rachel also said, "By the time we see each other again, the meeting will be so highly energizing, that the sex... will be... amazing." With me, looking at it that way, it makes some great sense. Because every time a get-together occurs, it'll be like you're enjoying a holiday. Can you THINK BACK to when you were a little girl, and you really looked forward to your favorite Holiday? As the time got closer, you got more excited, and began to PICTURE INSIDE YOUR MIND all the things you want to do when this Holiday arrives. And on that special day, you began to GET VERY EXCITED. Because now this (s.p.) Holiday has arrived, and you're going to enjoy all those things you've really looked forward to. You're going to do all those things you've been imagining. Mmm, how does that (anchor) feel? (Let her answer)
Looking at it that way, can you (anchor again) FEEL THAT to be an enjoyable experience?

56 Lovers Ring

Your ring reminds me of a story I read a while back. It was set in the 1600's, and it was about a warrior who gave his true love a ring. But not just any ring, this was a ring he had made himself, for his true love. He wanted her to have a symbol of their love, a tangible reminder of him when they were apart. The ring was made of fine silver (Or gold, or copper, if that's what kind of ring the HB has on) and it had a beautiful colored stone set in the ring. The warrior worked on this ring ever day, for seven days, until it was exactly the way he wanted it to be for her. Every tap of the hammer (tap the ring) was like pounding his passion for her deep inside. And every rub of the polishing rag (rub her fingers) was like a loving caress upon her soft skin. And he did this... until every (run finger UP her index finger)... single (middle finger)... feature (index finger) ... was perfect (hold and rub ring finger a few seconds) Upon giving it to his true love, he said, "Look upon this ring when I am not near, and think of only me. And know that a part of me is always with you."

Then one day the warrior left for battle. He was pleased that he had finished the ring in time, and that his true love wore it always. And every night, she would look upon this ring (touch ring) and think of this man (s.p.) who has touched her heart. And every night, while the warrior was away, his true love would look at the ring-give it a gentle kiss... and know... that somehow... her lover felt that kiss. And the most amazing thing about this story, is that it's not a fairy tale, it actually happened. And I don't know if you can FEEL THAT (tap anchor) to be true, and accept that such things can happen. I just think it's a wonderful feeling to know that something as small as a ring (touch ring) can connect two people so deeply (motion back and forth) and in such a big way.

(Then go right into the "Soul Jewelry" Pattern)

57 Love vs. Attraction (Incomplete)

You see the thing, that I find so interesting, is how things happen in the mind, and how everything that happens, happens in a certain pattern, in a certain sequence, and when you understand those patterns, you just can experience so much more pleasure, you know avoid a lot of suffering, lot of pain. For example, did you ever think about the difference between attraction, and Love.

- Have you ever thought about the difference between attraction and being in love?

- What do you mean?

- Well actually I think they take place in different settings. I mean attraction is what you experience when you are in the presence of that person, (point) and you are looking at them, and you maybe think to yourself... (pause) thoughts, images and you know what that feels like, right?

- Sure.

- But falling in love, well I think you do that when you are not even in that person's presence. I mean, can you remember a time when you just totally fell for someone?

-Yeah.

-And as you sit there looking at me, thinking about what I'm saying, you can remember what it felt like, right?

-Sure.

-Yeah, but here's how it happened. You spent some time with that person (point) and then you went home, and you picture that person in your mind (draw a frame around your face)

-Yes

-And then maybe you start to list all the qualities about him you really like: He is so smart, he is so funny, he is so fun to be with, whatever they were, whatever the things are you really want and enjoy that in someone (point), right?

- Yeah

- And then you get that feeling, right in the pit of your stomach, right in your solar plexus, that just starts to spread out and let you know you really, really love this person? (point) I mean, can you feel that as I describe it to you?

- Oh yeah.

- And then, here's the kicker... you start saying his name out loud. You start bringing it up in conversations with your friends, and maybe even you dance around the house, singing it if you are a real goof? Right?

- Totally.

- See. I think everything including falling in love is a process. And when you do that process with someone, (point to yourself) and really let it happen, that's when the magic takes over, the magic we're really all looking for. Of course sometimes that can take months, but the real magic is when it happens instantly and you know it right away. That's an incredible feeling, isn't it?

58 Maps of the World

Tells you about the Identity, Capabilities, Possibilities and Deservingness of the person. Also look for the personal trance words.

I know that everyone asks what you do, and its not that I'm not interested in that, I just find I learn a lot more about a person when I ask them what their challenges are with what they do. So if I were to ask to you what's the one aspect of what you do that that is a challenge either because you have to focus in to do it well, or you have to focus in to motivate yourself to do it, what would that be.

59 Mental Screen

NightShadow, mindlist:

NS (NightShadow): Remember where on your mental screen you saw those images of you and your old flame?

DB (Defenseless Babe): Yes

NS: Now, on that same screen recall a time you felt the most incredible sensation that you have EVER experienced (first orgasm is almost always the response). Picture it and open your eyes when you feel it the most intensely (this gets her to see your face RIGHT AFTER those feelings. Ross prefers to have someone wag their finger and you anchor it like that.) Open your mine to me and allow the sound of my voice to PENETRATE your thoughts.

DB:(opens eyes)

NS: What did you see?

DB: BLAH BLAH BLAH

NS: Awesome, ok, Nude-Erection (new direction, one of my favs). After you felt that great feeling and opened your eyes and saw me, where you still excited?

DB: well, yeah

NS: Do I make you feel good? Thats ALL MY GOAL IS to do with you is make you feel good (who can see what I am doing here?). So whenever you need to feel good just imagine MY WORDS THAT I linked to your feelings and picture those feelings and my face on your mental screen

60 Meeting the Perfect Man

"You know I think that everyone with a head on their shoulders has got to have some idea of what they're looking for in a relationship.

Maybe you've met guys in the past where you come home from the date or get off the phone and you're saying 'Well he seems to have a lot of this, but I don't know if he's got enough of that' or 'Yeah he has a lot of what I look for but there's just this one thing about him I don't like', and while it might seem natural to evaluate someone like that sometimes, I never do it - at least not with someone I'm really interested in.

Haven't you ever met a guy who you were just so attracted to everything about him (confusing on purpose), you could just feel how he satisfied all of your values, and afterwards you weren't picking him apart with all those questions, you were just imagining everything that would happen the next time you were with him? - A guy where you knew he had something to offer and you would do whatever to be sure it was offered - to you?

(If Yes, find out what that was like & incorporate it. If no just go on).

You see that's the kind of person I'm looking for - It's like, what if you maybe started off meeting this person and you still had that ruler handy, that one you use in your mine to measure guys, ready to measure if he had enough of this or that, but then, as you talked to him longer and as the time passed you were just having so much fun, it's as if you just started instead to pay attention to those gut intuitions that just said overwhelmingly 'You want this guy, you want this guy, you want him bad!'

And instead of wasting your attention on measuring, you just felt that growing compulsion building, and now it's just like all those values you look for just blend together and you see right then that he had what you really value, and you stop your measuring because this guy's longer (sp) than your ruler (sexual innuendo)!

With me, that's the kind of excitement I look for in a relationship and when the excitement is there, that's when you feel absolutely compelled to just go for it now (dickpoint)."

61 Music

Have you ever noticed how with certain music there's a resonance? A pitch or richness that causes you to FEEL A VIBRATION DEEP INSIDE. I think a voice can just ALLOW YOUR WHOLE BODY TO HUM. (say hum with all the resonance your little neurology can muster, make it HUMMMMMMMMM,

like a women right on the verge at the end) NOW, I've BECOME FASCINATED my music with a strong rhythm. I find when you can easily SHARE THAT RHYTHM with someone, WITH ME I think that's a great feeling, like when your dancing with someone, and YOU'RE IN SYNCH WITH THAT PERSON (point to self) it can cause you to EXPERIENCE THAT RHYTHM EVEN DEEPER, ALL THE WAY DOWN INSIDE. Naturally, as your bodies rock together, like to a drum beat, the rhythms get stronger, COMING TOGETHER to an even higher energy. Can you FEEL THAT can cause you to EXPERIENCE A STRONG BOND with that person, NOW, WITH ME, that's what music is all about.

A note, a musician friend of mine told me that she finds that women and men respond to rhythm differently. Men respond on the down beat, women on the up. I don't know if this is true, but it sure does sound interesting. Also, if, when using the above pattern, you first pace the woman's rhythm and then make a strong rhythm and make sure that it's marked out with the rhythm of your words, maybe even with your tapping foot of finger and breathing, she'll follow you into some heavy breathing stuff! Make sure to anchor the FEEL THAT with a touch,

62 Negation

63 Natural Woman

"Do you think most men know what women really want?"

Of course, she'll just laugh.

"I think most men might THINK they know, but I think almost every man makes one, huge, critical mistake when it comes to women..."

(Now THAT should get them intrigued.)

"The mistake is that they don't recognize that in each woman there are actually TWO women... the natural woman and the culturally programmed woman. The culturally programmed woman is the one with all the rules and all the roles... all the restrictions, constrictions... all the shouldn'ts, shoulds, don'ts, can'ts, mustn'ts...etc.

But the natural woman....that's the woman right there at the core... where you keep your most exciting memories... where you ponder fantasies... daydreams... amazing possibilities... the things you'd do if no one were watching and no one... even your best friends... would ever, ever know about...

Most men just do things that trigger the culturally programmed woman... But when a man... a rare man... can touch a woman in that special place in all those special ways you LONG to be touched... in ways you maybe even can't admit to yourself... then WOW... an almost complete transformation takes place... and you start blossoming way beyond what you ever even thought possible.

So I think the smart man is the man who has the realization that that place is there... waiting and longing... even inspite the fact that women often have to lock all of that away... and yet they are still there..."

64 News Letter Blend

I was reading this article that was talking about the difference in the way men and women fall in love. And it was saying that men usually feel an attraction right away but women by contrast usually feel a connection and then BECOME VERY ATTRACTED. I mean you know that kind of special connection you sometimes feel ... that mysterious compelling click that takes place right there (right in the center part of you).... where you really feel so warm, safe and comfortable and it just lets you know this person is going to be so right for you in so many ways and you just slide into that sense of having known them for ever as if it was meant to happen (as if you've always known them) maybe to the point where you picture this person so big and bright in that special place in your mind (you don't even know why you just have to go deep inside and find all those values that are so important to you and you just naturally link them up with this person such that you find yourself beginning to look through the eyes of attraction ... cause I find when you look through the eyes of attraction, look through the eyes of desire, that's when you can make that connection and really feel that growing bond growing more and more as you begin to imagine being with this person, in that special way that two people can feel so wonderful. And as you feel that passion growing more and more maybe to a point where you feel yourself just letting go completely as you allow this person to come deep inside releasing all those feelings that have been building and building up inside you just want to release them in a flood and I find when you do that now with me I find you just feel so enchanted like you are now under a love spell cast upon you such that you can't control yourself and just find yourself going wild with it feeling a powerful desire for this person where you feel so warm inside and ready for them to come deep inside you, that you imagine mmmm how wonderful it will feel you and me together.

So this article was saying, that when it's really special that's when you can just stop and imagine a time in the future, say years from now still feeling that growing attraction and looking back on this moment as being the inevitable start of it

You know I was telling my friend about this, and she was saying, when she really starts to feel that connection and grow even more attracted, she begins to pay attention in a special way. First, she becomes aware of the rhythm of her breathing the beating of her heart ... and that sense of growing fascination such that as she continues to BECOME aware of all this, one particular feature of this guy's face begins to capture her attention so as she continues to keep looking it's like the rest of the environment disappears and the entire world becomes this face .. this voice that just wraps itself around her like a pair of powerful but gentle arms .. pulling her in ... deeper ... just allowing that warmth to spread all through her such that you open yourself up completely and allow this person to come inside you so deep releasing all those feelings that have been building and building and building you just want to release those feelings in a flood. I find when I HAVE those responses .. it's like you just let yourself go completely ... and go wild with it ... now that's how I see it so clearly. Now what really fascinates me about all this is not just how people connect so powerfully .. but how people connect with their own needs and wants and desires .. like think about the difference between compulsion and anticipation.

65 New Technologies

I was reading the most interesting article the other day, on our attractions... with new technologies- Like computers for example, the Internet specifically. The article said, that the Internet provides you with everything you need now. Whatever you find yourself desiring, is accessible through the Internet. Like vacations. Suppose you want an exciting experience, you want this amazing adventure (touch palm to chest) to be yours. Now, the opportunity to have this comes in a way you really enjoy. Instead of having to search many different places, to find exactly what you want, exactly the way you want it, you have the luxury of finding it all in one place. With me (point to myself), no question, it's an incredible time saver. Because why should you have to waste your valuable time, weeding through all the choices out there, just to settle for something that ultimately isn't what you thought it was? But through the Internet, you can just relax, and know that you're not going to leave this spot, until you finally find something here that satisfies your desires. The article posed the question, "Can you imagine how less satisfying your life would be, if you never had this?" Then I anchor it with, "Can you feel that to be true for you?"

66 Online Profile

Warning: Reading Contents May Arouse Intense Curiosity And Fascination.

Just Words On A Page?

Did you ever instantly know you were going to like and trust someone for a long, long time?

Maybe you only knew them for a short while but it seemed that you had known them your whole life, as if there were a timeless connection between you. As you read these words and remember those amazing feelings, it's good to know that sometimes life has a way of making us remember those things, right prior to discovering that we can experience those feelings again...

With me...in my experience, it's the kind of thing that can't be forced and no essay or words can create it. Words and appearances are only expressions, the vehicles that contain the essence that moves us. It can only happen naturally as the expression of an energy between two people, but when it does...it's just like that feeling of incredible bonding, when all the barriers melt and drop way, and two people come together, fused into one spiritual essence, the mingling of energies feeding one to the other, building and increasing and intensifying, mingling into an expression of aliveness that words can initiate but never capture fully. It has instead to be indulged inside your own imagination...dwelled on, contemplated, experienced, deep, deep inside you.

I do not know if you are the kind of person that can imagine enjoying that that kind connection, with someone wonderful who deeply moves you. But if you could envision the possibility and feel it opening now before you, drawing you irresistibly forward, how powerfully could you feel that urge to read on and learn more?

If these words have moved you...

Then perhaps you are the special, imaginative, fun-loving woman for me and perhaps we are already on the way to being able to meet and feel a special connection; a connection based not just on getting what you want, but moving beyond what you want into what could deeply fulfill you.

Me...I am open to that special, adventurous, athletic , in-shape woman who can show me she has a sense of purpose to her life and a sense of humor and play to her soul. A woman, not a girl, who is open to new learning, indeed even thirsts for it, but also has her own mind. A woman who longs to share with someone special; someone who will be her friend and lover, partner and adventurer, who will make each day together seem like the first and each moment together filled with that sense of a timeless and indescribable connection.

Do You Remember??

Do you remember when you were a little child and you went to bed expecting tomorrow to be a rainy stormy day? But you woke up the next morning and to your delight and surprise, you looked out to see a brightly shining sun, and not a cloud in the sky? And you realized, "Hey...this day is MINE to make happen?" Imagine sharing those feelings everyday with someone who truly understands, along with the passions only adults can create and share.

More About Me...

I'm 6 foot 2, athletic/slender, dark hair, dark eyes and I am very pre-occupied with stimulating and intelligent conversation; while I love travel I believe the greatest adventure is to explore one's passions. I define true passion as not just lust in the moment...it's not even when you are touched so deeply that you find you give all that you have. It's when you are touched so deeply you find things coming forth from you that you never even knew or imagined could be there. Can you feel that.....would be an amazing thing to experience with someone?

ME: I'm not a doctor or attorney but quite successful self-made entrepreneur involved in the human potential movement, so you'll learn lots from me about spirit and mind as well as body! I must be with someone adventurous who LOVES to learn new things and is longing for an amazing new direction. Someone who can decide on her own what SHE uniquely finds desirable, magnetizing and attractive based on her own deep feelings and needs. Not because society would approve. Not because her friends would validate it. Not even because it is what she is used to or expecting or based on seeing her "type" or what is "typical", because maybe what is typical hasn't really made you very happy in the past. But because she is ready...truly ready..for something beyond what she really even thought could be possible. Because maybe feeling that amazing opening is the link between the girl inside the woman, and the woman inside the girl.

What I Like... I'm strongly into touching, and intense kissing(electricity)...that first, soft brush of the lips so soft you're not even sure you're kissing yet, and it's as if all the passion..all the fire that will be experienced in the relationship is enfolded in that one, first, soft, special kiss, just waiting to be explored and made real. It's that moment where time stands still and

yet in that one moment, there is an eternity of experience to be explored. It makes your knees weak and your heart soar and every part of you comes...alive...awakened...ready for whatever will come next.

It's That Moment

It's that moment when you just stop...and look deep inside yourself and you are able to push aside all the rules and restrictions that hold you back...you find that you are free to look at your own desires with eyes unclouded by the fears of others. You can look deep inside and see that special place where you keep all your secrets. Inside is what you desire. You can see your desires and when you see your desires, you know that what you want is right there waiting for you to act on your desire. Now, with me...that's quite a powerful thing. When you see your desires clearly, maybe for the first time, the excitement and longing you feel is very strong. The excitement of knowing you can fulfill these desires and the longing of wanting to share that experience with someone who so understands how you feel.

More For You...

I am willing and able to learn from you just as I am willing and able to teach you many new things. Moving forward together in life, longing for this amazing new direction. Feeling totally excited with permission to not only be who you are, but to totally explore and accept the person who is even NOW emerging.

So if perhaps you are this woman, 21-39, with a touch of poetry in her soul (and a bit of a naughty mind), then maybe you can feel surprised at how much you'd like to meet and learn more. Please understand that looks are not enough; I truly seek a person with a good, strong philosophy of life, a high-self esteem, a sense of fun and adventure, a love of life and learning and a great imagination(so very important!). Please also have a good sense of humor and play, and a love of all things sensual(if your skill with your lips matches your luck with your looks then maybe we already have something amazing in common!)

Does This Sound Too Good To Be True?

Sometimes in life, we get hurt and let our disappointments or past experiences block us from holding out hope...hope that real love with real people can be possible. But behind all that...behind all the cynicism and hurt...the let-downs and the "not quites" is the part and the person who believes. The one who believes in love and being loved for who you are. As you listen to the message that one is telling you right here, right now...NOW what do you feel just might be possible, if you reach out and make this yours?

Here Is Your Next Step To Take...

Got pics? Well...you show me yours, I'll show you mine". No pics? Then don't ask! I don't mind younger women(21+) and have dated/enjoyed a few, but you younger gals, don't write me if you can't sustain the excitement; thrilled to be your teacher but not looking to be a babysitter! So my preference is 27-39, please! (If you're hot and flowing with life, a few years older won't matter either!) Piqued your

interest? Good! How strong can you feel that building before you
RESPOND AND EMAIL ME at paul@introme.com

Of course, you don't have to email me right away; you might want to take a few minutes to feel the excitement and anticipation or even read this page over a few times before you email me. Then you can look back on it and enjoy the satisfaction you feel as you look forward to receiving my reply!

67 Opportunity

You seem very stable to me and smart .. like you know your mine. I think intelligence is vitally important in a women .. and I can tell, no one can pull the wool over your eyes and from what I see so far, you know your mine. You ever hear that statement that there is no such thing as luck but preparation for opportunity. I find that when a person has really got it together and is properly prepared then when opportunity is right in front of you now with me I know for me its important for a person to go for it you know and you know you should when you feel really connected with this opportunity. Because you want to experience the best you can feel ... to feel those great feelings mmm deep down inside. Like sometimes you might find yourself mesmerized while looking at an opportunity and you realize you are staring at your future and you may begin to wonder that this is what you've been looking for ... searching for your whole life. That thing (pt down) that will bring you the ultimate pleasure you may have been denying yourself but knew you could achieve and can now achieve so that afterwards when you feel totally wonderful you can look back on it all and be so confident you made the perfect decision to go for it and let it happen now to experience what you were born to feel deep inside you where you can let go completely of all inhibitions and restraints like all other previous perceived opportunities were only preparing you to feel so incredible and wonderful now with me I find when you feel that way so powerfully you are just mysteriously drawn to work on it and do it so good with the intensity you really want to give to it.

68 Personal Ad

Would you like to be with a man who really knows what to do, who's really there for you when you want him and yet knows how to give you the space you need. A man who is balanced in his emotions and physical needs and respects your dreams, passions and changing rythms. Can you recall a time when you might imagine the perfect love, someone who can touch you so deeply that just by the sound of their voice you begin to feel so warm all over. Sometimes a person might not know that that's what's taking place until afterwards and they're looking back on this moment as the most thrilling moment you'll cherish for the rest of your life. A moment you have been looking forward to, a moment that you now feel is the start of something you feel you must pursue and allow yourself the freedom to express yourself. Now I don't expect you to feel something I said has touched you in that way, don't have that response. Now, I only want you to know that if you are a nice, sweet, loving, attractive young women who really wants to be with someone who is gentle but strong, someone who truly understands you, who makes you feel like anything is possible in life .. then leave a short message with your phone number because I'd like to have a conversation with you. Goodbye.

69 Peak Experiences

Can you remember the last time you had a peak experience?

Like climbing a mountain . . or watching a beautiful sunset . . or listening to beautiful music or the first time you looked at someone (point) and recognized you really really love this person (point).

What was that like?

That's really interesting. You know, I find it so neat how YOUR MINE can be going in one direction, you know in an everyday ordinary state, and then SUDDENLY for whatever MYSTERIOUS reason, you just GO INTO A MUCH DIFFERENT STATE. . . a state where YOU MINE is so in touch with the MYSTERY and the WONDER and the beauty of life (point).

And sometimes it's like in YOUR MINE, you just SLOW TIME DOWN, and the whole world stops, as you just LET YOURSELF GO WITH THIS (point). Can you FEEL THAT is an incredible thing to experience WITH ME NOW I know that for a lot of people different things can trigger that.

You know its interesting how people connect. I think when you really connect with someone(point) its a click that starts right in there. I think when you really feel that click with someone (point) that's when you can create an opening. You don't even know why you have to go deep inside yourself and feel all those feelings. And I think its like you allow this person's presence to penetrate you thoughts and come inside you so deeply. And then its like that connection you felt just begins to move and really spread and maybe then that when a person can have certain ideas. And you know what really interests me is the difference between compulsions and anticipation.

69.1 Layguide Version

Ross Jeffries:

You: "Can you remember the last time you had a peak experience? Like climbing a mountain... or watching a beautiful sunset... or the first time you looked at someone (point to yourself, self-pointing, sp) and recognised YOU REALLY LOVE THIS PERSON (sp)."

Her: "Sure..."

You: "What was that like?"

Here you should shut up and let her describe it. Listen carefully as she will give away lots of trance words.

You: "That's really interesting. You know, I find it so neat how YOUR MINE can be going along in one direction, you know in an everyday ordinary state, and then SUDDENLY for whatever MYSTERIOUS reason, you just GO INTO A MUCH DIFFERENT STATE... a state where YOUR MINE is so in touch with the MYSTERY and the WONDER and the beauty of life (point to yourself, dumbshit!). And sometimes it's like in YOUR MINE, you just SLOW TIME DOWN, and the whole world stops, as you just LET YOURSELF GO WITH THIS (point to yourself). Can you FEEL THAT (reach out and touch

anchor) is an incredible thing to experience... WITH ME... NOW, I know that for a lot of people different things can trigger that."

Her: "God... yeah... I LOVE the way you talk... it's like your inside my soul."

You: "Well, thank you (whatever-your-name-was). And you know, for a lot of people falling in love, or an orgasm are peak experiences, but for me, it's music. Like, the other night I was listening to Mozart, and I don't know if you are familiar with him or not ("Moe who?" - at least that's what Arnold Schwarzenegger responded with in Last Action Hero:), but some of his stuff is just a series of short little musical segments... like little pecks on the cheek, and with some of his stuff those segments just GET LAID (whatever-your-name-was), from end to end, and keep getting repeated. But his really great stuff is composed of these long, slow, lingering movements... they're like long, slow, lingering kisses... long slow lingering caresses, and you just FEEL ALL OF THAT ALL OVER YOUR BODY when you LISTEN... TO ME... NOW... it's an incredible thing... you know."

Ross Jeffries: "This induces a pretty damn loosened up, altered state and you've already dropped in a few good sexual metaphors too. What's CRITICAL is you speak slowly, and make sure you anchor when you are getting the responses. Also...make sure your gestures match what you are talking about. Don't make short, choppy gestures if you are talking about long, slow, lingering, movements or you'll be dating your hand! Where could you go from here? Well, pretty much anywhere. You could transition to gathering info about her values by saying something like, "So... if you could just imagine your ideal, peak relationship... what are some of the things that would be important to you to be there?" Or you could move on to the blow job pattern or incredible connection or whatever."

As for Moe (sorry, Mozart:) - hey, these are just examples, insert something that has deep personal meaning for you and describe that instead.

70 Passion to Passion

This pattern will actually be constructed by her. All you have to do is to carry her description of a passion for something over to a passion for someone (and not forgetting to self-point while doing that:) and ask her, how would that feel.

By Kevin Kupal, mindlist:

"It works well because you'll be seducing her from her own side of the fence, using feelings that she already feels about something she's "passionate" about, as opposed to trying to install feelings from the outside.

I have field tested this and have come to one general conclusion: it works only in women who have a "passion" for something... be it mountainclimbing, biking, helping people etc. It fails with "boring" women... the types who say "I only stay at home and watch TV".

Here are the steps.

1. Find out if she has any activity she feels "passionate" about. Most likely, these may be her work, her hobby, extra-curricular activities (if still in school)... anything she would do even if she did it for free.

2. Ask her... what's important to you in doing (activity)? What do you feel when you go (activity)? C'mon, tell me what it feels like when you're there, actually doing (activity). At this point, I am actually putting her in an internal rep of actually doing that activity, and associating her into the states she feels while doing the activity. I'm eliciting feelings/criteria. You're basically looking for nominalized "feelings" such as "satisfaction" , fulfillment, love, challenge, "rush" etc.

3. Then, feedback these nominalized "feelings" and link these to you. I was just wondering...well...a funny thought occurred to me...what would it be like when you just find yourself feeling all those feelings you have for (activity) for another person (point to self)? Can you imagine what's it like if those feelings you have for (activity), you also feel for, let's say, your boyfriend (point to self) ?

Example

Me: I was just wondering, what do you really love doing? Name something that you would do that you find so engrossing that you'd do it, even if you were never paid to do it?

Her: Well... when I get some stacked up vacation leaves, I go mountain climbing with the local mountain climbing association.

Me : Oh...you like mountain climbing. I'm curious...what is it about mountain climbing that makes you love it? What do you feel when you're mountain climbing? What's it like when you're there now, mountain climbing?

Her: Well...uphill its very hard and steep...but once you get to the summit, you can feel the wind on your face...all that exhilaration...freedom...sense of accomplishment and just this feeling of fulfillment...those make the hike worth every step...

Me: (giggle a little)...A funny thought just came over me. I'm just wondering, what would it be like if you could feel all those feelings in another human being? I mean, what if you could just IMAGINE, having a boyfriend (point to self, subtly) who also makes you FEEL ALL THAT EXHILIRATION...that FREEDOM that sense of ACCOMPLISHMENT and deep FULFILLMENT. When YOU'VE FOUND THAT GUY, when the time comes that YOU'RE LOOKING AT HIM...feeling all those feelings...NOW what would it be like?

Her : Gee...I'd do him just as much as I do mountain climbing...and with equal passion...oh...I didn't mean it like I said it! (hahaha...Freudian slip!)

(yada yada)"

71 Personal Confession

This is a little <pause> hard for me <Name>, can I tell you something I don't usually tell people? Well, you know when you're with someone whom you FEEL REAL COMFORTABLE with? ME,...I....Its like when you start to talk about yourself with someone you trust <point to yourself> it just starts to feel like you're safe and can just talk about anything. Is it that way with you too?

72 Past Hurt

I know you feel lousy about being hurt (fucked over) by all these guys. And it hurts doesn't? But if you were to imagine a time in your future six months from now, where you had let all this pain go. And you were really ready. If you were to imagine you met me then, how do you think you'd now feel about having gone out with me. You may say, "but I don't know you well enough" or you could have the most oohhhh pleasurable time in your entire existence, something you'll look back on when you are 75 years old and go yeaaaaaaaaa or you can wait.

73 Pizza

You know, I had the most frustratingly wonderful experience yesterday. I noticed how frustration can turn into longing and craving and then to joy and sweet release all in a few minutes.

You ever go to order a pizza or something and they tell you "It'll BE THERE in 30 minutes.?" And what happens? All those cravings start to build up in you and all that desire just starts to LET LOOSE because YOU KNOW that soon, real soon you'r gonna GET WHAT YOU REALLY WANT. You're gonna SATISFY ALL THOSE DEEP LONGINGS that HAVE BEEN BUILDING, not for that same old stuff, but for...something new...something unique...something worth dialing for. And as you are waiting you begin to PICTURE THIS THING YOU WANT in your mind,... you can smell it, taste how good it's gonna be,... FEEL HOW GOOD it's gonna make you feel, so much so that YOU KNOW when a short time has passed if you don't get what you want ... YOU"LL BE UTTERLY CRAZED WITH DESIRE FOR IT. So anyway the time is passing and THE DESIRE IS THERE and those pictures are growing bigger and brighter and more intense and THE NEED INTENSIFIES ...you know how you get. and just at the point where the desire is at its peak...the doorbell rings..and you STOP and TAKE a sharp breath...and TELL YOURSELF "AH, it's here NOW." and you run and OPEN UP and right there in front of you HERE IT IS...what you really want, what you cannot at this point do without and you grab it and TAKE IT SOMEWHERE SPECIAL where you have it all to yourself. And IT IS GOOD...real goood...just like you knew it would be... better than you ever had...better than you could imagine...NOW can you feel that...is a wonderful experience.

In fact I became so crazed with desire that it felt like a compulsion...

74 Presuppositions

You know, when we go out, I don't know whether it will be an incredibly exciting adventure or just a wonderfully fun time, but it sure is going to feel good to laugh a lot, isn't it? When you think about it like that, are you aware of how much more it makes you really look forward to doing it?

75 Quotes

I found this letter on the lawn that my neighbor's daughter wrote. She is only 14 . . . and I read, "You really shouldn't think about going down on a guy as you talk to him (on the phone) and you shouldn't think about making love to a man passionately (who you hardly know: who you are casual friends with.)"

Some men are so crude. I can't believe what I saw this dude do the other night. He walked up to this girl sitting at the bar next to me and said to her "Imagine us totally making out and you getting so incredibly turned on by it. If you were to feel that right now, try not to think about having me eat your pussy all night long and getting really horny." I can't believe a guy would ask a women to think about that all night long.

You know, I have heard of guys being really crude towards women but you wouldn't believe what I saw last night. Well, I was sitting at this bar minding my own business when I saw this stranger walk up to this girl who was sitting next to me, look her right in the eye, and say "If I were to say to you that I'd like to eat your pussy alright long, would you get hot and horny or would you slap me and run away." Can you believe it! Did he really expect her to feel an incredibly lust inside, and enjoy imaging being made loved to all night long.

My neighbor Cheryl acted so weird to me the other day. Do you know what she asked me? . . . She goes "John, Imagine you and me totally making out." And I'm like, "Cheryl, your 10 years older than me. And she says "wait, see this through your own eyes. Imagine you and me really enjoying ourselves passionately making out" I said, "No Cheryl, this isn't going to work out. And she says, "NO NO NO, just imagine it for a moment, just imagine us making out and you getting so turned on." Did she really expect me enjoy thinking about that over and over again, to the point where you can't get it out of your mind. If she does that again, next time I think I'll play it right back to her. Like say something like "Tell me Cheryl, What's it feel like when you experience fantastic sex when you're with someone who, you know mmmmm really knows how.

My friend _____ always complains about the jerks she keeps going out with. So I ask her one day why she kept seeing them. And she said, "Do you know what its feel like when you are with someone who ooooo you know, really knows how". Let me ask you something, as you think about that, if you were to point to where those pictures were, where might you be pointing. I invite you to notice what happens as you make that picture bigger and brighter as you add in sounds that intensify, going all night long. Now notice what happens as a picture of you and me, for whatever mysterious reason, powers itself, sneaks itself into that location and stays there. I think you'll find as you talk to me, as those pictures get bigger and brighter and the aaaahhhh sounds (grows more intense : starts to get even louder), you might find yourself thinking of other things.

You know I think it's so strange how people come up with things right out of the blue. My neighbor looks at me and says STOP and just . . . picture the . . . two of us . . . absolutely in love. Able to feel . . . totally connected, completely drawn to each other. What would it

feel like then if I was kissing you exactly the way you like it, touching you exactly the way you like it, holding my body close to yours. God, did she really expect me to have those thoughts ____ Now with me, I know it takes time. I would never feel that right way. Its the kind of thing you go home and think about it. You just picture it right up there in your mind find yourself dreaming those wonderful dreams of love with this special person you are now connecting so powerfully with. But you can't think about it on the spot as well.

You know, Sometimes I think women are so strange. I can't believe you all. Well, the other day, I was talking with my friend ____ and she looked at me and she said, "If you were to imagine we were in love, what are the two of three things about me that you could say that just cause you to fall in love with me the most." Now I can't believe, that's not the kind of thing you ask someone to think about on the spot. It's the kind of thing you find yourself pondering it. You know, maybe when you're doing everyday things like driving your car or taking a shower and you find that you think about it to the point where you can't get it out of your mind. You can't expect an answer right away. But when you think about it, I mean, what's it like when you fall passionately in love? Its wonderful thing to feel a growing desire for someone(pt) to the point where you imagine yourself with them in a mmmmmm special way. But really, people shouldn't do that, powerfully.

My Friend Linda, the other night said check this out, she goes "Imagine a picture of you and me for some unknown mysterious reason, sneaks itself, powers itself to that place in you mind where you fall deeply in-love and stays there permanently. And she says, " You may be surprised to find how everyday things like waking up in the morning, driving your car, or brushing you teeth, will remind you to keep that picture there . . to the point where as that picture gets bigger and brighter and you add in the sounds of us together like oooooohhhh and oooooo, you might find yourself thinking of other things . . and you might find that you feel an incredibly powerful connection taking place between us." I was like WOW

You know I ask women what they think is the worst pickup line they have ever heard. Well, this women told me what happened to her once .. this guy walked up to her at a bar, looked her right in the eye and said imagine me going down on you just the way you like it all night long and you were getting so hot and so wet that you were begging to have me inside you. Did that jerk really expect her to have those thoughts ... with me I would never say such a thing I have much more respect that that.

76 Reading the Poem

ASF: "If you are going to read her poetry, get her really curious first, don't just blurt it out to entertain her. Challenge with something like: "Have you ever been there thinking about someone, and for whatever reason you just go into a very playful, light-hearted, creative state and in that, I guess you could even call it a romantic state, you just do things you wouldn't usually do. Like the other day I just grabbed a pen and wrote a whole bunch of stuff, and when I looked at it afterwards, I thought hey this is like poetry or something. I've never shared stuff like this with anyone, and I don't know if you're

the sort of person who would be open enough to appreciate it because for me it's very personal, it'd be letting you into a part of my mind nobody has ever shared before, and you'd have to leave behind all the rules, all the roles, all the peer pressure and come, bare of all preconceptions as it were, ready to take this essence (SP) deep inside you and make it part of who you are, now with me..."

77 Rhythm

"And you know, Debbie..there are all sorts of rhythms a person has. There is the rhythm of their breathing...the rhythm at which they speak..even the rhythm at which they PAY ATTENTION...but then there is another rhythm...a personal and deeply special rhythm..and that is the rhythm of how they move back and forth between being outside in the world....talking and communicating with people..and being INSIDE..in that special place of FANTASY.....and of course sometimes a person doesn't even know what makes them GO INTO THAT PLACE OF FANTASY....I think sometimes all sorts of things GO DEEP INSIDE..and she doesn't even know why YOU CAN'T HELP YOURSELF.....it's like there is this mysterious machinery far, far away, generating all this passion that just goes shooting through the circuits, waiting to be released..and it can be anything that triggers it...it could be the way some unique feature of their face rivets your attention..it could be the gentle way they touch you..it could be the way the deep, rich warmth of their voice, just wraps itself around you, like a pair of powerful but gentle arms, pulling you in to something that feels SO wonderful...

It's just so interesting how when that is taking place, a person can just TAKE A DEEP BREATH..and go ALL THE WAY INSIDE..into that place of fantasy..where they can consider the person they are observing..they can wonder...really wonder..what does this person do in their free time...who do they know in their life..and what it would it be like...to be enjoying this person..in all the ways YOU love to be enjoyed..in all the ways two people can enjoy each other?"

78 Rose Pattern

78.1 Pattern 1

An excellent pattern by Brother Soul, Mindlist:

"The basic theory of this pattern is to use it as a method to take the woman into a deep trance (she will actually assist you - isn't that great!?!?) and put your picture in her place where she loves someone and then lock it in as absolutely true. Now, this type of pattern will create a real obsession and will lock in her feelings for you. The one problem is that it really shouldn't be used in most contexts unless you are really sure that this is a keeper. So, use of this pattern is very very dangerous. Please use caution because you just might have created an obsessive person. This basically creates a strong compulsion via submodality shifts and locks in that change. My suggestion is to use this on your girlfriend or wife.

The setup for this pattern is to engage the woman in conversation. I will assume, for the purposes of this pattern, that you are able to get her into fluff talk. During the fluff talk, develop rapport, and ask about how sometimes you have a down day and feel bad. Then tell her you

learned this great visualization exercise in a relaxation book. Now, women love talking about and doing anything related to self-help and improving themselves. Ask her if you could show her this exercise that will allow her to feel really great at any time (most woman will agree to this - if she doesn't, well... you're out of luck... and would you want her anyway???) .

(Note: First, have her close her eyes and set it up as a visualization exercise to help her feel good... absolutely wonderful, at any time she wishes)

[BEGIN PATTERN]

You know, I learned this great visualization exercise that really helps you pick yourself up when you aren't feeling that great. It really has helped me just perk myself up during the day and just make me feel wonderful. Would you like me to show it to you, so that you too can do this and feel absolutely wonderful? It will only take a minute or two and really will bless you with the things it can do for you.

Her: Oh yes. I would love that. Yada Yada Yada.

Okay. I would love to share this with you and really contribute to your happiness [notice the set-up for reciprocity]. I invite you to visualize a mental screen much like a movie screen, in front of you. As you see this mental screen, allow yourself to see your favorite flower. And, as you see this flower, allow the full sensory rich detail of the flower to be on the mental screen. See it in vivid color, each detail of the flower springing forth. Now, if I were to ask you which type of flower you are seeing, what would you say was the type of the flower? (good way to learn her favorite flower)

Her: Roses (tulips, carnations, etc.)

Doesn't it FEEL WONDERFUL to see the rose in such beautiful detail? As you see that flower, see the beautiful color of the rose. Allow the rich texture of it to become alive. While you see this color, hear the rustle of the petals as you see the wind blow slightly against the petal. And, reach out and allow the smell to become stronger, richer, and oh so beautiful. You can notice that it makes you FEEL SO RELAXED AND COMFORTABLE.

Now, as you look at this beautiful rose... if you were to visualize a picture of a family member you love dearly, like say your child, parent, or someone special, where would it be on the mental screen. Allow yourself to notice the location of where that picture was (notice presup. here). What would really make that rose wonderful, would be to place that rose in the same location as where you saw the picture of the family member. As you now see the picture of the rose in that special place, let each petal of the rose represent some aspect of a goal, dream, or wish you want to have in your life. Allow YOUR UNCONSCIOUS mind to place those goals, dreams, and wishes in the flower. As you do this, see me in that picture smiling as you hand me that rose to hold for you. Allowing you to FEEL WONDERFUL at the knowledge that you can ask for the rose at any moment and I will hand it to you and making you FEEL SO WONDERFUL.

Now as you feel these feelings, see that picture becoming more clear, more focused. The picture is full of rich texture, reach three-dimensional detail. Allow the smell to grow, smell the sweet scent of the flower. Allow the picture to grow larger, with each breath, it grows larger. And as you see it grow, the picture comes closer to you...become more clear. Moving closer to you. See the color becoming more vivid, more detailed. And, it becomes more sharp, and becomes more and more like a movie... with movement.

Now, allow YOUR MINE to take this flower within yourself. Sometimes, the conscious mind gets in the way of your growth. Allow YOUR UNCONCIOUS mind to find that special place within you. That special place where you hold everything to be absolutely true. You know where that special place is, and as you feel and sense that special place, allow the picture of me holding that flower to GO DEEP INSIDE within that special place and lock in there. As that picture of me holding the flower locks in, hear the clanging sound similar to the slamming of a gate. You know that the picture is now locked into your place of absolute truth.

Now, it might surprise you how your unconscious mind will allow this picture of me holding the flower to pop up during your days to remind you of these wonderful feelings and allow you to FEEL SO FABULOUS. And, during your sleep, your unconscious mind will allow this to become a dream...helping you to FEEL SO GOOD.

[END OF PATTERN]

DISCUSSION

Now, this pattern does not rely on embedded commands to create a horny state in the woman. But, let me assure you, by the end of this pattern, the woman will be so wet for you. The great thing about this pattern is, that it not only creates physical arousal, it also creates the "warm fuzzies" that creates rapport and connection with you. Its like a two for one deal. The key to the pattern is that it links you to all her hopes, wishes, desires, and dreams (you holding the flower) and places that picture of you (moving pictures) in the location where she has pictures of those that she loves. Now the kicker is, that it moves that picture into her place of absolute truth to forever lock her love to you. The whole process of asking her to allow you to show this to her is that it really takes her (with her own help) into a trance, a highly relaxing trance."

78.2 Pattern 2

You can make her feel good, warm and trustful by having her imagine the symbol of eternal love and happiness - the rose - in extravagant detail. Notice the messages of the fleeting nature beauty and seizing/enjoying the moment. The seduction was conducted via the internet (thus all the "imagine me hugging you" stuff etc:), but as always - tailor it to your own needs. By Jobet Claudio, Mindlist:

Me: Look...when you think about it...everything is fleeting. It's not how long you've had a guy... it's the wonderful memories that you can share together, right here, and right now. Let me give you an example.

Imagine... a rose. A beautiful rose... now... hold it by the stem... gently... mind the thorns... now... look at the petals... notice the soft color of the petals... and how soft the petals are to touch... how silky smooth they are... it's such a wonderful, beautiful thing of creation... now... look at it in wonder of nature's beauty. Realize now... that this rose... may not look like this any more... perhaps in a couple of hours... it will lose its freshness as it eventually withers. But what's important... right now... is that you are looking at it... in all its splendour and beauty. Right now, you have it... for you to enjoy. For your eyes to look at... for it to warm your heart and make you feel so good. Its just like love. It may not always be there... it may be with you for only a short time... what's important... is to make every moment count... to make every memory of it a wonderful thing to look back upon.

Her: [a simulated response on the general theme of being mistrustful] But I can't trust anyone anymore. I'll just get hurt again.

Me: [a trust-building image in response to the above] Okay. This will make YOU FEEL BETTER. Take a deep breath... and that rose that you're holding... now... I'm handing back this rose... back to you...take it gently from my hand... Now... doesn't that feel so good... just to realize that you can trust someone with your deepest longings... your fondest dreams... your greatest desires? I'll be there if you need me. Okay...one last thing...what I want you to do... is to look down at where that good feeling is coming from... and notice how it can get twice as strong... twice as good when you allow it to grow (go for 10 X after you're done with this).

Her: [a simulated response on the general theme of feeling so good that it made her cry] Enough enough! No more please! [silence] You made me cry here on my computer, you know, it felt so good.

Me: Okay okay... here... I'm hugging you now... feel the warmth of my arms."

78.3 Pattern 3

To make the imaginary rose you give her feel even more special, you can use the following excerpt suggested by Ned Ragdnuos on ASF:

"Picture a rose in your mind, smell the fragrance, see the froops of sparkling dew on the leaves, feel how the thorns are so sharp they penetrate your skin, yet somehow the feeling is pleasurable, like the feelings of SURRENDER, NOW TO ME I find that when I give a rose with my imagination, it's so much more real than those roses that other guys give, because they fade away (point away), whereas (continue describing how the rose you have given her will stay in her heart always, growing a little each day, until perhaps you'll meet again)."

79 Romance

79.1 Pattern 1

"I have been encountering this 'romance' theme quite a bit. And it seems to mean different things to different people. You know how when someone (Point to self) does something you find truly romantic, it seems to change the way you feel now. How you suddenly find that This

one person seems to have gathered you up and is holding you in his arms in the way that you love to be held. And with that kind of feeling rushing through you you just have to hold on too. Me, I really love that feeling, and I know that as you feel that now, (draw her closer to you, and anchor) you can notice something about this person that is very interesting. Perhaps it is the structure of his face, or the color of his eyes, or how the tone of his voice seems to hold you and caress you, pleasing you and making you feel better and better. Spreading it's warmth through you and warming you up in that special way that you know can only lead you in the direction that you wanted to go all along... and you can feel this warmth deep inside... penetrating you in such a way that you just have to come closer and hold on tighter."

Notes:

The idea is to morph what sounds like it is going to be a question about what romance means to her, into a sense that you have done something romantic for her, and then anchoring some of the feelings, and embedding some commands to make her attach that feeling to you, then a short segue into some body sensation patterning. From here you are on your own. I think that things should progress nicely from here. What you do is up to you, but you might want to ask if she would like to hear some poetry that you have written, as I think that it should be a very easy transition.

79.2 Pattern 2

You: Excuse me. It's my sister's birthday tomorrow and I'd like to buy her a book for a gift. Is that one you're holding a good one?

Her: Seems like it...plot's good.

You: My sister really enjoys these novels. I read a few myself and now I know why they can get so addicting.

Her: Really ?

You: Yeah. You know, I've noticed that there's one thing common about the heroes of these novels. If you can recall the last few novels you read, it's like, these guys (point to self) can CONNECT WITH THE DEEPEST PART OF A WOMAN (gesture). That part of them where they keep all their PASSION and deeply kept DESIRES as a woman. It's like, as you meet that hero, that Prince Valiant of the novel (point to self, oh darn), as he connects to that deep, secret part of you, it's as if YOU WANT TO BE SWEEPED OFF YOUR FEET and BE OVERWHELMED by this man and you just STOP and realize that it's too late...you've fallen in love with this character (point to self)...and you FEEL A BURNING DESIRE...to SURRENDER to those... FEELINGS of INTENSE CONNECTION, EVERLASTING BOND, ETERNAL LOVE with this hero (point to self). I think that's the formula romance writers use to make you FEEL ALL THAT. NOW, WITH ME, that's the way I perceive it.

80 Sunset

You: What do you really enjoy doing in life, maybe something that if you were a little tired, you could just turn around and be ready to do it full blast, when someone just mentioned it, because it's something you really love doing?

Her:

Path 1: I love to do X. Follow up and amplify it. Wait a while and do 2.

Path 2: Meaningless blather, there's nothing she can thing of...

You:

I think it's the little things in life that can be, Oh so special. Like for me it's sunsets... to see that one perfect sunset... it's... just... well... your there on the beach and the sun is just a... inch above the horizon... it hasn't quite touched it... but its close... and you can feel the anticipation inside you building... and then it just touches the ocean... and the colors start... brilliant colors... the sun turns that incredible orange and the clouds... they get back lit and show the wonderful pastels in the puffy clouds... the kind of colors that great painters use... because they make you feel... just so soft... and warm... and safe. Now, it just seems to be happening so fast... you want to just slow it down... but you can't... you just must enjoy it now... so you start to really focus in on... what is right in front of you... me... I just think this is the best part... it just keeps going down... deeper and deeper... and you notice that the warmth of the Sun on your face is being replaced by the cool breeze... and as that happens... your skin becomes just super sensitive... to the point where you can feel the cloth against your skin... and then you start to really hear the sound of the waves and the surf... and the sand on the bottom of your feet... then maybe a seagull calls out...now just the smallest slice is still showing... and you let out a sigh... and start breathing deeply... a new kind of stillness is all around you now... as you see the end of another day in paradise... you can just feel purfectly at peace... with everything... a harmony of sights, sounds, and feelings... as it starts to get darker... the colors start to get so intense... the red of the sky starts to glow... like autumn wine and a million stars come out... further taking you into the most special of places... were everything makes sense... with me... you just want to do it again and again... just like getting on a great roller coaster... you just want to get back in line... and do it again... that how I think about getting up each morning... I'm just showing up... for the best... life has to offer... now... when you really connect with someone... It seems to be just like a sunset... the same kinds rich deep feelings... do you feel it like that (anchor)?

81 Stone Necklace

"Keep in mind, as always, that this is NOT a "magic bullet" so it should be used as part of an overall seduction structure. Also keep in mind that I DO NOT say this to a babe word-for-word. I wrote it out long this way because I tend to recall more when I'm out sarging, if my patterns were written with a shitload of details. (And also so I knew where I wanted to go with it, and what commands I wanted to include.)

"I've been staring at your necklace, wondering why it reminded me of something, and now I remember what it was.

I recall a story I had read once, called "The Eros Stone Necklace." It was about a woman who was growning apart from her lover, and was losing faith in love.

One night she was out walking, up in the mountains near her home. As she sat upon some rocks, and was staring up at the stars, she made a wish that a man would come into her life, and fill her with the adventure she had been missing. Suddenly, there was a flash around her, which at first startled her. But then she began to... FEEL VERY RELAXED. A nice... soothing... comfortable feeling filled her body. Then an image flashed into her head. An image of passion so incredible... so fulfilling, that she almost thought she were dreaming. At first she tried to deny that she was starting to... FEEL A WARMTH DEEP INSIDE... because she was afraid to feel that good. But the more she allowed herself to... FEEL THAT WARMTH INCREASE, the stronger it became, and the more she wanted this to continue. Then she started to... HEAR THIS VOICE...inside her mind. And the more she allowed herself to... LISTEN TO THIS VOICE... the more it relaxed her, the more it warmed her, the more it caused her to... LISTEN INTENTLY TO WHAT'S SAID. The voice began to change, and started to sound like her own voice. And this voice said to her, "Focus on what is in front of you, and you will discover that which you desire." Then, POOF, the voice was gone, leaving her to... UNDERSTAND WHAT WAS SAID.

She put her hand to her chest, to settle her breathing, and felt something around her neck. She pulled it forward, and saw that where there was once nothing, there was now a beautiful necklace, with a (the color of her stone) colored stone. She was of course confused at first, but then she recalled the voice that she had heard, and what it had said to her; FOCUS ON THIS (point to self) RIGHT IN FRONT OF YOU... AND YOU WILL... FIND WHAT YOU DESIRE. Now, it all becomes clear. She has the necklace, and somehow it will give her what she desires. Without even fully understanding what is happening, the decision is made to pursue this...to have what is desired deep down inside. She said to herself, "No matter what anyone else says to you, this is what you want (point to self) this is what you deserve, and you're going to do it for all your own reasons."

The next day she went into town to buy some things, and was amazed... by what happened... upon entering the market.

(Stay quiet and wait for her to say something)

Upon entering the market, she saw this man (point to self) and felt a tingle, give me your hands (when she gives you her hands do this) a tingle like this, and warmth, a very strong warmth, that ran (slowly move finger up arm) all the way... up her body.

The man's eyes caught her eyes, and they stared for several moments. That warmth deep inside, began to get stronger, and stronger, and stronger. And as the man approached her, she started to FEEL DESIRE FORMING deep inside of her... right... in... here (touch solar plexus). It was like an energy had formed around them, like a soft... private bubble, surrounding them from the rest of the world. In this moment only these two people (motion back and forth subtly) existed.

He smiled, and said not a single word, and instead kissed her lips softly. She closed her eyes and took in the moment (take in a breath, then let it out slowly with a slight moan). At last, she had found the man who would make her feel alive again. The man pulled back to look into her eyes, and whispered softly, "What can I do, what can I say, to

make you mine, if but only for a night?" She thought about what it was she wanted, and asked herself, "What do you want deep down inside of you? What is missing from your life right now that you want from this man?" And with only a smile, she took his hand, and lead him out of the market.

They talked for hours, sharing insights, and opinions, dreams, and desires. Then they simply fell into each others arms, and made love for the night. It was unlike anything she could imagine. He touched her exactly how she wanted to be touched, made love to her exactly how she wanted to be made love to. And all of this was the result of a chance encounter, and a magical necklace. As they held each other later, he complimented her on her necklace. She revealed to him what had happened the previous night on the mountain, and how she came to possess the necklace. He kissed her lips, then said, "Every time you become aware of having this necklace, think of me. And every time you touch this necklace, I will feel your touch upon my face, and I will smile." They parted the next morning, but made plans to meet again that evening.

Sadly, she decided not to meet him after all, for she feared that this magical, wonderful, amazing adventure she had shared with this man (point to self) would eventually be ruined for one reason or another someday. She instead chose to REMEMBER FOREVER that one perfect night, with this one perfect man. She thought of him often, and his image was never far from her mind. And ever day she would touch that necklace, and every day she would FEEL AN INCREDIBLE WARMTH for she knew, that somewhere, he was smiling."

82 Sex is Natural

Kevin Kupal, mindlist:

(Fluff talk etc. Remember.. connection first!)

You : Well, we're adult's now, aren't we? We can talk about sex in an intelligent way, can't we ?

Her : Uhhh...yeah...

You : Well....how do you VIEW SEX NOW. (?)

(shut up and let her talk)

You : I agree. And I think that SEX is much more than that. It's human nature! SEX ensures that our species will survive and that's why SEX IS PROGRAMMED DEEPLY... INSIDE... YOUR MINE. It's like... there's this voice (pause, point to your own mouth or throat... hahaha... ambiguity) inside YOUR MINE, which is actually, your vocalized URGES and DESIRES... and as you LISTEN TO THIS VOICE, it's telling you... YOU WANNA HAVE SEX, YOU WANNA HAVE SEX... YOU NEED TO HAVE SEX.... YOU NEED TO HAVE SEX. NOW, WITH ME, this is all so natural! You may not ACT ON IT, or JUST DO IT, but the point is, it's a DESIRE... a natural, AROUSING URGE... ME, I TAKE THIS IN (point to dick)... with an open mind.

I don't know if you have OPENED YOURSELF UP (open leg gesture*) to things (point to dick) like these."

open leg gesture - join both palms, point palms towards her legs, then separate them on cue.

83 Space

Space, its a funny thing...
its dark, its cold, its lonely...
but we all want to be out there...
we all want to see it for ourselves
we need to see to believe...
clutters of rock and ice...
formation of star and galaxies...
and bring amazement to eyes...
but one question remains...
are we alone ?

84 Stranger

"Have you ever noticed how when you are with a bunch of strangers (wave away) you never really notice anything particular about them. They all seem to have the same face, they just look like a blank. But with some people (self point) you start to get to know them, and as part of learning who this person is, you start paying attention to things that are different about him. Things that you would never have noticed before such as his ears, or nose, or even the color of his eyes, just start to become so important for you to remember. Now with me, I take particular attention to a person's voice. How their accent makes me feel warm when they are around. How their tamber just makes you feel better and better. How the pace of their voice just excites you and makes you want to spend more and more time with this person.

After a while you see these features all around you. Someone else has what looks like the same nose, but the rest of the face just isn't quite right. And did you see those ears, Oh, how it remindes you of the good times you can have with this person. Now with me, I like how you can remember someone just by the aspects of their voice. When you hear those things in other peoples voices, you just feel compelled to think of this person in that special way."

85 Speed Dating

"(very fast) Thank you for asking I'm a so-and-so and have been for so long bla-bla. (Slower and then controlled tempo & tonality) I don't want to ask you such boring questions as 'what brought you here' or what you like...And I don't know... if you can imagine,.. how wonderful it will feel like... if you were to meet the man... of your dreams...tonight... But if suddenly you could feel that happening,... right here, right now... and you began to realize,... perhaps because your started becoming aware... of a change in your breathing...or the beating of your heart,... that there is this strange, wonderful sensation,.. which suddenly let you know... that this guy... is the one,...you want.. those bubbling feelings... to be with... then let me ask you this:... As those feelings start to rush through you... now, telling you that... yes!!!, it is happening,... I don't know, can you tell me?... What are the most important qualities... about you, personally... that you want him to notice... first and foremost, about you?

86 Special Place

I think its so interesting how all those creative processes seem to come from that same special place....like do you remember the last time you really had a good laugh so that as you remember it you smile really wide?.....or have you ever worked on something that really compelled you (point) to study it so the you wanted to take it all in as far as it would go?... NOW, WITH ME, there is that one special place where all of that comes from. WITH ME, as you GO THERE it really is a place where you can FEEL NEW FEELINGS, and THINK OF NEW WONDERFUL IDEAS. It's the place where you can DREAM THE DREAMS THAT WILL(WE'LL) BE COMING TOGETHER to make new things possible. WITH ME, it's like you are able to LISTEN TO THIS VOICE that just draaaaaaws you inwardand if you can THINK OF TIME YOU MADE A REALLY GOOD DECISION it was this voice that guided you....this voice of wisdom...this voice of experience....I have a voice like that... infact maybe you can think of a time in the future where need to make a decision and you STOP and you HEAR THIS VOICE guide you.....I'll bet that if you listen you can hear this voice right now.....with me...that's what *MY* voice does... and it comes from that special place....inside...

87 Snorkel

"It's kinda like...have you ever been snorkeling? I once went snorkeling (or I had a friend who went) in Cozumel, a little resort in Mexico, and the feeling is just so cool. It's different in the ocean. The action of the tides is always taking place, so that you always feel this slow, gentle rhythm of the tides moving in and out, and in and out. And slow and gentle as this rhythm is, you're still very aware of a sense of real power beneath it, because the sea is very strong. But it's so great to feel yourself surrounded by this power, while the gentle pulsating rhythm of the tides moves in and out, and you can feel the warmth of that eloquent water all over your body."

Notes:

That's the basic idea. You can build on the rhythm, or the sense of power - the sea really is a powerful and occasionally dangerous thing - or the warmth, or how great it feels to be wet and warm and having every nerve aware of your wetness, or whatever. Another thing you can do is transition to how clear and bright the sea floor was. The basic idea would be to transition from body sensations to visualization, if that's appropriate.

88 Special Treat

89 Stacking Realities

90 Secrets

Have you ever noticed hew some secret affect us in amazing ways?

She'll reply with something like: "How so?"

Well, there are some secrets that you know you'll never utter to another living soul, and then there are those secrets that you have to really work on keeping to yourself. For example, I recall a conversation I had one day, with a friend of mine, named Rachel. Now Rachel had apparently been told this really juicy secret, and she said that she was ready to explode. The way Rachel described it, it's like this ball of light, or energy. And as you... feel that energy forming inside of you... right... here (touch her just under the breasts, where the two sides of the rib cage meet the breastbone) you can... feel a warmth start to spread. And the more you... focus on this energy... the more intense it gets. To the point where you... suddenly feel it growing... all through your body. And like most secrets, you try your best to keep it in. But sometimes, this (point to self) can be quite an intense experience. You want to hold this inside of you as long as possible, but you're also tempted to let it slip out. So you start to debate with yourself, to keep it in, or to let it out. In, out, in, out, in, out, until you feel yourself wanting to just explode. With me, that can be a most intense situation. (Tap the back of her hand) Can you feel that applying to you?"

91 Secret Way

I was talking to a good friend of mine last night on the phone and she was telling me about her Secret Way. She told me it was the place she goes inside her mind to find out who she really is while she dreams at night. We were discussing how relationships and the roles we play in them require that we shut away and compartmentalize certain aspects of who we are...yet they are still there in the Secret Way where we keep our most exciting memories...where we ponder fantasies..daydreams...new thoughts..amazing possibilities.....and what is it in how some people effect us that causes us to think of them in the Secret Way...to hear their voice and feel their presence from that spot...so that no matter how much we may try to deny our desire to act...it takes on a life of it's own..undeniable...demanding...compelling...real...

Have you ever entered the Secret Way while you were dreaming? The Secret Way is the place ...deep down inside your mind... where you view and make the pictures of your fantasies, desires, needs all being freed by your power of creative dreaming...because it all comes from the Secret Way within our mind...the place where we consider new thoughts...new feelings...new adventures...new possibilities...the place where you can be free to hold and nurture your lost hope of your youth...where you are free of your roles in the world which require you to lock away what you really want to do...the way you REALLY like to be...and isn't it interesting how every once in a while...we meet a special person...and there is just something about this person's flow and presence inside your mind...something about this person's voice that just causes you to turn inside...and open up your hidden passage to The Secret Way...and it's almost as if this person...as if this voice is there inside with you...guiding you into those new thoughts...new feelings...new behaviors.....

How does it feel when you find yourself floating like a eagle looking down on your dream world as you feel totally comfortable and in control of your inner world...notice your surroundings; the wind blowing your hair, the feel of the wind rushing against your face,,, the power of your dream flowing through you, connecting you to the whole universe.

Let it be something you can hold in your mind-like a perfect picture postcard of your life. Within this picture of yourself is contained your spirit, the marvelous stuff of your personality--your kind of love, your brand of creativity, your unique experiences, your special wisdom, yes, your way to withdraw, to be angry, your insecurities, your fears, all of this is contained within your Secret Way. How does it feel to see yourself there in your dreams as connected to the whole universe?"

I think it's the kind of thing to explore in a dream...with me...as I think about it...a dream is a place where there are no rules...no restrictions...just fantasies...excitement...and the amazing enjoyment of something you realize you have to have...its as if you enter a love relationship with your Secret Way...this love is not one of judgement; but one of acceptance. Love is not something you do; you can't make love or take love, perfect love is something you are, like the perfection of a setting sun over the ocean water. It is the kind of love that is in the eyes of a mother holding her new born baby; this is the connection you want in your life...with me...its like when you start to look deeply into your Secret Way you feel a connection to who you really are; like a comforting misty fog that blankets a seashore wrapping up your heart, mind and soul.

You can find your lost hope again; waking up with a renewed energy of a life full of adventure, curiosity and excitement. When your day to day life has left you empty and wanting; you can return to your Secret Way and bring back to your world all that you desire. Your Secret Way calls out to you; live your life to its fullest...where ever you can be heard, declare that you will not give up this passionate plea from within...your inner guide will lead you to gladly give your love, your loyalty, your energy, your creativity, your devotion...to me...as I think about it...its like you can't ever give up the wisdom of your Secret Way; for without it, you can no longer call upon your free will; no longer can you experience the magic of spontaneity; no longer can you enjoy the mystery, the eternal preciousness of life, for if you cloud your Secret Way with your thoughts, you have given away this perfect love; this sense of connection to your world. It is gone.

The confusion arises when your thoughts in the world keep you in a state of emptiness, not the perfection of your Secret Way itself. It is your purpose to connect your Secret Way with another's; destiny will bring you together with that one person who will cherish and understand the beauty and perfection of your love relationship to your Secret Way. This is what love is.

92 Seduction Land

Do you like Disneyland?

(If she gives a positive response, which is pretty damn likely, then continue)

I do too. And one of the things most people don't take a moment to realize, is the true magic of what Walt Disney created. Think back to when you were a little girl, and you first went to Disneyland- Can you REMEMBER HOW THAT FELT that first time? The fascinationthe excitement.. .the absolute certainty that this was going to be a

wonderful world of adventure. Because you knew that with this being real (s.p.) and this having everything you want to enjoy, that nothing else could ever compare. And as you FEEL THOSE FEELINGS NOW, WITH ME take a moment to appreciate what tot was like. Then notice how you still have that little girl sense of enjoyment when you visit Disneyland today, as an adult- You still have that feeling of being in a place that is untouched by the outside world, where you can JUST RELAX and HAVE FUN FOR HOURS. WITH ME, you can't help but just let go. And the reason why you FEEL THAT WAY is because Walt Disney did what no one else had thought to embrace. Instead of employees, he had "performers." And instead of engineers, he had "Imagineers" And he took your favorite Disney cartoon character, whoever that might be, and made it possible for that character you really like, that character you have enjoyed for years, and made it possible for that character to be right here... right in front of you. So while other people were trying to impress you with flashy rides, and impressive titles, Disneyland focused on... one... simple... thing. (Pause a few seconds to build a sense of anticipation) And that is... you are in a place right now where your imagination... your fantasies... run wild. All those exciting feelings you had as a little girl, come rushing back as an adult every time you see this (s.p) great escape from the outside world. Looking at it just like that, can you FEEL THAT to be something truly magical?

93 Soul Mates

You know, how you can have thoughts that you cause you to feel fascination _____. Like, I was thinking about how, for many people falling in love can sometimes take months. But have you ever thought about what it would be like for you to fall in love instantaneously where you feel like you were talking to your soulmate(point). I mean, Imagine there being someone who was selected for you, picked out long before you were born. I mean if you were to feel that way, now.. I think you may be surprised to find yourself beginning to almost feel magically enchanted; and you might find yourself wanting to be with this person in a very special way _____. Because, when a person feels they have met there soulmate like when you imagine this person being your dream lover(pt), I think you would feel a mysterious yet powerful loving connection taking place between you and him that when . . that's really happening . . with me in my way of thinking what is happening is . . you go inside yourself (down into your unconscious) and you find all those values that are most important to you in a relationship and you think about the qualities in a personality you want your ideal lover to have(pt), and then find those and link them up with the person you're talking to(pt), in such a way that a picture of him (frame), for whatever mysterious reason gets locked permanently in that special place (point to that space she loves someone) in your mind where you deeply love and care for someone(pt) to the point where as that picture gets bigger and brighter and the sounds inside you mmmmm intensify you might find yourself thinking of other things where all your resistance is falling away and you just can't control yourself and you just want to go wild with it isn't that truly the mystery of falling in love that we all dream of and can feel fascination.

94 Soul Jeweler

Do you like Jewelry?

(She says "yes")

I'm going to give you something, that's probably going to be the greatest gift you've ever received from anyone.

(Let them respond/react to that)

Close your eyes. Now, what's your favorite metal? If you could have a ring made out be?

(Let her answer)

Okay, now what gem stone would you want on this ring?

(Let her answer)

Niiice. Now, what shape is this "stone?" Is it a baguette, oval, trillium or some other shape?

(Let her answer)

Very nice. Now, what size is this "stone?" a karat, 2 karats, 5 karats, what?

(Let her answer)

Very nice. Okay, can you picture that ring clearly, can you see it?

(Let her answer)

Okay, now I would like you to imagine in your mind's eye, a perfect "metal" ring. Not the stone yet, just the "metal" ring. The most beautiful "metal" ring you've ever seen. And maybe it's crafted in a way that's maybe not possible to make with metal. Like maybe it's disconnected in some way, or maybe it has shapes on it that you've never seen before. Or maybe it's connected in various spots by an energy. This is your unique "metal" ring, so craft it how you most want it, remembering to make a place for that beautiful setting for your stone. And let me know when you can see it clearly.

(Wait for her to let you know)

Okay, now look at that "X" karat "stone" Notice the shape of it, the way it glitters, the colors it gives off. Can you see that?

(Let her answer)

Purrrrrfect. Now, see that "X" karat "stone" mounted into the ring ,and notice how beautiful the ring looks. Notice all the features you enjoy most about this ring. And as you see that ring, that perfect, beautiful, inside your mind, I would like "metal" ring itself to represent the feeling you have.. .just before youMmmmmmm... .stop into a hot bath or shower. And feel that same pleasure of when that warm water covers your entire body, filling you up with a warmth deep inside you. Feeling the wonderful sensations that this brings, and the wonderful feelings you have from this experience. Can you feel that?

(Let her answer)

That's what the "metal" ring represents, that feeling. And the "stone" that beautiful stone, represents that feeling of... You know that feeling you get, when you're with a guy, and you're having a good time, and he looks at you and you look at HIM, and you know that something wonderful is about to happen, something that you both want. And you start to feel kinda nervous inside, and kinda giddy, so you feel like you want to talk a lot, but you're nervous all at the same time and it's kinda exciting? You know that feeling?

(Let her answer)

Yeah, that feeling is what that "stone" set in the "metal" ring represents. And now, I'm going to give you a feeling that you've never felt before. I guarantee that you're going to experience an emotion and a feeling that you've never felt in your life. And it's going to be so beautiful, you're going to be able to take it with you wherever you go. Now, what I'm going to do, is I'm going to take that ring, and I'm going to slide it onto your finger, which finger do you want it on?

(Let her answer)

Perfect. Now take a deep breath, because what is about to happen is pretty amazing.

(Wait for her to take a deep breath-take one with her too by the way)

Now... as I slowly... slide.. this ring... onto your finger, you're going to notice those two feelings we talked about starting to mix together. Swirl inside of you.

(Start to "put" ring on desired finger)

Now notice the feelings mixing together for the first time. Notice just how amazing that feels. Then notice how the color starts to light your whole hand up, and run up into your body, and swirl all through you. Can you feel that?

(Let her answer)

Now notice something. Notice how now that you have on this incredible ring, this ring that only you can see, the ring is on forever, you can't take it off, no matter how hard you try. Slowly now... open your eyes... and see very vividly that beautiful ring on your finger. Can you see it on there?

(Let her say 'Yes')

See how it looks exactly how you imagined it would. And how now you have it forever. That is my gift to you.

95 Sleepless in Seattle

Induce an altered state then space out words to induce curiosity.

Can I ask you a question? Have you ever seen the movie When Harry met Sally or Sleepless in Seattle with Meg Ryan. Those movies are absolutely incredible. In fact, can you remember how those movies made you feel captivated .. now, just listen to this, my friend Kim was telling me that she and her friends love those two movies. It's like, as you're sitting there watching and listening closely and you begin to just wonder and think about, if you can ever have that type of incredible intense connection, with me it's the kind of connection that you can feel so powerfully and at the same time it's a connection that transcends both time and space.

My mother put it this way, if a women really really really begins to feel deep love and that man leaves her for a period of time, it doesn't matter how far he goes or where he goes because if she really really really loves him whenever he returns she'll be there waiting for him, thinking about him. I know this may sound crazy but I think that's what it was like in those two movies this incredible intense kinetic connection between two people, can you feel what I am talking about .. now I wonder have you ever thought about someone and suddenly the phone rings and its that very person you were thinking about. Or maybe during the day you find yourself thinking about this guy, right in front of you, your picturing the two of you together spending time together having fun.

You know what I like to do. You ever wake up on a Sunday morning and you have nothing to do and it's raining outside and it's really really incredible sleeping weather, imagine this, your pillow just the perfect fluff level and the sheets are just the perfect temperature and you imagining just lying there with someone you care about holding you and snuggling and cuddling up really really really close to you. That's an incredible feeling! Now, do you think you can feel what I am describing, do you think your with me.

96 Supermarket

You ever go into a market, you know, just to do some shopping and you don't have a list, but you decide to see what happens? And as you go along you are getting what you really want because you know what you really... need, when suddenly you find yourself drawn to certain things. And I don't know what those things are ...those things you're really drawn to...that make you feel all impulsive to grab them and give you that sense of thrill and giggle on the inside as you just...allow yourself to to give in and surrender to the impulse and let go because you know that impulse is guiding you to something. Something that can help you with that unspecified craving that can only be fulfilled by surrendering and when you do allow that to happen it always somehow gives you just the right thing you need. It's like you see this...and all of a sudden you know that this right in front of your face, is what your mind and body have been telling you to have. Now with me...I find that so great to satisfy those unspecified cravings and longings by surrendering and being guided by this voice inside you... that tells you what you need.

You know one of the other things I like about the market is discovering SOMETHING NEW. Isn't it just great when you find something new that appeals to you and allows you to break out of that rut of the same old stuff you always get? Isn't it terrific to think that somewhere there

is a person whose job it is to hook you and make you feel wonderful...who shares the same values and qualities and desires and how that someone that can cause you to respond with a ..."YES! that's what I want, that's what I've been looking for, that's the exact flavor I've always wanted soooo bad." And you know you are hooked? When that happens like that don't you just love it...Now another thing that's interesting is

How sometimes you go to the market and you get that feeling that you're forgetting something and you Stop...and go inside and try to imagine what it is you need...that you've reminded yourself to get and then you can just see yourself at home later going "Oh yeah that was what it was. I should have known at the time that this is what I need" So then you put yourself in that superaware hypersensitive to stimulus state , you known when you just open up and allow all those little things you need in the back of your mind to bubble up ...so that when you do come..across it you grab it without even thinking and allow that bubble of forgetfulness to just pop...because at that time in the future you will be looking back on this moment as having been the one where you finally got what you had reminded yourself not to forget to grab.

I think you can see how the market is a place of unlimited opportunity, a place where you can fulfill all the cravings...and longings that build up, and like I've said there are so many wonderful experiences you can notice...but the absolutely best feeling is...with me..how every now and then you go in and you know THIS...is exactly what you want, and you go inside...and there is no deviating no distraction, no wandering...nothing but THIS in your mind, and you go inside right to that place where you know it is and you find what you really want and you grab it and go! Now I like that because you can pat yourself on the back for being a person who can GO FOR IT and with me there is nothing better than that feeling of mission accomplished when your mind and your body work together and focus in on getting you what you really want.

97 Star

There were ancient philosophers who believed that everything we did, said, and lived, personified itself in some form or another. Take the stars for example. They believed that every... single... star... represented all the... positive emotions... that you feel. The more... intense the feeling, the... brighter the star. So when you... start to feel fascinated...' a star begins to shine. And that star will only get... as bright... as the intensity of your feelings. It may start off... as a soft... gentle... flicker. But as you... feel yourself becoming more fascinated... that star will... begin to warm... and build... to a strong... and steady glow. The philosophers must have been true romantics as well, because they believed that if you happened to... feel that fascination... and create that soothing glow... while with someone... that you not only... begin to feel an amazing connection with this person... but that the star was now... a combined result... of the energy... that is now shared. They also believed that the same held true for your thoughts. That... if you were to... have certain... thoughts... and ideas... a star would appear... and the connection would grow stronger... with whomever you were with... in that moment.

This was an incredibly powerful thing... and served to... connect these two people.. .when one set off on a great journey... or off to battle. The intense connection that they shared... stayed with them even when apart. And it was traditional then... that a warrior give the woman a small bottle... before departing. She would...- keep this bottle at all times... and grasps it faithfully... when she would... look up at the stars... the ones that they alone... shared. And when she would cry for her warrior... she would... save the tears... inside the bottle. If the warrior had survived the battle... he would... look upon the bottle. If the bottle were... filled up inside... he knew that she had... continued to feel that connection... just as he had. Should tragedy strike however... and the warrior fall in battle... the woman would... do whatever it takes... to find him. And upon reaching the sight of his burial... she would... open the bottle... and pour out the tears... right onto his grave. This would release his spirit... and make her... feel warm inside... for now when she... gazed upon the stars... she knew... that more than just... feeling a deep connection... the warrior was now in the stars... keeping them brightly shining.

98 Stuck Midway

I was watching this cool documentary about the Wright brothers called "Astro Glide" I think it was on NOVA ? Anyway, it was about them inventing the air plane and sometimes they were almost successful and then got stuck midway and they said that the different parts needed to fit well together and connect and interact in a smooth way---some parts going in and out and some going up and down in just the right rhythm and in just the right way...and they often found themselves going all night long. And that a good lubricant can be very helpful...you like to fly, right ? Because some people like trains-----there are all kinds of trains and trains of thought...others prefer buses or driving Bi car...maybe it's the feel of the gear shift that gives them a sense of control, whereas others prefer to just surrender to the ride and enjoy being lead to where they really want to go. Me, I think that you can probably imagine advantages in all those different ways... And since it's so cold here (in NYC) I've been day dreaming about taking a Vacation...Imagining your Ideal Vacation and what that would be like...you ever just find yourself daydreaming and having certain...thoughts...now, with me...

99 Stacking Realities

What's' the feeling of realizing you're really attracted to someone(pt)? My friend ____ was telling me that her roommate has this best friend Dawn. And when Dawn start to notice that growing attraction, it happens in a certain way.

Like first, as she looks at the guy, and starts to really pay attention. she just becomes aware of certain things like the rhythm of her breathing, and the beating of her heart, and the out line of his face so as she becomes aware of all these things, one particular feature of his face just starts to rivet her attention. so she becomes totally absorbed in the connection taking place and as that's all happening, it's like the warmth of his voice, the deep rich warmth of it, just starts to penetrate her thoughts, and spread all through her body, and as her heart beats faster and her breathing increases, that warmth just heats up into fire, a fire spreading through her chest and

down through her belly, a fire pounding and pulsating all through her, down to where she longs to have it go, until that desire for him just becomes utterly overwhelming, and she just surrenders to it completely.

100 Snowboard

So you mentioned you like to snowboard ... are you good at it? You know that feeling when you're going down that mountain and your body is just racing with excitement ... you feel the wind in your face and that wonderful momentum, its like you can't stop, you just keep going and going and going and going. That feeling is really amazing. You know, I wonder, I think its to bad that some people couldn't even just STOP and imagine what it would be like to experience those same thrills with another human being. You know, but I think some people wouldn't even realize that's what's taking place until afterwards and they're looking back on it as one of the those thrilling experiences you'll remember for the rest of your life.

101 Triple State Connection

I am reading this fascinating book called "The Celestine Prophecies." [By the way, girls love this shit] In it, the author was talking about how we CONNECT WITH EACH OTHER. Isn't that fascinating? Now, the author was saying that with some people it is a divine prophecy a destiny that causes certain people to REALLY CONNECT, REALLY BOND with a particular person [point to yourself]. By that the author meant that, with some people, even if you just met them, it seems as if known them a long long time. Like you were MEANT TO KNOW THEM [point to your face]. And that that was the only way that people COULD FEEL AN IMMEDIATE CONNECTION.

NOW, I was sharing this with my [platonic] friend Debbie, and she said, "You FEEL REALLY CONNECTED to someone [point to yourself] when as your start to talk with them, and REALLY LISTEN INTENTLY you start to realize that this person shares all the values and qualities that you hold so dearly for yourself." She said, that's when YOU FEEL THAT GROWING BOND. And when THAT HAPPENS, it's like TIME SLOWS DOWN...STOPS...and the rest of your environment just disappears and you FOCUS IN ON this face this voice your hearing. And that's when you FEEL THAT GROWING BOND.

NOW WITH ME, that's how I feel about it. I find, that when you really FOCUS IN on that person, you start to recognize VALUES and qualities in them that you really CONNECT WITH. WITH ME, it's the that's when you FEEL THAT INCREDIBLE BOND with this person [point to yourself]. And once THAT HAPPENS WITH ME, it's like ...WOW... even throughout the day, you find that little things, like hearing music, or maybe when you are driving in your car, just remind you of THAT INCREDIBLE BOND you've just made with someone [point to yourself].

How do you feel about it, can you recall a time when you FELT THAT CONNECTION with someone? (point to yourself).

Her: [Let her describe the state] [Keep anchoring her with a light touch on her left SHOULDER]

102 Traits of Highly Successful People

By Sonny Havens

"First, each person can visualize the feeling of achievement with crystal clear detail. I mean, perhaps you can just STOP and picture yourself RIGHT NOW achieving your goal."

[***Note: Next interject three sensory experiences that are applicable to the girl - this works as a slight trance primer. For example, if she wanted to be a congresswoman then you might say: "Perhaps you can HEAR the roar of the crowd as they praise you with adulation, SEEING the smiles on their faces as they embrace their new congresswoman. And then you FEEL that

feeling of accomplishment that feeling of success."]

"This is what the article stated as the first step. It went on to say that they can see what they want right in front of them (SP) and as they see it, they can begin to feel how wonderful it would be to have what they want, that which they are looking at (SP)."

"Second, they focus on what is in front of them and they pursue it until it is theirs. They try to get this (SP) with driving ambition and desire. The desire to experience this goal (DP) which they most want. This is what differentiates normal people (point away) who are content with what life just gives them, and those highly successful people (point to her) who seize moments like these (point to you and her) and JUST GO FOR IT!"

"Third, they don't question themselves. They don't have regrets and they just trust that what they want (SP) is truly the best thing for them and they disassociate any negative thoughts, any restrictions, any inhibitions, any social pressures and constraints and THEY JUST GO FOR IT!"

"So, I don't know if you're the kind of person who can just see what she wants and pursue it with driving ambition and determination, but if you were? Would it be truly fulfilling to achieve this pleasure of SEXCESS --- WITH ME. I would go for this any day! Would you?"

103 Train (Incomplete)

104 Trust Pattern

Johnny Shack (<http://showgirls.com.au>): "You want to overcome the common trait of thought that women believe you will dump them immediately after the deed is done if they are so easily led into the bedroom. Here's what you can say as a story to place calmness and trust into the girl's mind. Make sure you carefully ease this into the conversation during the night. Look for the opening to say it. Think of it like a jig-saw puzzle except you're trying to fill in another gap."

"Yeah trust. It's a funny thing. I actually lost some faith in girls a couple of years ago". Now you need to pause here to get her to ask why. By doing the pause you achieve a couple of things. The first is that you don't blow your cover about your rehearsed story by reeling off a memorised statement. The second is that you may be placing her in the perfect position for your intentions. She will hopefully want to prove you wrong and restore your faith in the trust of women.

"I had a one night stand with a girl and we didn't see each other again for a couple of months". Here you are saying to her that one night stands are okay. The way you are saying it in open conversation with

this girl will downplay the one night stand black cloud that hovers over it in girls minds.

Then say: "I lost her number so I couldn't catch up with her". You are now telling her that you didn't act like the typical male bastard by not ringing her after getting what all males only want. You're saying you would have, if only you hand't lost her number. It also says you still want to see a girl after a one night stand and she will think: "If I fuck him tonite he won't just burn me like other guys have done to my friends and also to me. This guy is great. I won't have to play the hard to get routine with him to keep him interested in me. I can fuck him tonite and he'll still ring me".

Then you say: "Anyway, what happened was that a very close mate of mine one day just came right out and asked me if I'd slept with this girl". You are now putting in her mind that you don't ever discuss women stories even with your close mates. She's thinking: "If he doesn't mouth off to his mates he probably doesn't tell anyone what he does".

Then say: "I couldn't believe what I was hearing. I never tell even my best mates what I do and don't do with girls, so she must have been the one to open her mouth". You're now acting shocked and amazed how the info got out because you don't even tell your best mates. You have made her believe your story about not telling your mates because it is a close mate who is telling you this news and you are just beside yourself as to how he would know what happened. She will be thinking now: "The girl must have been the one to tell his friend because who else would have"?

When you deliver these lines, after a while you will even start to believe them yourself. Try to let yourself get involved in the fantasy of your lines to women. When you convey your well timed lines in this manner you will be well on the way to getting the woman or women you desire."

105 Too bad we don't ... but if we could ...

Starts out with a "flower modification" of the IC pattern. ASF:

You: You like flowers don't you?

Her: Sure

You: And you like getting flowers from someone who means something to you, don't you? It makes you feel all warm and special doesn't it?

Her: Yeah

You: I bet you've got a favourite kind of flower. Don't tell me what it is, I just want you to think about it for a minute. You know, I was talking with a friend the other day, and she started telling me about how we don't take time to smell the flowers anymore. And I thought, but wouldn't it be great if we did? I mean, can you imagine what it's like to have someone special just hand you your favorite kind of flower, in person, face to face, and imagine what it's like to inhale that enchanting fragrance again, right now? And as you look into the eyes of that person right there in front of you, and feel that smile welling up, don't you just start to feel really good, and begin to feel a special bond with him? I mean have you ever felt an instantaneous connection with someone? Me, I know I have. It's like I begin to feel like I've know this person forever, and I was always meant to know

them, and you can just imagine a time in the future, say six months from now, still feeling that wonderful sense of connection, looking back on today as having been the start of it all. Can you feel that is a wonderful thing to experience?

Her: (whatever she says)

You: She also said we don't take time to savour the experiences we've had in the past... the feelings of love we've had .. (Insert here) But oh man, when you do! It's like . . .[go into a description of the feelings of being in love .. the faster heart rate, the anticipation of being with the loved one, etc.]

You: She said that we gulp food and don't take time to even enjoy our desert. I love dessert, especially ice cream. You know (Blow Job pattern, anyone?:)

Basically: have your "friend" say, "It's too bad we don't do or can't do X." And then you say, "But if you could . . ." And then go on to describe the state you want.

106 The more... the more...

Ross Jeffries: "Another very simple and powerful way to thought bind is to use a pattern my good friend and teacher Kenrick Cleveland calls "the more the more pattern". A simple way to use this, in a pickup, is to get a woman laughing. Once she laughs, call attention to it by saying something like, "See...you're laughing. It feels good to laugh. And the more you laugh, the more you'll discover that you really want to go out with me!". Now, it sounds too simple, but it works! "The more... the more" basically is saying that doing one thing causes you or makes you do something else. Here's some other possible uses:

The more you try to think of reasons why you can't, the more you realise just how much you can.

The more you laugh the more you recognise how much fun it would be to spend time together, NOW. Do you want to have coffee, or would lunch be better?

The more you try to think of (whatever important male in her life), the more you find yourself thinking of me." or "The more you are thinking about him, the more you find your thoughts coming back to me.

The more you are thinking about leaving, the more you know you have to stay for me.

The more you're thinking about the music, the more you realise it would be fun to dance with me:)"

Make her a believer:) Ross Jeffries:

"I don't know how exactly you'll absolutely convince yourself that what I am saying is totally true and right and the more you might resist that suggestion the more the deeper and much more open part of you is beginning to find reasons why its true. Maybe not the reasons I suggest but your own reasons and that how you can know its true because you yourself are having those thoughts, it isn't me. And you don't argue with your own thinking do you?"

107 Teddybear

"... and how when you're all snuggled up and warm, you had your favorite blanket or your favorite teddy, bare, you started to DRIFT INTO THAT SOFT WARM COTTON CLOUD... of SLEEP... and you were so relaxed that you didn't know if you were pushing down on the mattress or the

matress was pushing up against you... and you began to DREAM OF THIS IDEAL PERSON you'd one day give your heart to. And it was like at that moment you could FEEL THAT LOVE FLOODING through your heart, and it was like at that moment, you could just, FALL IN LOVE WITH THIS PERSON. And maybe it was so wonderful, you could just, FIND AN OPENING IN YOUR TEDDY... a wonderful place, and you almost want to... crawl inside YOUR BEAR... and FEEL SO WONDERFULLY CRADLED, like there are warm, soft, gentle but strong arms around every part of your body... imagining, for a time, what it would be like to FEEL THAT LOVE, and CRAWL INSIDE to sleep in your teddy, bearing all the wonderful gifts of who you were and are into the future to... GIVE TO THIS MAN you FIND YOURSELF IMAGINING AND WANTING to THINK ABOUT. ME, NOW, I can see how something like this could easily lead into knowing..." (keep it going)

108 Time Distortion

Her: I'm not sure if I actually want to sleep with you.

You: Well, if you were to IMAGINE a time maybe three months from NOW, having already made love to me say 15 times, having enjoyed all the exquisite sensations your body can enjoy, having created memories that will last forever then LOOKED BACK on it NOW as being the start of it all, NOW how do you feel ?

109 Touch

You know, I find it so interesting how every element of our experiences, our sensory information, and our memories can be so totally linked, because, its when YOUR UNCONSCIOUS MIND know how to... LINK THEM ALL UP. NOW, TO ME, as I view it, ITS THE CLOSEST THING TO REAL MAGIC IN LIFE that I find a person can EXPERIENCE THIS FULLY. I learned something a few days back, and I could show you if you want to learn something cool about how YOUR MINE works.

Now I don't know if YOU REALLY WANT TO... EXPERIENCE TRUE MAGIC [*set anchor*] on your own, in a certain way that YOU somehow KNOW that when you EXPERIENCE IT, NOW, WITH ME [*set anchor*], from my point of view, YOU'D JUST KNOW, DEEP INSIDE, that it's something so special, so wonderfully comfortable, yet also something so mysterious, so compelling [*set anchor*], that YOU DON'T KNOW WHY... YOU CAN'T HELP YOURSELF, why that little voice inside YOU'RE UNCONSCIOUS mind, from back then when you were... just a little girl, you know, that voice of adventure inside YOUR MINE... that just CAUSES YOU TO ... HAVE ADVENTURES... [Eyebrows Up, pause] I have a voice like that... [*set anchor*] and THAT VOICE INSIDE YOUR MINE SAYS, "wow... this is so incredible... so real... you GOTTA GET SOME... GO FOR IT..." [*set anchor*] Ooooooh. I love it when THAT VOICE SAYS THINGS LIKE THAT, and then inside people go, "Mmmm hmmm...." [*set anchor*]

Now, stop the flow for a sec, Move Eyebrows UP, its a checkpoint for Leading with Rapport, then pick up a newer rhythm with slightly less intensity, just so you can crank it right back up again!!!

Now, what I'm talking about here is how THE MOST AWESOME PARTS OF OUR MEMORIES OF POSITIVE EXPERIENCES GET LINKED UP VERY POWERFULLY TOGETHER. WITH ME [*set anchor*], when you THINK ABOUT A TIME IN YOUR PAST when you recall what it was like to FEEL REALLY WONDERFUL, IN EVERY CELL OF YOUR BODY... and REMEMBER WITH UNPRECEDENTED INTENSITY,

just how strongly THOSE FEELINGS CAN COME [*set anchor*]. And again, they're ASSOCIATED. NOW, WITH ME, ONLY, [*set anchor*] its a little different than it is for some people. But in any case, the next question is to find out just how quickly THESE WONDERFUL LINKS WERE CREATED ALREADY inside YOUR MINE, and it first requires that you imagine feeling completely neutral and calm for just a few seconds, and if it helps to see a big white screen in YOUR MINE, go ahead and ALLOW YOURSELF to DO what YOU FEEL LIKE DOING IT and ENJOY IT more.

And now, without any words, in a moment I'm going to DO SOMETHING, and I want you to PAY VERY CLOSE ATTENTION to what happens inside YOUR MIND and YOUR BODY. FEELINGS CAN AMPLIFY on their own or they can DO OTHER THINGS. [*FIRE ANCHOR* & LET IT FIRE FOR A FEW SECONDS, LETTING HER NEUROLOGY WORK OUT THE FEELINGS]

But just EXPERIENCE IT ALL, and FEEL IT BUILDING. What's that like?

I think you're a lot like my friend Colleen, and when she says, that when she wants to FOCUS IN ON THOSE FEELINGS, and FEEL THEM BUILDING, its like a warm comfort that, somehow, can just... HEAT UP INTO A FIRE. And its like NO MATTER WHAT THE SITUATION, NO MATTER WHERE YOU ARE, you just... [FIRE ANCHOR] GET IN TOUCH WITH HOW YOU FEEL, and how YOU KNOW WHAT YOU WANT, and, you know, how YOU CAN GET IT.

NOW, WITH ME, I find that sooooo fascinating, how people [FIRE ANCHOR] connect with their thoughts, fantasies & desires... and just this afternoon, it got me to thinking about the different between compulsions and anticipation... (or go into Blammo, where you can explain what you've just done with the above Real Magic Touch pattern).

110 Unattractive into Attractive

Have you ever been attracted to someone who wasn't even your type physically. Like I have this friend Nancy. And when I met Nancy, I didn't think she was that appealing. I had little feelings for her whatsoever. But then when I started to get to know her, I started to notice certain things, like the first thing I noticed is that she has an absolutely great sense of humor. I mean have you ever been around someone who makes you laugh so much, just the minute you see them you're already waiting to laugh, like all they have to do is look at you and you bust out laughing. The other thing I noticed about her is that she really likes herself, I mean her attitude was, hey, being with me is the best thing that could possible happen to you, you had better take advantage of it right now before that chance slips away forever. Then one day, I found myself looking through new set of eyes. You ever look at someone(pt) through a new set of eyes. Its like I look inside and, OH MY GOD. when I look at her like that, this person is really beautiful. I think when that happens to someone(point to her) with me in my way of thinking what I think happens is when you go inside yourself, and you find those values that are most important to you in a relationship and you think about the qualities in a personality you want you ideal lover to have and then you just find those and link them up with the person your talking to (point), in such a way that you begin to think things differently, you then start to look through the eyes of attraction, cause I think when you, look through look through the eyes of attraction, look through the eyes of desire, that's when you can make that connection, and really feel that growing. Now that

whole process can take weeks, even months of getting to know someone. But I think the real wonder is to find yourself really wondering what would it be like to surrender to the magic of that instantaneously and make that connection . . . now and really feel that attraction to someone(pt). Wouldn't that be great? Its great to experience that and let it happen

111 Vacation (Incomplete)

112 Voices

You know what I want you to understand that I am really about is helping people to feel good because I don't think most people know how to feel good on a consistent basis and even when they do its not really a great juicy kind of good.

I mean for example, my friend was telling me..I don't know if you're the kind of person who can.....remember when you were a little girl maybe six or seven years old and you were all snuggled up warm, maybe with your favorite blanket of teddy bear and you were so relaxed that you didn't know if you were pushing down on the mattress or the mattress was pushing up on you and you began to drift into that soft warm comfy cloud of sleep and you began to dream of that ideal man you'd one day fall in love with and at that moment you felt that love flooding thru your heart it was as if you fell in love with that special person at that moment and thruout all the disappointments of adult life all the Cynicism the let downs and the doubt still at some level that love was there waiting to be released... and what would be like to know, to finally recognise that *that* love can be given forth again because you have met someone who was worthy of it. What would it feel like to feel that love flooding forth?

Now, what if, in addition to the love in the heart of a little girl, you ever seen a really attractive stranger and found yourself saying.....YUM (or you can bite your lip and say MMMMMMMMM)?

What if in addition to the LOVE in the heart of a little girl you could also feel that YUM?

Have you ever done something so good, so beyond your expectations of what you could do you just said "YES!"?

What if you could feel the LOVE in the heart of a little girl and the YUM and the YES!

In fact what if you felt so good that just your presence was a GIFT to the people around you because you made them feel so good? What would it feel like to feel that your very presence was a GIFT in the life of everyone you cared about?

So what if you could not only feel the LOVE in the heart of a little girl and the YES! and the YUM and the GIFT and what if you found that one person that was so special (point to yourself) That just being in that persons presence, just seeing that persons face, even if they weren't around you know how you see them in your mine. Every time you heard his voice, every time you felt his touch it was an invitation, an invitation to step into a world where you could experience new

thoughts, new wonderful feelings, new behaviors, new dreams in such a way that even the opportunity to be with them was a blessing? It would be almost like that you would have to create an opening for this person. An opening that would allow this person to come inside so deeply into your life. Wouldn't that be absolutely great?

113 Voice Message

When you feel that connection with this kind of person its like then you continue to picture them in your mine and its like later on even though they're not physically there you still carry them with you deep inside your mine you still feel that warmth you see their face in your mine and you hear there voice. Maybe even though you're already with someone else, there picture just drops away and this one goes right into there place. And its like sometimes, you know when you fall asleep at night and your snuggled up against that pillow, feeling the warmth of the sheets and suddenly, you start to imagine feeling this new person's arms around you and you start to think about them in a certain way.

You ever have a peak experience in your life, for me when I use to perform when I was on stage its like all those inhibitions, you just set all that aside and you just flow with the power of your performance. You ever have something like that ... I just love peak experiences.

You think about what its going to be like ... its like jumping out of an airplane and every fiber in your body is going ... oh my God, I am going to die and yet you're hurling through the air and you're looking around and you realize oooooo this is cool, this is great .. I can see forever, I can fly like a bird. Then you pull that cord and your parachute opens and you come down on a nice soft landing and your feel totally safe once again and you look back up into the clouds and you go "I never thought I could do that" ... "I never thought I could feel that, but now I know I can go a lot farther then I thought I was going to go".

I just want to say that I think you're absolutely stunning and I really wanted to meet you. My name is John. I can tell that you have really good taste... you know how I can tell. Its because you laugh at what I say, and the more you laugh the more you'll look forward to having the best time sharing a cup of coffee with me. I can see it happening already. Seriously, have you ever met someone and just knew you were going to like this person a lot. Cause you could just stop and imagine drawing closer together. Being able to feel totally connected and absolutely comfortable for all the rights reasons and when you do that, now with me I think that's when a person begins to feel like you' have known this person forever, like it was meat to happen and there almost no way of stopping it and you just suddenly find yourself imaging how much fun the two of you will have together to the point where you start to realize that this has those qualities you might not have realized you were looking for and shares so many values that you carry deep inside your heart and your mine such that as that attraction continues to grow you being to feel that special connection right from in that special place that place where you get your intuition telling you that you that being with this person is a wonderful opportunity you want to experience.

So as you continue to think about this ... Can you feel that would be absolutely wonderful. If you were to find that in someone, knowing that more than just totally accepting you for who you are they actually went beyond that and confirmed within you how much more special and wonderful you are and stayed loyal in that, then I think you'd feel that passion growing to the point where you'd just go out and have a lot of fun with them.

You know after we've had coffee and you've discovered the amazing fun time we can have. I don't know if you're going to tell all your friends about me, or you're just going to let them wonder why you have that big wonderful smile on your face and an equal wonderful glow all inside of you but we'll be going to have a wonderful time timing finding out aren't we.

114 Void

By Kevin Kupal. Mindlist:

"Doesn't it sometimes make you stop and think how some people, despite having everything, just feel lonely and empty and severely lacking? Well, I was reading about the life and times of John Belushi... he had it all... the fame, the fortune, the houses... the women... but it appears that he was just so lonely. So was Marilyn Monroe... on top of the world, with millions of men swooning over her...she just felt so alone and left out.

I think it's really a common thing. Like, lots of people (point to her) just go on living from one day to the next like a robot... perhaps getting amused, perhaps feeling some sort of achievement, but deep inside, there's this hole inside them (point to her chest)... empty... hollow. It's like, you ask yourself, "Is this it? Is this what I've been living for? This is it?"

I think that people, Jenny, are looking for that elusive "IT"... to fill the deep void and emptiness inside them... whatever that is, it's the one thing that will just make you feel a sense of wholeness, of completeness... of peace... ha-penis...

And when you have it, when it's right in front of you (you're in front of course), only then can you begin to feel that wholeness and peace... or perhaps... that ecstatic, filling delight... filling you up completely... making every pore of your body ooze with delicious, ecstatic pleasure... that's when you know that you've found that part of you that was missing all along (point to self). You are happy and complete.

But whatever that ha-penis (point to self) is, it's elusive... you'll have to GO FOR IT (point to self) once you find the slightest chance... the slightest window of opportunity... you'll have to GRAB IT. Or... it could slip away and you might just find it gone... and you'll be left only with the thoughts of what could have been... the stuff that regrets are made of.

So...when you find your ha-penis right in front of you... Grab it! Right away!"

115 Vagueness

Isn't interesting how everyone is so different yet in so many ways we are all the same. I mean for example, I don't know what it is you do, when you decide for yourself that you really want to be with someone, and you know it's what you want cause you find yourself imagining it ... you picture it and your mine and you look forward to it for all the right reasons. Reasons that are right to you because you know its what you want but I think you know a person can find that when that's what's taking place, wow, what a difference in the way they think and just how readily you then begin to make time for this special person you are now connecting so strongly with. Its a totally different experience its like you feel almost magnetically drawn to this person you know what I mean? And sometimes I think a person wouldn't even know that that's what's taking place until afterwards. And you look back on it as one of those amazing memories you treasure/cherish for the rest of your life ... now ... with me as I think long and hard about it I think that's the process of discovering that a person is being drawn to another person.

116 Visualization Techniques

116.1 Pattern 1

Did you know your mind puts pictures in different places, according to how you feel about them? Well, look, think of someone who you really, really like a lot. OK? And now, if you were to imagine your mind to be like a giant movie screen, and if you were to point to where on the screen you see the picture of that person, point to where you see it (or where might you be pointing). Good, now think about someone who you don't like at all (or someone who you just think of as neutral) point to where you see that picture. Good. Now, watch take the picture of the person you don't like, and try to move it into the same place as the picture of the person you do really like. It doesn't want to go does it? Now what would it feel like if I were to say to you, watch what happens when a picture of you and me for whatever mysterious reason sneaks itself, powers itself over there where you fall in love and stays there. Now take that picture and make it bigger and brighter and add in sounds that intensify like oooooo, oooooohhh! Now you may be surprised to find that everyday occurrences like brushing your teeth, flipping a light switch etc. will remind you to keep that picture there.

You know, sometimes I find that, when you spend time with someone(point), and you really start to experience that incredible bond, and feel totally comfortable, you can just start to (point to where she falls in love) picture being together with them in a special way, in that special place in you mind.

OK, now check this! Point to that space where you fall in love. Great. Now, as you think about that space as I talk to you as you allow my voice to come from that space, I just invite you to notice how the deep rich warmth of that voice just starts to penetrate your thoughts, and start to spread all through you, and that sure feels great, doesn't it.

Don't you think the mind is so interesting? Did you know that we put pictures in different places in our mind depending on how we feel about them; this is done in the effort to sort things out. Try this, this is

fun! Close your eyes a second and imagine a big movie screen in front of you that wraps all around your head. As you remember (someone you haven't thought about in a long time) a time you felt very upset and angry with someone if you were to point to where you see this, where might you be pointing?

Now what would it feel like if I were to say to you, watch what happens when a picture of your boyfriend for whatever mysterious reason sneaks itself, powers itself over there to that place and stays there. Now you may think "but I want to bring it back" you might think you might think that but notice. Now, you may be surprised to find that how common everyday things, like flipping the light switch, or walking in you front door, or stepping into the shower can remind you to keep those pictures down there. And the more they struggle and fight to come back, the smaller and darker they get to the point where you just can't even see them anymore.

I know something about you, you visualize very vividly, you have a talent, you can look at someone and they think you are listening but you can be making movies in your head of something you'd rather be doing. Tell you something else, when you motivate yourself to do something, its a big bright picture right in front of you. Now stop, and think of something you like to do something you're motivated to do, if you were to point to where you see that picture, where might you be pointing. Look I'll show you something interesting, If I were to move the picture away and make it smaller doesn't seem a lot less motivating. But then its like there's a gap there that wants to be filled up. So if I were to say to you (just kidding though, we're only playing around here) notice what its like when/is a picture of you and me maybe going for a cup of coffee sneaks itself locks right in there. It seems like something you want to do.

You ever meet someone and you just want to be swept off your feet. Let me show you something about this because it happens in a very interesting way. If you'd like to learn about it. So think of that person who you just felt like you wanted to be seduced. If you were to point to where you seem to see that image, where might you be pointing. And notice when you point with me again, it enables you to remember some of what that feels like. Now on the other hand, I know you've met some people who you just didn't care for. So, point to where you seem to see those images. Isn't that neat! I'm the same way. I think what happens is, when you really connect with someone and you feel that click, what happens is for whatever mysterious reason if you just tune in and begin to notice that rapport, then your mind will take a picture (draw a frame) of this person and sneak that picture (pop) and lock it right there and that's how you know that connection is what is taking place. Just kidding around you know, I don't know what it is about me that might cause your mind to pop a picture of me right up there, probably because I make you smile, that's what most people say, don't I.

You know, when you think about that person that just makes you feel like you want to be swept off your feet, Isn't that a wonderful feeling. Now sometimes they turned out to be not so great, Of course, you put them back down there, right and so it left that space there to experience that feeling with someone new. The really neat thing is, you ever feel really safe and comfortable. Remember that, the neat thing when you remember that feeling and you look up at this new person

and link that feeling with them to know to go with those feelings, what interest me is the more you feel that connection, the bigger and brighter it gets. Are you aware of the fact that the bigger and brighter you make those pictures, the more intense your feelings become.

117 Weather

Have you ever been out west where they have these amazing thunderstorms - not just ordinary ones. Have you ever experienced the type which where you feel your attention is totally captivated.

Do you find it so moving when you are busy outside and the atmosphere just feel so electric and suddenly everything stops (pause) Then it starts to rain that type of rain that is warm and comfortable. Next you hear the faint rumbling which gets closer and closer (get closer) and you know it's going to be big (having your hands on your thighs and moving them upwards and outwards).

Its now when you feel like going deep inside (gesture fingers towards her chest) when you can experience your senses being stimulated by this mighty power. Have you ever noticed that the storm's power is TRYING TO COMMUNICATE A MESSAGE TO YOU FROM DEEP WITHIN.

And although its power is exciting, inside you feel perfectly safe. Often these storms do last and keep the momentum going and going until finally when it finishes you are left with this calm, clean and wonderful feeling which you can just reflect upon maybe years into the future.

118 Whammy

You know, Jill, I'm always amazed when I think about how long we've known each other and how close we still are. It's like lots of people come and go in our lives, but we will always have each other. Even though I don't do a very good job of showing it, you seem to realize, that when you look deep inside, you can see a very caring person.

And the thing is, I think that a person can really love that about me, but sometimes it takes a long time for a woman to see that in me, and really connect to it because I know I don't have a lot of the things that other guys do. I don't have a great body and I'm not really handsome, but when they do see it, and really connect to it, then all these other things I don't have just fade into insignificance. I just wish it didn't take so long, that a special girl could see it right away.

And that's important, that they see it right away. You see, if it takes too long, then I end up just being their friend. Most women assign different roles to the men in their life and they don't like to cross those boundaries. Once you get thrown into the friend category it's almost impossible to get out. Going from friend to boyfriend just doesn't happen very often. It should be completely different with me. I mean who better to share such a wonderful experience with, than someone who already knows you and cares about you?

I know, I know... they're always afraid to risk losing a friend in order to gain a boyfriend. But it doesn't have to be that way... in

fact, if you will allow it, you could actually have the best of both worlds, a friend who's also a lover. That would be great don't you think? Who wouldn't want someone they could count on as a friend, do all those fun things friends do together, and include sexual pleasure in it, without things like jealousy and possessiveness getting in the way. After all, it's just two consenting adults doing what they'd like to be doing anyway, right?

It's society's fault, really, I mean it's forced women to become two people. There's the one on the outside that follows all of society's rules about behaviors and norms, you have friends for this, you have a boyfriend for that, blah blah blah..., but then there's the one on the inside, the one with passions and desires, the one who wants to do all those fun and exciting things, the one who is always being held back because society says that's wrong. I believe that the truly happy woman, is the one who acknowledges that there is this other person deep inside her that wants to enjoy all that life has to offer without worrying about society's standards. She takes time to listen to that person on the inside, and when that voice says, "You want this!", she applies her own standards and she'll go for it. Now, with me, that's the kind of woman I want.

I think sometimes people really don't know what they want, at least consciously...but then it's like your conscious mind dives down into your unconscious, and just brings back up all those desires and images and feelings into your mind.

I mean like my friend, Lisa looks at me one day, and right out of the blue she takes me by the hands and says, "Can you imagine if we were making out, And I was kissing exactly the way you like to be kissed, touching you exactly the way you liked to be touched, and you were starting to feel incredibly turned on, so turned on you had to have me.?"

I had a hard time believing she said that, but I played right back to her and said, "Oh yeah? Well you know that feeling you get just before you have an orgasm. When the pleasure is just building and pulsing and throbbing all through your body? If you could imagine that feeling, could you feel that right now?"

Anyway, right after this, Lisa, felt the need to give me this speech about how we're just friends, we shouldn't be saying things like that to each other, blah blah blah...

It was like she couldn't just acknowledge that attraction and lust and enjoy it, because society says you have to be in love first.

What would be wrong with a situation where you're talking with a close friend, and as you start to really pay attention, you just become aware of certain things...like the rhythm of your breathing, and the beating of your heart, ...so as you become aware of all these things, you become totally absorbed in the connection taking place... and as that's all happening, it's like the warmth of this voice, the deep rich warmth of it, just starts to penetrate your consciousness, and spread all through body, and as your heart beats faster and your breathing increases, that warmth just heats up into a fire, spreading through your chest and down through your belly, as the pleasure of it just

starts to pound and pulsate all through you, down to where you really long to have it go, until that desire just becomes utterly overwhelming, and you just surrender to it completely.

Can you feel that ... would be a great thing to be able to do?

119 Wonder

120 Miscellaneous

120.1 Older Guy Young Girls

Major Mark

For the older guys on the list, I recommend the approach I outlined on one of Ross's courses (LA '99?). I was in this small club while on a consulting gig out of town, and I met this hot little number on the day shift. I played with her for about an hour and then

HB: Are you staying here in town?

Me: yeah, and in fact I've got to get out of here, do a little hot tub, catch some sleep.

HB: Hot tub?

Me: Yeah, well actually it's a big hot tub in my room. I'm in that Holiday Inn out by the airport. But I've got to tell you, it's unfortunate that I met you in here today.

HB: Yeah, this club has a policy that we can't date customers.

Me: Forget dating me, that's not going to happen. And it's because....you've noticed the age difference. You see, it's obvious....you're what? 22? 23?

HB: 21.

Me: Even worse! You see, you look at yourself as being at the pinnacle of your life, the culmination of 21 years of life. And I'm XX. Which means that I've had your 21 years of experience, plus XX more. And each of my XX additional years has been as an adult.

HB:(taken aback) So, what's your point?

Me: I'll keep it simple. Look at me. What you see is framed through your 21 years of experience, most of which was spent as a girl. So it's not possible for you to understand clearly what I have to offer as a man. But I've HAD those experiences, plus XX years of being a man, enjoying women. I know what a woman can do to entice, to please, and to satisfy her man. And I know how to please a woman. Make no mistake, there are plenty of guys

here today who would do most anything to sample what you have to offer. And they'd enjoy it. They all are here because they like girls. But I'm accustomed to the warmth and responsiveness of a woman. And the sad thing is that, as I look at you, I can clearly see the woman you have potential of becoming, for me that's incredible! And you're not there yet! So it's not gonna happen.

HB: (stunned) That's so rude!

Me: maybe so. But it's not impossible. You have an imagination, and I'm sure you can imagine a time when you're ready to genuinely please and satisfy a man. Butt first, you've got to show me something different than what I see here.

HB: You're pretty sure of yourself...

Me: (interrupting) It comes with this territory. Thanks again for your time, I gotta go now, that hot tub is calling!

Insert gestures/anchors as obvious.

Half hour after shift change, I'm sitting in my room typing boring reports when Boom ! Boom! Boom! at the door, young HB with wine and a fierce determination to prove me wrong. And hours later, as she swept out again in triumph, I had to admit she had a point herself!

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