

MBB Wealth Multiplier #1: The Limiting Beliefs Healer (Part 1) (continued)

CHRISTY: Brad, this is Christy. I'm finding myself comparing myself. If I compare myself to people who live in a third-world country, I'm already rich, and yet if I were to compare myself to Joe or Donald Trump or Oprah, I would not be considered rich. And so when I was doing the tapping, I was thinking about, "Oh, I already am rich, except it's not the rich that I want." Could you address that a little bit?

BRAD: Yeah. Let's see – just keep tapping folks – tapping on any point on or around the different points while the thoughts come to me.

(Side of the Hand) Even though I don't know how to define rich,
I deeply and completely love and accept myself,
Even though I don't know how to define rich,
I deeply and completely love and forgive myself,
Even though I don't know how to define rich,
Which must be really difficult,
For my subconscious mind,
I've been blocking myself from riches,
If I compare myself with certain people,
But I can compare myself with other people,
And I live like royalty,
And if I have a problem with being rich,
That must cause a lot of internal strife,
And I choose to let that go,
The person who is the richest,
Is not the person who has the most,
But the person who needs the least,
I choose to clear myself,
To have the amount that I want,
The truth is,
I'm not in competition with anyone,
In "The Science of Getting Rich,"
Wallace Wattle said,
"You must pass from the competitive mind,
To the creative mind,"
I am creating wealth,
And it doesn't matter if some have more,
It doesn't matter if some have less,
Wealth to me,
Is what feels right for me,
And I'm allowing myself,
To feel right with a whole lot more,
And I'm also allowing myself,
To be happy right now,
My happiness,
Is not dependent on a figure,
I don't have to be as rich as anyone else,
To finally be happy,
And I don't have to be as poor as anyone else,
To feel good about myself,
I deserve to feel good now,
I'm rich and getting richer,
On my own terms,
And even though it's hard to define rich,
I deeply and completely,
Love and forgive and accept myself,
And all those people,
Who have more money than I have,
And all those people,

Who have less money than I have,
And all those people,
Who have the exact same amount,
As I have,

(Eyebrow Point) This comparison of money,
(Side of the Eye) This money comparison,
(Under the Eye) This money comparison,
(Under the Nose) This money comparison,
(Under the Mouth) As if it had anything to do,
(CollarBone Point) With my true value,
(Under the Arm) If I don't have as much money as Donald Trump,
(Top of Head) I'm assuming there's something wrong with me,

(EB) I can't be happy,
(SE) Until I'm a trillionaire,
(UE) That's my goal,
(UN) And until I reach it,
(UM) I may feel less than,
(CB) Until I look at other people,
(UA) In third-world countries,
(TH) People in Ethiopia,

(EB) I'm much richer than they are,
(SE) In comparison to them,
(UE) I might as well be a trillionaire,
(UN) If I can afford to have a telephone,
(UM) And be on this call right now,
(CB) I'm already in the upper percentage of the world,
(UA) By comparison to more people on the planet,
(TH) I'm already rich,

(EB) Should I stop?
(SE) Should I feel bad about that?
(UE) Would that serve anyone?
(UN) Can I be poor enough,
(UM) To help the people in Ethiopia?
(CB) Can I be poor enough,
(UA) To help anyone on the planet?
(TH) Can my lack of money,

(EB) Be beneficial to anyone?
(SE) Part of my mind thinks so,
(UE) It thinks I'm being sympathetic,
(UN) But one thing's for sure,
(UM) Sympathy won't feed the people in Ethiopia,
(CB) I'm not serving anyone,
(UA) By limiting my wealth,
(TH) I'm also not serving anyone,

(EB) By limiting my happiness,
(SE) If I tell myself,
(UE) I can't be happy yet,
(UN) Because there are more people,
(UM) Who have cleared themselves more,
(CB) Donald Trump has cleared his money blocks,
(UA) Bill Gates has cleared his money blocks,
(TH) No fair!

(EB) They're more clear than I am!
(SE) It's not fair!
(UE) And I'm not going to be happy,
(UN) Until I'm as clear as they are,
(UM) I want to be as clear as they are,
(CB) And the fact that I'm not,
(UA) Must mean there's something wrong with me,
(TH) So I'm going to feel bad about that,

(EB) I can't possibly feel bad enough,
(SE) To serve anyone,
(UE) Least of all myself,
(UN) My bad feelings,
(UM) Don't help anyone,
(CB) They're not making me more wealthy,
(UA) I can't feel badly enough,
(TH) To get more money,

(EB) Because after all,
(SE) I've read "The Attractor Factor,"
(UE) I know what attracts wealth,
(UN) Feeling badly about myself,
(UM) Is not an effective attractor,
(CB) If I don't feel like I'm good enough,
(UA) Why would I reward myself with more money?
(TH) I choose to feel good,

(EB) I choose to have a positive relationship to money,
(SE) And it's a personal relationship,
(UE) My relationship to money,
(UN) Has nothing to do,
(UM) With anyone else's,
(CB) I don't need to feel badly,
(UA) About having more than others,
(TH) I don't need to feel badly,

(EB) About having less than others,
(SE) Those bad feelings,
(UE) Just keep blocking wealth,
(UN) And they don't help anyone else,
(UM) They don't help anyone else,
(CB) They don't help me,
(UA) So I'm releasing them now,
(TH) I am releasing them,

(EB) I'm setting myself free,
(SE) Finally setting myself free,
(UE) It is safe to be free,
(UN) It's safe to have a positive relationship to money,
(UM) It's safe to have a personal relationship with money,
(CB) Regardless of what others have,
(UA) I choose to feel good about what I have,
(TH) And joyfully and gratefully allowing a lot more.

Take a deep breath!

BRAD: How'd I do Christy?

CHRISTY: Fabulous. Thank you.

BRAD: Thank you.

PERSON: I have a question.

BRAD: Yes.

PERSON: What my worry is – I guess I have a fear of what others will think. How do I explain where the wealth came from because I'm kind of going down a lot of nontraditional paths, and a lot of people that I'm close to do not understand what I'm trying to do. And they feel, "Well you should go out, get a job, blah, blah, blah," – you know – the whole bit – and you know, they don't believe that you can be wealthy. It's like - I don't know - it's just a fear of what others will think and if others will still be my friend and that type of thing.

BRAD: And that sort of crosses over two things: One is beliefs about ourselves in relationship to money, which is what we'll talk about on Friday. But it also does bring in some about money, which is the idea of how money has to be made. One of the beliefs about money is you have to work hard to make money, and you have to work hard in a particular way to get it. There is the conventional means and anything else is wrong. I just want to point out to folks that it is 3 o'clock. I am perfectly happy to keep going and rockin' and rollin' if people are up for it. Joe?

PERSON: Yeah!

JOE: I heard somebody give a definite yes.

PERSON: Rock and roll!

JOE: I would say you should go for a little bit longer. But I know people are calling from all over the world, and so they're facing some time issues and so forth. So I would say if you felt comfortable with it, go for another 20 or 30 minutes – maybe pick one or two of the issues that are surfacing for people and address that. And then we need to remind everybody we are doing part 2 on Friday. It'll be the same time, same place, same number. Be sure to call in 10 to 15 minutes early or you may not get on, because I guarantee there are people trying to get on and they're not making it. So, Brad, if you want to be a noble trooper here and go for another 15-20, somewhere in there – so we can respect people's time, but still give people more – I'm for it.

BRAD: Absolutely. Hold on one second. I want to check one thing.

JOE: And I guess this is a good time for the people that are recording this to verify your recording or turn the tape over or start another CD or whatever you're doing. You've got a moment to do that because we've already been doing this for over an hour, so you might want to backup your audios or whatever you're doing.

BRAD: A little intermission music (singing da, da, da, da, da). And we're back!

JOE: And since I'm talking for a second, Brad, I want to remind you – or at least invite you – to give us a way to handle the things that come up between now and Friday. Because just like a couple people have brought up – like Christy and the other person brought up wonderful points – they're feeling something and there's a belief that comes up and they're not quite sure what to do with it. That's going to be taking place for me and the other people on the call. So what do we do on our own between now and the next call on part 2?

BRAD; Excellent. One of the wonderful things about EFT is you can do it on your own. When I first started in this field, I was a hypnotherapist. Hypnotherapy is great. Doing self-hypnosis takes a bit of effort, and it takes some training, and not everyone's good at it. So when I worked with someone, if they had something come up in between sessions, they were sort of in trouble because they couldn't call me 24-7. With EFT, you now have a tool that you can use for a multitude of issues in your life. If you're not comfortable doing it on your own already, certainly on my website, www.bradyates.net, there are instructions on how to do it. I have various recordings on there – both free and otherwise – working on different issues. The best way to do it – and certainly if you can teach this to someone, share this technique with someone – I don't now – for the different people on the call, some of you may be experiencing great clearing right now. You may be experiencing a lot of yawning, which is very often a good sign of energy release. For some people, the clearing that happens with this – I get calls and emails from people after one teleclass saying, "Wow, I doubled the number of clients I saw this week," or "My income went way up after we touched on something that really cleared something." For other people there's an

increased sense of well-being. They may not see it right away financially or it may be so subtle they don't notice it – it depends because each person is wired differently, and there may be issues that are coming up. This triggers other issues. My best suggestion is to take this technique – and you can do it very simply – and tap on it – whatever the issue is – “Even though I have this feeling that's coming up.” If you know what the feeling is – if you can feel it coming up – don't worry about the words. The simplest form of EFT is right there on my website. You simply say, tapping on the side of the hand, “Even though I have this issue, I deeply and completely love and accept myself.” Say that three times and then tap through each of the points. And on each point, simply say, “This issue, this issue,” or whatever the issue is. You don't need to worry about the creative wording. If you feel like you're not divinely inspired and there aren't words flowing in, that's fine. EFT will clear your energy system. It may take longer. What I'm doing with coming up with all the different words is looking for different things and trying to push different buttons and clear different aspects. If negative feelings – any discomfort that comes up from this call or that might come up in between the calls – those are all things you can tap on. And if you feel that you're really in a tough place, contact me, and if I can't work with you, then I can refer you. There're a lot of wonderful EFT practitioners out there.

PERSON: Great.

BRAD: All righty?

PERSON: Brad, can we work on your third one in the email – “not enough and holding onto what you have?”

BRAD: That there's not enough money?

PERSON: Yeah.

BRAD: Okay. I'm going to do, “there's not enough,” and also “that it takes hard work,” to address the last comment that was made.

PERSON: Great.

BRAD: So – and you know what? If spirit moves me correctly, we'll be able to do both in one round.

PERSON: Cool! I have confidence in you.

OTHER PERSON: We all do, Brad.

BRAD: Oh, stop! Keep those cards and letters coming. Thank you ladies and gentlemen – we'll be here all night.

(Side of the Hand) Even though it takes a lot of work to get money,
I deeply and completely love and accept myself,
Even though it's really hard to get money,
I deeply and completely love and forgive myself,
Even though it is so hard to get money,
And it has to be hard,
Because there's not enough of it,
If it was easy,
Everybody would be getting it,
And then we'd only have a little bit,
So abundance,
Has to be for the hardy,
Those who work really hard,
And you don't have to just work hard,
You have to work hard in a specific way,
In a respectable way,
Something that people can understand,
Because I want to make sure,
That when I make my money,
People say, “Oh, you deserve that,

You've earned that,
You've worked hard enough,
In an acceptable way,
And now I'll allow you to have that money,"
As if I needed their permission,
As if I needed their kind thoughts,
If they're not going to be happy for my abundance,
I've really got to question the relationship,
I want the people around me,
To wish me well,
As I wish them well,
And even though it's really hard to get money,
I deeply and completely,
Love and forgive and accept myself,
And all these people,
Who've told me what it takes to get money,

(Eyebrow Point) It's so hard to get money,
(Side of the Eye) It's so hard to get money,
(Under the Eye) It's so hard to get money,
(Under the Nose) And everyone says so,
(Under the Mouth) If I pick up a copy,
(CollarBone Point) Of the book "The Attractor Factor,"
(Under the Arm) Every page says,
(Top of Head) "Don't kid yourself,

(EB) Getting money is hard work,
(SE) And there are only certain ways you can do it,
(UE) There are certain respectable careers,
(UN) That take a lot of hard work,
(UM) And other people have to approve of it,"
(CB) I can't be rich,
(UA) Until other people approve of my wealth,
(TH) I just won't feel wealthy,

(EB) Unless other people feel good about it,
(SE) Unless they tell me good things about it,
(UE) Unless they pat me on the back,
(UN) And say, "Good job,
(UM) Well done,
(CB) You deserve this,"
(UA) I hope they don't pat me on the back too hard,
(TH) 'Cuz my back will be really sore,

(EB) From all my back-breaking labor,
(SE) 'Cuz that's what it takes,
(UE) It has to!
(UN) 'Cuz there's not enough for everyone,
(UM) It has to be hard to get,
(CB) This old belief,
(UA) That there's not enough to go around,
(TH) There's just not enough to go around,

(EB) There's not enough to go around,
(SE) There's not enough for everyone,
(UE) Which is another reason,
(UN) Why I wouldn't want to be rich,
(UM) Because then I'd be depriving someone else,
(CB) The million dollars that I have,

(UA) Is a million dollars that someone else doesn't have,
(TH) Or a lot of money that a lot of people don't have,

(EB) How dare I have a million dollars,
(SE) When people are starving in Africa?
(UE) How could I be so selfish?
(UN) I'm going to deprive myself,
(UM) In solidarity with those people,
(CB) I hope they appreciate it,
(UA) I hope their lives are already improving,
(TH) My depriving myself,

(EB) Is not going to feed them,
(SE) And there is plenty,
(UE) There is a lot more than I know,
(UN) The Universe,
(UM) Has unlimited abundance,
(CB) I am a child of that Universe,
(UA) I am entitled to this wealth,
(TH) As much as anyone else,

(EB) And the only thing it takes,
(SE) Is my allowing it,
(UE) The people who make a lot of money,
(UN) From a lot of hard work,
(UM) Are simply justifying their beliefs,
(CB) There are a lot of other people,
(UA) Making a lot of money,
(TH) In their sleep,

(EB) How can that be?
(SE) It's supposed to be hard,
(UE) You're supposed to be breaking your back,
(UN) Not lying on it!
(UM) How could this be?
(CB) Unless I'm mistaken,
(UA) All these mistaken beliefs,
(TH) And there're a lot of people in my life,

(EB) Who have mistaken beliefs too,
(SE) Who think I have to make money in a certain way,
(UE) And I think I have to explain myself to them,
(UN) So instead, I'm depriving myself,
(UM) So as not to upset their comfort zone,
(CB) Who am I doing a favor?
(UA) Do I want to support their limited comfort zone,
(TH) Or expand it,

(EB) And show them new horizons?
(SE) If I care about these people,
(UE) I choose to be a wonderful example,
(UN) The truth is,
(UM) My ever-increasing abundance,
(CB) Is a gift to everyone,
(UA) And I'm joyfully and gratefully,
(TH) Giving that gift.

Take a deep breath!

PERSON: Nicely done.

BRAD: So.

PERSON: Well done!

BRAD: So, what I'd like to do, because we're coming up on that time – what I always like to do is close out with a guided imagery. It's sort of a hypnotic thing where I give hypnotic suggestions – like Joe was giving at the top of the call. "Commanding your mind to be rich!"

JOE: All right. We should all pull over and not be driving at this point.

BRAD: Yes.

JOE: If we were driving and tapping, now we should pull over.

(Laughter)

BRAD: Surgeon General warning: Please do not operate heavy machinery with your eyes closed!

PERSON: We thought drunk and driving was a problem!

(Laughter)

BRAD: So we have a little warning on this. So, what I'd like folks to do, wherever you are, whatever part of the world or the Universe – for those of you who are on Mars – is take a deep breath in and hold it. And as you let it go, gently close your eyes. With your eyes closed, take in another deep breath and hold it..... And let it go. And a third deep breath in and hold it..... And let it go. And now with your eyes comfortably closed and comfortably breathing now – just breathing normally in a relaxed way – I'd like you to imagine that with every breath you take in, you breathe in relaxation and positive energy, health, and well-being. In fact, you might imagine a very healing light surrounding your body.

And as you comfortably breathe in, your lungs comfortably draw in that healing light – allowing it to flow in and through every muscle, nerve, fiber, tissue, cell and atom of your being. Healing any part of your body that might have been experiencing some discomfort, filling you with energy, health and well-being, positive energy and love and gratitude and joy. And just relaxing more and more with each breath and feeling that relaxation flowing over the top of your head and down over your face – soothing, gentle, relaxing – that energy flowing down over your neck and into your shoulders – relaxation flowing through your shoulders and down over your upper arms, elbows, forearms, wrists, hands, and fingers – relaxation flowing down over your upper back and lower back, your chest and your stomach, allowing yourself to remain comfortably in whatever position you are in, and otherwise relaxing, relaxing. And as your torso relaxes, internal organs comfortably do whatever they need to do to maintain your optimal level of health. As relaxation flows through your hips, down into your thighs, over your knees, into your shins, down around your ankles, and finally into your feet. And finally that relaxation flows over your toes as you allow yourself to relax twice as much with each number – going twice as deep as I count backwards – five – four – three – two – one – and zero is deep sleep (snap fingers).

And each and every time you hear me say the words deep sleep (snap fingers), with your permission, and only with your permission, you allow yourself to return to this depth or even deeper, quickly, soundly, deeply. And the physical body relaxes, and with that relaxation comes that wonderful sense of calm well-being of both body and mind. Deeper, deeper, deeper - five – four – three – two – one – and zero is deep sleep (snap fingers). And in this comfortable state of relaxation, I'd like your subconscious mind to take you to some beautiful place in nature. It could be in the mountains or on the beach, in a garden – wherever your mind feels comfortable and wants to take you. And imagine yourself walking forward in this place, one foot in front of the other, moving forward (snap fingers) – because from this moment on, you have one direction in life, and that is forward (snap fingers). The past limitations – the past limiting beliefs about money are now in the past. They are cleared – they are cleared for good. Leaving them in the past. Leaving you with more freedom, more openness to allow abundance into your life. And moving forward in this beautiful place, looking around and seeing what you see, noticing what you hear, maybe what you smell, taste and feel – and notice abundance. Notice the abundance of the Universe. It could be blades of grass or leaves on trees or flowers or grains of sand. Just notice the limitless abundance all

around you, and knowing that all of this is energy. It is all energy. You are energy. You are a part of it all. Money is energy. It is all energy, and there is an unlimited abundance of energy. And just moving forward in this beautiful place, allowing yourself to connect with it all, letting go of any limiting beliefs that kept you from connecting to any part of the energy that had been blocked from you in the past – and leaving that in the past – and moving forward (snap fingers) towards an ever increasing abundance of health, wealth, and happiness, which you so richly deserve. Letting go of any limiting beliefs about money – that money was negative or bad in any way, shape or form – that people who had it were bad – that how to get it was difficult or bad – these are all limiting beliefs. They weren't truths. Seeing the truth now, that there is unlimited abundance, and that you are welcome to it, and that you are free to have it. Moving forward and feeling this more and more and recognizing that you deserve it – it is yours for the asking. Allowing that to be your new belief. Allowing yourself to not only believe it, but to know it – that there is unlimited abundance, and you are welcome to it, and you are worthy and deserving of it. Allow yourself to feel that – with joy and gratitude – in every muscle, nerve, fiber, tissue, cell and atom of your being.

And in this beautiful place, I want you to notice something red. It could be a bird or a flower – something red, red, red. And when you see that color red, you have the feeling of confidence in the fact that there is more than enough money for you, and that you are good enough to have that wealth – confident in your ability to attract wealth and confident, in fact, that there is plenty of it, and that it is perfectly okay for you to have it. It is a good thing for you to be able to have as much wealth as you choose – an ever increasing amount – feeling more and more confident (snap fingers) in that whenever you see the color red, red, red, red – just having that sense of confidence in your ever growing relationship with money. And going even deeper now – five – four – three – two – one – and zero is deep sleep (snap fingers). Allowing yourself to go even deeper.

In a moment, I'm going to count you back out from zero up to five. Five will be wide awake, alert, focused, energetic, powerfully moving forward in life with a new freedom, a new openness, a new positive relationship with money. Tonight when you choose to go to sleep, don't be surprised when you fall asleep quickly, soundly, deeply, and sleep very well through the night. During the night you'll dream. The more you dream, the stronger you become. I'm going to ask your subconscious mind to allow at least one of your dreams to be a very healing dream – healing some past negative association to money that we may not have talked about today – clearing that out – healing it, clearing it out, releasing it, completely free of it – so that in the morning, at the time you've chosen to wake up, you wake up easily, effortlessly, feeling refreshed and energetic with an even more enhanced freedom around money, powerfully moving forward towards that ever increasing abundance of health, wealth and happiness, which you so richly deserve.

And now go back down to zero, which is always deep sleep, allowing your mind, body and spirit to digest all these positive thoughts and images – taking them in at a very deep level – so that these positive changes in your life happen easily, effortlessly and naturally. Coming up to one – feeling physically relaxed, breathing in relaxation and positive energy with every breath you take. Coming up to two – feeling emotionally calm, calm and confident. Three – health and well-being, enthusiasm, love, joy and gratitude flowing through every muscle, nerve, fiber, tissue, cell and atom of your being. Four – becoming more and more alert and aware of your surroundings. And five – eyes open, wide-awake. One – two – three – four – five – eyes open – wide-awake. One – two – three – four – five – eyes open – wide, wide-awake. And welcome back!

PERSON: Wow! Wow, Brad, you just get better and better.

JOE: I think they like it, Brad.

BRAD: No, I am not paying these people! But you are getting more money by doing this – Money Beyond Belief, in fact!

JOE: Money Beyond Belief – that's the new moniker for the next few days. So, Brad, thank you. This was part 1 of 2 calls. The next one will be on Friday, same time, same place, same number. Call in early; otherwise, you may be giving up your spot. Any final words, Brad?

BRAD: Don't call in too early because I want to make sure I get on the call too!

JOE: Leave room for Brad and I. Well, all right, I think that wraps up for now. We've covered a lot. We've gone over time, so I want to quickly bow out and get everybody out the door. I would say, "Have eyes wide open, looking for magic and miracles and cash. Money beyond belief is on the way."

BRAD: Thank you all very much for doing this work. As I said, when you do this work, it benefits the entire Universe.

PEOPLE: Thank you, Brad and Joe.

JOE: You're welcome. Talk to you Friday everybody.

PEOPLE: Awesome – bye!