

The Dark Side

Here you have the material that we will be covering. I would like to start out with a couple of things to say about this. Religious lore has it that in order for the devil to come into your life and affect you, you have to invite him in. Persuasion also depends on that same strategy. It's just so devilish usually although what you are holding in your hand is. Persuasion works best when people invite you in. Now what is rapport all about? Getting invited in. Getting that person to open the door and let you in. So people that are very good at rapport can get that door open as all of you now can and then what if they don't have all that good of intentions and they are going to manipulate you and destroy you. Is that possible? Yes, it is 100 percent possible. Is it easy to do? Not necessarily but with this stuff it now is. With this material it is. However, I teach it for a couple of reasons. I've taken huge flack from people about even being willing to talk about it. Nevertheless, writing the patterns and handing them to you. But I decided to do it for a couple of reasons and I want you to be clear what my reasons are for why I'm giving you this and I hope in so discussing it with you that your understanding of this will be enhanced and your ethical use of all of your skills will be furthered. I've personally been the victim of the worst of these being used on me. I don't consider myself -----victims. I don't like to use that word. But I will tell you that I had it done to me and it really, really hurt me. It took me six months to pull out of it. I had no idea that it was being done and it was done by someone I trusted at the time more or less. And so why would I want to arm someone with a tool like that. The fact is I don't really want to arm you with a tool like that. But I don't really have a choice do I? If you are going to have a gun in your house for defense, that gun can also be used offensively. In fact, when you think about it, a gun is an offensive weapon even if you are using it defensively. It's not about blocking. It's about stopping. If someone has a gun and they are going to shoot you with it, your gun isn't going to block their bullet. You hope your gun is going to get to them first. This material...the only way I could teach you to block it is to show you that it exists. So my first and biggest reason for giving you this is so that you will know what exists. You'll know basically what's out there and as a result of knowing it, that in itself is a defense. For example, if you started hearing people using embedded commands right now out in the world, you would instantly be alerted to their use. You could hear them

couldn't you? If you began to feel your emotions really be pulled favorably or not so favorably one way or the other, you would sense it. You would feel that something's going on. It would alert you and you can decide to get out of there. You could say...you know what, I don't want to deal with this anymore. With some of these patterns, what underlies them the power beneath them can be used really positively. Some of these patterns deal with embedded commands and that kind of thing. And they can be used of course as you've been seeing, we've been learning how to use embedded commands and all kinds of language patterns very, very positively. But like any real power what you've been learning during this training is real power. It can be subverted to good or bad. It can go either way. You could absolutely use it for bad. That's possible. You would want to believe that the Catholic church is a great foundation...has wonderful spiritual leadership and probably the largest religious organization in the world. Unfortunately, a few priests have made it maybe not quite as desirable in some ways for people. Does the behavior of a few ruin the whole? No, not for most people, but it sure shook it up a little hasn't it? So do a few people who go around using these kinds of skills negatively destroy the ability for you to do it positively? Absolutely not. But I don't want any of you....my customers, my clients....I don't want any of you to fall victim to these skills. So in order to do that, I have to teach them to you. I have to show them to you. Does that mean that somewhere, some day somebody is going to go out and use these things in a negative way? Yes, probably. Probably some day I'm going to get a call that says...you know what, so and so in your class has just destroyed somebody emotionally and left....and as a result, they jumped off a cliff and how do you feel about having taught them? And I'll tell you how I feel about having taught them....I'm not a persuasion cop. I will do my best to show you ethically and morally what I believe to be right. And that comes from a person who has certainly had his share of difficulties in life and I certainly have not been the shining example in the past that everyone would want to follow. So I can tell you from having done it wrong and I can tell you from having done it right and for many years I've been doing it right certainly in my opinion. And I can tell you the difference in living a life full of integrity and honesty and being honorable so that when you get up in the morning you can look at yourself and you feel good. And I can tell you what it's like not to do it that way. As I'll bet each and every one of you can too.

Each and every one of you have done things in your life that you're not proud of. And I want you to think about those right now. What have you done in your life that you're not proud of? And I want you to realize that the use of the skills that way is exactly the same thing. Only the consequences may even be more devastating for those who use them ----- . Is it fun and exciting to learn this? Yes, it is. It can be really fun. It can be really exciting because you're learning the nuclear weapon stuff and that's fun. I have to say there's a part of me that goes ----- . I know how to do this stuff. Although I will tell you even though I know how and it's as easy for me to do it as it is to talk to you right now, when the opportunity arises as it does from time to time, I hold back. I hold back. I think it through. I think about it. Yeah, there are a few of these in here. There's some that are not really all that dark side...not that bad. And yeah I'll use some of those and so will you. That's fine. Just please think it through. Before you unleash one of these on somebody, think it through. Make sure it's what you really want to do. Think of the consequences. Think of your future. Think of their future. And I'll say this in closing about how we're going to think about these skills. Rather than spending time figuring out how you can get even and destroy someone, let it go and move forward. Just let it go and move forward. The amount and time and energy you'll spend perfecting some negative application in order to try and go destroy someone will take all sorts of energy, time...create all sorts of negativity...cost you money and end up maybe or maybe not working depending on how well you can do it...when you could have spent all that time gaining new clients, making more money, having more fun, creating more love and passion in your life and please take my suggestion and do it that way. Having said that, let us jump into The Dark Side.

So let's start off with some lesser kind of powers. My hope is in getting this out there to my clients that when you're out in the world and your dealing with trainings and things that should anyone ever try this, you may even be able to walk right up to them and say....you know what, I know what you're doing and I don't appreciate it and I really would like you to stop. I have every intention now of notifying Kenrick and perhaps posting this on discussion boards the world over and letting them know what you just tried to do. Don't ever do it again. There's every reason to believe we should let people

know that their attempted covert use of this stuff isn't really going to get them anywhere. Especially in training environments. Some advanced modeling strategies. We covered in some modeling strategies in the rapport section when we learned to do things like the Gold Bubble, when we learned to do things like smurfing people. Well here's some more right along those same lines and these generally have a little bit more of a negative feel to them. But they absolutely can be used in positive ways as well. I want you to always remember what the one thing I taught you about the modeling type strategies. Form follows function. So what do you want to do? And how could you build a form that would equal the function or cause the function? That's what I want you to start thinking about. Now here's some effective ones. So we talked about smurfing where you're going to reduce them and make them into a little blue object and you're going to freeze them out. Because when you're really, really cold, what happens when you get ultimately too cold? You kind of turn blue and then what? You get colder still. You freeze and when you're frozen, where's your life? You're gone. Your life's gone. So smurfing isn't about killing someone. But it's about killing the energy that you don't like. It's about freezing that energy. So if we talk about frozen things versus hot things, hot things are alive...they're moving. Jump into a hot skillet. You'll be dancing the jig trying to get out of there as fast as you can. Freeze yourself and as you get cold enough, you'll eventually...you won't move anymore and that's it. The idea of smurfing is to freeze the energy. To freeze out what it is you don't like and remove it. So we know about that one.

Let's talk about the squash. You can take and this is a method of rapport. The way I've presented it here is more or less a method of rapport in which you take a picture of you and a picture of the person that you want to influence...you can see them clearly in both hands and simply bring them together. So now here they are together and they're actually out in front of you. And from this sort of meta perspective, you can do all kinds of things to that picture. So it's an easy way to imagine the joining of these two things. So you can join them in this squash...look at them and then you can make it rain excitement. You could make it pour enthusiasm. You could make it rain gasoline if you wanted to. There's all kinds of things you could do. But if you're going to do that, don't

be in there. Don't put you in there. But you bring two pictures together in a squash and you'll watch the energy actually effect those people and if you are a part of it, it's going to effect you the same way. So make sure if you're going to jump in there, that you know what you're doing. By the same token, what if you didn't want to be in that picture and you simply wanted to bring something else into that person? Well if you are experiencing some rapport with them and you in your mind imagined that person and you imagined some kind of suffocating gas or something else and you collapsed it with them and then remove your own rapport influence so it doesn't come back at you, you will find that even the thought of you going through this in your mind will effect that other individual and it can effect them quite powerfully. Yesterday, Mike showed you how when you think about positive things, your arm will stay strong. When you think about negative things, it will go weak. This is a way to weaken the energy force of another individual. Marshall arts masters use other tactics that do similar things. For example they found that an upward direction of your hand to an individual will lift them up and strengthen them. And that's again tested energetically. Where a downward motion will actually reduce them and weaken them. Marshall arts masters before fighting can even do this or do it in the middle of a fight and almost wipe out their opponent without a single touch...without even a blow...make them so weak and so off balance that they can't defend against the attack. So you can do the same kind of thing. If someone is really causing you a problem, you can weaken or destroy their energy field with a visualization or a modeling process, if you will, that will effect or delete or dilute or burn up or whatever you want to do to that energy force is that you are being confronted with. So it's a visualization tactic is you want to look at it that way that will quite radically effect the energy of another person. Now you can practice with this, but I recommend practicing it in a positive sense when you see people like for example at a restaurant or elsewhere and you could imagine for example a ball. So you take a ball like your kids would play with and make it a color and give it a color and then you take a great big syringe and you suck out all the air in the ball and you see it collapse and into a little bitty plastic crumbled up thing. You take a new syringe and you fill it full of love. Or you fill it full of desire or whatever you want. And you take the ball and throw it right in their solar plexus and let the ball absorb right into them and watch how it effects them. And to

the degree that you can begin to really imagine this clearly and really have intention behind what you're doing, you'll see it actually having an effect. Practice the positive side of this and you will be amazed. Of course there's the other side.

Let's move to the next one....the claw. I like this. I had a guy call me up and tell me have I ever heard of the claw? No I haven't quite heard of the claw. He said well let me tell you about this. Here's how I've heard it explained...I listened and I thought that's pretty cool. I like the claw. Kind of a neat little technique. So the claw is simply this...you send out a claw to the other person that you're going to deal with. So you imagine like let's say a little arm coming out of your stomach and it could just reach right straight over and go...grab them. You can reach right and grab them right by the heart. Or you can reach right and grab them right by the mind...whatever you want to do. You can shut their mouth. But you can reach right inside them. So when you're doing this, I picture the claw going right straight in and I'm grabbing hold of your insides. Now, once I got a hold of you, what can I do? I can beam any kind of energy in there that I want. All I have to do is raise my vibration, change my vibration. I can elicit internal states for me. But what I've done in this little move is I've reached out and I grabbed you and I got you and now you're not going to get away. So it's a way of asserting dominance. It's a way of actually imposing a dominant force on another individual. Now you can use the claw in connection with the smurf. So for example let's say I want to get rid of a competitor. I can reach out and grab him...reach right inside and grab him and then I send in fear...for example. This is really scary. You don't belong here. You're out of your league. You're out of your level. Get out of here. And then withdraw the claw and smurf him and send him away. I can do that. I warn you that's kind of not really worth your time most likely to go into all the negatively. But you can do it and I just want you to know that it can be done. Now, you can use the claw for really super fun things. For example, you find someone clear across the room that you would really like to get to know better. So, in your mind, you make this thing reach out and go wham...grab them right in the heart and then send a message to them....I really like you. Come on over and say hi. Or let's get together and whatever....okay? And you can send that message and that impact right over to them. Now I've also heard that there's some interesting ways

you can deal with this. For example, let's say that a frontal attack isn't exactly what you have in mind...meaning you don't want to be that dominant or that assertive. So you can take this thing and out it comes and it goes around behind...snakes around down there on the floor and goes all around the room and it comes up behind the person and goes....and grabs them from behind. And then there goes the thing that's all around there and they don't really see it coming and so it sort of sneaks up on them a little bit. So the claw is a very useful thing that you can use both for real positive things and things that are not so positive.

Q: Do they have to be looking at you at this time?

KC: Absolutely not.

Q: They don't have to be aware of you.

KC: They don't even have to be aware of you. They don't even have to know you exist. It's extremely powerful and very effective.

You can also leave them connected to that for as long as you like. For example, the person gets up and goes home. Well your imaginary claw goes with them. Now any time you want to get it, you want to reactivate that connection, you just simply acknowledge that it's there and send in to whatever you want and it works. Now be cautious about sending out things into people and leaving them there. Because you'll end up being drained. It will drain you. Yesterday, Jordan was telling me that he was influencing a girl at a bar and she was, if I'm quoting the story correctly, he said on a scale of zero to ten, she was like really, really drunk and couldn't really communicate with him very well because she was so drunk. And so he asked her on a scale of one to ten how much energy she felt. And I believe she said zero. So she like had no energy. She was too drunk. She couldn't experience anything. So George said...well great what I'm going to do is he reached out his hand and he put it on her arm...he said as I move up your arm, you're going to experience more and more energy and the farther it goes, the

more energy you're going to get until we get all the way up to a 10. So he starts ----- he starts sliding up her arm and she starts going -----and she starts coming to life and I guess he gets up to about a nine or something like that and she's blown away now...she's like really animated and saying....wow, this is amazing? How did you do this? This is great. Where upon George all of a sudden felt drained. George was so tired and so drained he was like....I got to stop....what happened? He gave away his energy. He let his energy go into her and that's how she got all pumped up. So when we're dealing with energy things let me give you some suggestions. Don't ever give your energy directly. Imagine energy as always coming through you but you're stuck in this huge reservoir of energy that flows through you and then when you reach out and do your thing, it's not coming out of you, it's coming through you. And so you're effecting their energy by what's coming through you.

Q: An example...that would be like in the Green Mile where the big black guy in there...when somebody was sick or diseased about to die, he would do that mental thing right there and suck it out where it looked like silver ----- . But then you'd see him weaken as he would strengthen them.

KC: He would take their sickness. And a lot of energetic healers do this...that's exactly what they will do. They will take the energy...they will take your problem because they know how to deal with it. And they know how to get rid of it and so they are willing to take your problem in order to make you better....absolutely. A lot of energetic healers do that. Apparently Rabbis also...is that correct...healing technique they'll use is...whether they take it or not....but they will experience it at least in order to know how to advise? This is done in a lot of religious traditions as well.

This is a technique that is just extremely effective. You don't have to believe it or not...doesn't make any difference. But try it in a positive sense and see how you can begin to maneuver your energy. I also would like you to try it for another reason because you will feel what it's like as you do this. And you will learn to see what happens when

it has the effect that you want. So that one day you're hanging out in the world and all of a sudden you go....what's that? And you know someone's doing something to you and then you have some defense to it. I'd like you to experience it so you can defend against the negative application in your life.

Q: -----same thing with the claw-----person in your mind send the claw out to them and bring them to you?

KC: You sure could. You absolutely could do that. That's just one more step removed in the sense. Or you can actually see a real person and get them. You could do it either way.

Q: Somebody's relentlessly after you and can't even figure out why and they won't go away and they won't give up and they're just evil. What are the more effective techniques? Obviously you mentioned some. But what do you find is really most potent in dealing with that?

KC: Ask me privately and I'll tell you. Seek out a competent religious practitioner who can deal with such things. Such a practitioner that would be equal to your beliefs in some way. You may find that you are now well apart of the realm of traditional, psychological type devices and much more into energy type devices like this and may be potentially way out of that realm and into a spiritual realm that needs dealing with on a whole different level and we'll leave that for another time.

Q: You said that everything -----yourself. So before you give energy to somebody else, you -----connected to -----and this is -----conductor-----.

KC: Actually no....I just imagine that I'm in a reservoir of energy and it just flows through me. So I'm happy to give it to you now because I have an endless source.

It doesn't make any difference. It's the same thing I told you about yesterday when we talked about the shovel...where I'm circulating energy in a room. If I start it with my own, and I really put out all my...what it feels like for me when I do that energy tactic on a group for rapport purposes, when I first learned to do it, I felt like there were so many competing minds....the only way to put it I guess...that when I tried to force...try to extend this blanket of energy that would roll out over the room, it didn't want to go. It would like get a little ways and then it stopped and I had to keep pushing it. So I'd push it a little more and I'm getting tired. I -----still talk...I have to still conduct this training and I'm -----and it would get to the back and it would kind of come back around and then it was dirty. I picked up all this energy from all these people and it was not the energy that I was used to experiencing. It was all combined energy. So then I learned to put the filter so that it would go back around. But then I realized...wait a minute...this is ridiculous....you're putting out all your own energy. No wonder you're so wiped out at the end of the day. So I became connected to this reservoir and the visualization I use is very simple. I imagine I'm a tree that grows way deep into the ground and I have all these branches that branch out down there and feed me the energy of the earth. And so I just collect this energy from it's boundless source and I just chewed it out. So now when I do the blanket it doesn't even give me...I don't even have a second thought about it because I have a boundless source of energy. Now is it really true? Am I really a tree connected deep into the ground into a boundless source of energy? No probably not. I'm not a tree...I'm moving around. But it's just a visualization. It's an imagination. Now does imagining make it so? I tell you what Einstein believed that was true. Many of our top scientists today believe that's true. Quantum physics shows that's true. You can't even measure something at the smallest levels because your intention adjusts the measurement. Is it right? Well you have to be the judge. I'm not going to tell you how to think along these lines. I'm only going to present to you an option of how things work and certainly how a lot of people can make them work. I've certainly had a huge amount of success making it work like this. And yes I believe it's verifiable. Certainly in my opinion. And

it's replicable. So from there you have to decide if you would like to advance your skills with it and how you can use it positively in the benefit of all.

Q: I had a competitor that was absolutely eating my lunch. It didn't matter what I did...I'd lose to those guys. So what I did was I did a visualization over the course of a couple of days...what I imagined in the palm of my hand and he's about an inch high. And what I did was I blew him and watched him fly away like a leaf. What was interesting is I never had to compete against him again and what's even more interesting is I changed companies and I was going to company that he was at. Unbeknownst to me, two days before I transferred to that company, he transferred to another company. I've never seen the guy and it's been six years.

KC: It works...very good.

And right along those lines...let's go to another technique we can use called the Cage. I would like this for the same kind of thing that you're doing there too in which what you do is.....so you have a person that's bugging you. Someone that you don't like or someone is doing something that you want to segment away from you. Here you have this person that's bugging you. So you just imagine that you reach behind you and you push a button. And a cage goes bang right over the top of the person. The cage just falls right out of the sky and encapsulates them....their they are. Then in your mind, if you want, this is kind of a cool thing to do....smurf the cage. The whole thing goes and becomes a little itty bitty thing about this big frozen solid and icicles dripping off the bars and the whole bit. Now what helps with conductivity...water. What is you rain on the cage while attaching electrodes to it and frying whatever's in there. That's another negative thing you can do with the cage. There's lots of other things you can do with the cage. Once you got them in there, could you gas it? Sure, you could gas it. Could you gas it with love? Could you not shrink it down and smurf it? Could you leave it big? But you trap them, so to speak, and gas them with love? Or gas with them with a sense of opportunity and working with you and let them out of the cage? Sure, the cage is used

just momentarily enough to influence them about something and then you release it...let it go. Okay, you could do it a little more negatively and leave them in there and use death gas. You could lethal inject them. There's all kind of really negative stuff you could do while there in that cage but that's all things that could be done very, very easily. Another thing you could do is just turn on a really, really bright light on in the cage....like a spot light on the top of the cage that never goes out. They can't sleep. They can't rest. That light blinds them all the time. And you could Chinese water torture them while they're in there. You could drip water on their forehead and they can't get away. So you got this cage going where you could torture the living daylight out of them and they can't ever get out. And you need to hold that image in your mind of what they're doing. Is it really mean and nasty? Yeah...absolutely. So at least use the cage once for something positive....like you already have a loved one who's with you....you've already agreed to be together. You already agreed that this is what you both want. Now drop the cage over them and gas them with the most incredible opportunity to experience life fully that they've ever experienced in their entire life. A combination of laughing gas and gas of opportunity. And then release the cage and see if they don't experience a little happier life for that day or shortly thereafter. Because watch and see how it effects them until you can learn to effect people quite powerfully with it. It does take a little bit of practice. It is sort of like a muscle. And you do need to learn to develop it.

The next one....I've used this one for years....I call it the Vapor Invasion. So the claw talks about just reaching out and grabbing someone really right in the center of their being or right in their mind. Like imagine a big fist...a hand enters right into your forehead and grab their mind and their fist like this and you're going to control their brain. It's a very invasive kind of thing. But the vapor invasion is a little bit less of a kind of a dominant thing. A vapor invasion you imagine first that you turn into a vapor. You turn into like a gasiest vapor. So you just sort of dissolve into this vapor. And then just like remember the show I Dream of Jeannie and then she turns into a little vapor that floats across the room like this. So you just float on across the room and then you just go right into somebody and you go in through their skin. So your vapors is so fine that you

just zoom in through their whole body...just absorb into them. And once you're there, you slowly start becoming solid. So you slowly turn from a vapor right into them. Now this works really well if they have a defense against you jumping into them for purposes of rapport. Remember earlier when we started learning about rapport, I said jump into them...right? Well maybe they have a bit of a defense about that you don't seem to really be able to get in. Well you can usually float in as a vapor. Now another thing you can do, if you want, if you are having trouble going directly in and you'll just know this, you'll just sense this from time to time, you'll start to do a rapport with someone and they'll go...it's like they can feel you coming in and they're not really all that thrilled about it. So okay fine back off and then turn into a vapor and go around behind them and go in through their back or their backside or some other way of going in. But you will find that you can get in in ways that aren't so immediate obvious at first thought. You can go in through their ears. You can go in through their nose. But you can get in from many different ways. And once you're in there, become solid and feel yourself just like the old cartoons where Popeye...he eats the spinach and it travels through his arms and he gets really big...well that's what you do. Imagine yourself filling out inside of them. So then you're there and then you can effect them. These are all.....

Q: When you're in there, what can you do then?

KC: Exactly what you can do with rapport. Anything that you want. Here's a little more advanced techniques for when you're in there. Here's some things you can do. You could actually have an emotion of something and you can give them that emotion. You could feel the emotion. You could make it into like a little present or a little package and then you could just deposit it in them and leave it and walk away and let it dissolve like a vitamin you would eat and it dissolves in the stomach and then spreads through the bloodstream. So you could deliver little packages to them when they're in there and then you just deliver the package like a time-released capsule and you step out. There's some really cool things you could do once you get in there.

Now let's talk about the Missile. I actually use this one. Missile's sort of a nasty one. Here's how I use it. As some of you know, I'm not real fond of getting tickets. So I have a missile on my car and it sometimes just flies right along above me. Sometimes it's actually attached to the car. But the missile flies along and it looks for cops. And when it finds them, it blows them up. And I figure if they're dumb enough to work that job, they're dumb enough to get hit by my missile. So I don't like getting stopped by them and it's pretty rare that I do and one of the reasons in my mind, I've convinced myself and you may well enjoy convincing yourself of the same thing that it actually works. It actually does have the ability to fly along and look for them and destroy them. I'm not actually trying to kill them. I want to distract them. I want them to see another speeder. I want them to see another problem. I just want them to leave me alone. And I also only use it on traffic cops. In other words, revenue generating cops which I believe is unconstitutional. So I believe that they shouldn't have a right to exist and they should be very useful for things like stopping drunk drivers which I support 110 percent. I don't, however, support them stopping me for going 58 mph in a 55 mph zone. And so my missile just distracts them. But actually imagine it...it flies along up there and it has heat seeking sensors, it has lasers, it has forward looking devices and all kinds of devices and backward looking devices and when it finds one, it just dive bombs on them. It at least disrupts them long enough to let me get around and not be in their way. So I kind of like that one. Of course there's many, many other ways you can use this. You could use it on competitors to blow them up. You could use them on people that are submitting bids at the same time you are to destroy their bids. There's all kinds of ways you could use the missile but it is simply form follows function. The function you want to accomplish is you want to get rid of something. You want to blow it up. A missile is good for long distance travel and pin pointing the target and destroying it. So there you go. I think there are law rockets I think they're called or something like that...that have a...like when they're fired, they have...they string a wire behind them. So you missile could have a wire that goes with it. And when it hits its target, it just simply delivers a payload. This could be a payload of anything. And that wire could keep you connected with them for as long as you decide to keep that wire connected. So maybe the payload that you're delivering is one of get busy...let's go...let's make it happen. Maybe you've got an

employee that is really not doing a good job so you send out a missile and you load that thing full of motivation and desire and willingness to work hard and that missile goes in and delivers that payload and also the payload of a wire but then is connected to you...to that person and you can then influence them via that wire from there on out. Maybe it delivers a little robot that gets put in them and you have the wire that goes to the robot so you can make the robot do anything you want. There's all kinds of ways you can just keep on playing with this. The effect is very strong. At first, keep it simple. Keep it very simple. Make it do one thing and it make it do a positive thing. But down the road, you will sense this kind of stuff coming at you if it does. I've had people send it at me. I've felt it. I've experienced it. It woke me up in the middle of the night and I just simply do some defense against it. So what would be a defense to the type of things that I'm talk about? Does anybody know? Exactly, if this kind of thing works this way, then we have defenses that work the same way don't we? So one of the things we can do is put an armored bubble around us. And if you feel like people are really trying to mess with you like you said you had a guy that wouldn't go away and people keep trying to hurt you and mess with you. So put an armored bubble around you and let him try to get through that. Now you say what if he pierces the bubble? Make a bigger one. Make a stronger one. Make a multi layered one. In other words, it's all in your imagination. But since energy does seem to effect the other person, then by definition, this will also have an effect on them. So it's always appropriate to defend. I also would say you don't want to walk around in one of these armored bubbles all the time. But like the Bible says...you live by sword. He who lives by the sword, dies by the sword. If you are going to play around with negative energy stuff all the time, then yes you are going to end up getting yourself locked into an armored bubble or something else and you're not going to be able to get your energy out to accomplish the things you want in life.

Q: How about a satellite-based -----systems any time any negative and energy about to hit you -----destroys it before it reaches you?

KC: And of course you well know this is a reality kind of thing too. This has actually happened. There's another kind of device that sounds way out there but it's

currently in operation called “Harp” up in Alaska. And this device is really truly scary. It can seed the atmosphere with radioactivity of some sort and thus use the atmosphere as an imaging device for the entire world. Thus, they can take an x-ray, if you will, of all oceans in a heartbeat like that and they can pinpoint every submarine that’s in every ocean. How hard would it be to target the submarine if we knew right where it was? This is in operation right this minute. There’s only one small tiny little problem with it. And that is “A” it’s seeding radioactivity probably. And the other small little problem is it requires enormous energy to run it. And so this thing is very top secret but there are books published on it but they’re kind of underground. But it sits on an oil field....this thing and apparently it can easily get out of control. Meaning some how it bounces off the atmosphere with this energy that’s developing and if it got out of control, it could blow up the whole world. But none the less they built it.

Q: We’re following the marshal arts model may be even more optimal than a protection device. It’s just the ability to slow approaching things down and side step them much like a matrix with the bullets coming at you -----

KC: I think in a sense that’s sort of his thought was a something that watches a satellite system and it releases an x-ray...a laser and blows up whatever is coming. And of course it could have time distortion on it so that whatever’s coming is slowed way down giving you ample time to envoke your defenses.

Q: My guess is this would work extremely well cops. Because most of them are energetically weak which is what attracts them to that type of a -----.

KC: Absolutely, absolutely.

Q: Sometimes people do this to you after being -----use a pair of wire snippers or whatever....just cut the -----

KC: As a matter of fact, the Hawaiian ----- system talks about these cords.....-----
cords where...basically their belief is if you ever look at someone in the eyes,
you've established a connection that will last indefinitely...that will be there
forever and all you have to do is imagine that person again and boom you've re-
invoked that connection. So what they do to fix it...to stop it is they have like a
great big scissor that they imagine in their mind and they just cut the cords. The
imagination I like to use for that is a great big cylinder...it's up above me and I
just push a button and this thing goes.....knife edge all the way around so it just
severs every single connection I've got all the way down and I lift it off and go
about my business. I learned that when I was involved with -----years ago.
And that's kind of a cool thing to do too. But -----has believed since the dawn
of time that these kinds of connections are not only possible that are happening
every day all the time.

Q: -----

KC: So you want to find a solution for something. Form follows function. What kind
of things assist with solutions? Maybe a computer...

Q: -----ideas for example.

KC: I realize that. Could you perhaps program a computer to evaluate all the
databases that are out there in the world...this is in your mind. You program it to
evaluate all the databases that exist looking for the one answer that you need.
And when it finds it, it's to present that answer to you in the form of living
opportunity. Again, form follows function. I'm certainly not certified in -----
nor do I want to be but this is about the kinds of things that they talk about is how
to build working models of things in your head and use it to your advantage for all
kinds of purposes.

Q: For anyone here who's like kind of like me and sort of wimpy around using some of these devices, you -----competitors -----and give them their higher purpose to follow some aesthetic or spiritual pursuit rather than ----- commercial competition with you-----

KC: Sure, you can also flood them with absolute ecstasy and happiness and excitement and maybe they'll go off and party all day long and all night long and not have time to compete again you. So all kinds of nice little adjustments that you can make to make this a little better.

Q: What if you have somebody do-----and you want them to come back?

KC: Magnets are really good for that. Magnet is a form that follows a function of drawing things to you right? So you put a great big old magnet that sticks out here like a horseshoe magnet....and it's above and beneath your door it's so big and you power it to a generator the size of Canada and flip the switch. You aim it at them and draw them right back into your life.

Q: -----it's going to effect the user at some -----.

KC: So Western society would have us believe. I am reasonably convinced that there are ways to side step or defeat that. Should you wish more information on that, -- ----- has books on radi----- that are very, very interesting and he, in particular, talks about the belief of things returning to their source and I think it would be an interesting source of reading for you if that happens to be your belief. I also tend to enjoy holding that belief for myself and the reason I enjoy doing that is because I like to put out good things and assume it's always going to come back three, four or five times better. But you can't both hold the belief, or at least I have yet to figure out, how to hold the belief that things come back to you. Thus, I put out good in the world and I reap really great things back. But I put out bad and it doesn't come back. I haven't figured out how to do that one yet but if anybody

can, let me know. I prefer just to focus on the positive side of it. But you might enjoy reading ----- work to learn a little bit more about his philosophy on things actually coming back.

We're on page two and we're going to talk about a couple of sub----- patterns. For this, I need someone to demonstrate with. Who would like to be a demonstration subject? Like I said, some of these have some really positive uses. I'm going to show you one right now. Let's have you stand right here. And you can face that way.....so this is actually a positive use.....so all right we're going to start getting into things elicit useful states and very powerful states. By the way, -----I would simply ask you -----what's something in your life that's no longer true but used to be and it's very clear that it's not true now? And some examples of this might be you used to swear and now you don't or something. So think about that...how do you know it's no longer true? Kind of see it floating around up here a little bit.

Q: -----

KC: Well actually just let me ask you a question about it. So is it something that you can talk about or not? If it's not, that's okay.

Q: I'd rather not.

KC: That's fine. So as you look at it, is it you now?

Q: No.

KC: It's not but you see right there and it's not you now. You actually changed it didn't you? Something had to be different. You used to live in this house and you don't anymore. Or you used to behave this way and you don't anymore.

Q: Right, that's past.

KC: That's absolutely past. Not now...there's no way...it's gone. Is it gone?

Q: I'm playing with it.

KC: This isn't a trick question. Is it gone? Is it in your past? Is it no longer true?

Q: -----yes. It's no longer true.

KC: Here's what I'd like you to do. You used to live some where that you don't anymore?

Q: Right.

KC: Think about where you used to live. Is it no longer true?

Q: No longer true....yeah.

KC: And is it kind of out there too?

Q: Further out.

KC: That's what I thought. A little bit more out that way. So when we look there, we know for sure it's absolutely no longer true...correct?

Q: Right.

KC: Okay, great. All right now I have the anchor set. So can you do this in all situations? No. Can you do it in a lot of relationship situations? Yes. Can you do it in a lot of sales situations? Sure if you are just playing around. Say....hey let me show you something that's kind of cool. Let me show you a way that I like

to use to help you advance in business. To do that, let's look at how your organize your life. How you decide when something's right and when it's not? So think for a moment about something that's no longer true but used to be. Just something simple like you used to live in this house and now you don't. So is that what you're thinking about...house-----I used to live over on Park Street and now I live on -----Street. Okay great....so when you think of Park Street, it's just no longer true is it? No, not at all. And so you watch where their eyes are going and you simply point and so that's where you're looking right? It's no longer true. Right, that's absolutely right. Now what can I do with this? Well let's say that I want to influence him to do something and he has an objection to it. So I want you to.....

Q: For example, hesitating on meeting potential clients.

KC: That's exactly what I had in mind. Let's say that I ant him to meet potential clients without any hesitation. And so I say to you....now are you thinking about meeting a client here in the future....a potential client and something comes up though that makes it a little difficult for you. So just before it comes up, what if you knew and all of a sudden it became easier? So you are thinking about meeting this person and you -----felt some way but now it doesn't seem to work that way anymore. But what happens when you do go to meet them now?

Q: -----

KC: Well yeah sure...well it does have to be a ----- . So imagine a new person and you would have felt a certain way but now look out there....okay there you go....and now how do you feel about going and meeting them?

Q: It's cleaner...easier.

KC: -----is objection. Although you can see a more dramatic example of this if I were to say something like....you probably want to buy me lunch and he goes well not necessarily you know and I go and you'll go well as a matter of fact, I guess....there were some things that I'd like to talk to you about....sure I'd like to buy you lunch.

Q: -----I'd be happy to buy you lunch.

KC: I mean you can see very dramatic examples of this when you do something. Now even funnier with this is you are in a sales environment and so I'm wanting to sell him on giving me his investment fund and so I say to him look you've done things in the past that aren't all that good and you've had to change. I'd like to explore that with you for just a moment. Because we want to make sure that this decision is the right decision. And if you don't mind, I'd like to ask you a couple of questions. Great, see how smooth that is? Could you do that in a real life situation? Oh yeah and I say to you....so what's something that's no longer true but used to be? I'd like to learn how you make these kinds of decisions. So something simple like you used to live in a particular house and now you don't. It's no longer true or you used to swear and now you don't. Or you used to do wild parties and now you don't. What's something that's absolutely no longer true but used to be? You gotta it and look at it for a minute. And you see it pretty clear and when I point, you can be reminded of that event. Okay right so I see that. See what I'd like you to be aware of is now you know what something isn't the way in which you know something isn't quite right because you had to change it. Let's look at the way you currently do your investments. You currently use the X Y Z firm. That's sweet someone said. And how do you feel just even in role play with this?

Q: -----

KC: Yeah it does.

Q: I'm a little bit lost with what's-----

KC: I purposely lost you because I want to make it so it can't really much of an objection. I want to just kind of keep on kind of talking about it so that it's....you're going to go...okay I guess he has a valid reason for wanting to ask this information. If you are dealing with competitors, strong competitors....sometimes you can get away with doing it just like this. I would recommend you listen to the tapes and you can even right out this little section that I just did so that you can hear how this works. Pretty powerful? Go ahead and sit down...thanks.

Okay, what else could I do with a -----pattern like that? What if I elicited something that is absolutely true. For something that's no longer true but used to be and now something you believe without a shadow of a doubt is going to happen. No ifs, ands or buts about it. As an example, you believe that tomorrow morning the sun will actually rise again? Any doubt about it? So all I have to do is elicit the -----of that real quick and anchor it. Now, let's say I've done both. I've got no longer true but used to be and I've got absolutely, totally true. So could I say to him you know currently you do your investments through the XYZ place is that correct? Oh, yes that's true. But now you're thinking about doing your investments here with us as I point to the absolutely true place.

Q: In the work scenario, -----in negotiations-----

He uses this in negotiations...okay, good and what happens?

Q: It's unbelievable...and I use these summarized example with friends and I do a little more with my -----elicitation. But I can sit down with anybody who wants a demonstration of this and make you feel like the sun won't rise in two minutes. I'll tell you what we're doing...we're playing with it-----totally your

subjective reality....internal structure for what's true....what's not true....it's real...it's not real.

People's realities are pretty loose. All right this is Dark Side. So how are we going to use this to really cause some problems? Something's no longer true but used to be...so you're married are you? Do you have a boyfriend....girlfriend? So are there places you can apply the no longer true but used to be and immediately cause some devastation? Absolutely and it could be done to you. So if someone ever asks you what's something that's no longer true but used to be? Either A have a whole lot of defense ability and stop them dead in their tracks or turn and walk away because they are going to be setting an anchor with you. They can then use the leverage use so profoundly that you will not even see it coming. You will not be able to defend against it. There's nothing that you can do once they've got the anchor except get out of their presence. If it's too late and you know they've already got it....they've already secured the anchor, then just simply walk away. And then we'll talk about a little bit more here to day on how to actually counter an anchor once one is set. So you'll actually be able to blow off an anchor once one sets it on you.

Q: -----I used to trust -----

Yes, I used to trust you before you asked me that question. When someone says it's no longer true but used to be, the fact that I used to trust you until you asked that question....very nice....that's very good.

Let's take a break here. It's 1:30....this is the Dark Side and I would like to explain a few more of the dark forces that are at work in some of these language patterns. For example, additional uses for no longer true but used to be. What if you put someone's self-esteem or self-concept in the no longer true but used to be positions? That's devastating. Someone's relationship in the no longer true but used to be position. -----
-to the no longer true side....we're talking about what you want them to let go of...so depending on what that might be. Ask the person to make an idea of what they believe

will be a good future for them and to see it as a picture and then fire the no longer true but used to be anchor. That's really bad. Dealing with a man....suggested his ability to perform and rise to the occasion, he put in the no longer true but used to be position. It could be put in the no longer true but used to be location....and put longing to be able to but the realization he can't into the absolutely true position. -----you're denoting a particular person...a particular trainer that you may have well heard of, maybe even one of those grand daddies of them all that have used this kind of thing....I won't name names. Dealing with a woman....suggest her ability to experience desire and warmth find it's way into the no longer true but used to be position. Another intimidating thing to do to say the least. Remember to use both sides of it. It's makes it even more powerful. So you first get rid of the problem and replace it with what you want the person to believe and that holds true for the negative as -----as it does for the positive. You can tweak the drivers of the -----.....so we haven't really gone over that....over how to do all the -----stuff as much as I would like. But you probably already know about ----- -if you are listening to this material or participating in it. And -----.....the biggest things about -----that will hold true for people right across the board pretty much without exception, first and foremost is location. The location of the event. Meaning, you think of a picture in your mind and I ask you to....where's that picture located? The location of that picture is one of the biggest of all -----factors. Brightness, color size....actually size and brightness would.....so location, size and brightness would be three of the very biggest and they almost work across the board. So even if you don't want to spend the time to elicit it, you can simply just manipulate those three and really go a long ways with ----- . So you can tweak up or down the intensity of an experience by making it bigger and brighter and more intense or making it smaller and darker and less intense. An additional -----pattern and this is something that I would absolutely suggest you not use. We'll call it the compulsion installer. And here you want to elicit the ----- of a compulsion that a person has. Now you might think to myself....well how am I going to find that? But most people have a couple of compulsions. One of which is and you can actually just sort of build the compulsion if you want, by saying something like....you ever get up in the morning and you hear about a news event and a few minutes later and you are like walking by a newspaper stand and

you are kind of in a rush and you think to yourself.....well I really don't have time to stop and get the paper. You at least want to kind of lean over and at least read the headline that's showing through or could you just ignore it altogether? And a lot of people they will say.....I've got to at least read it. I've got to at least just look at it. Maybe I'll just buy it and take it for later. A lot of people have a compulsion when they smell donuts being made, they've got to go in and get one or they've got to stop and enjoy it for a moment if nothing else. Just stop and enjoy the smell. A lot of people have compulsions when it comes to chocolate. You hold a piece of chocolate under their nose and they are compelled to get it....to have it. Some of you just the fact that I'm bringing it up right now feel like eating donuts and chocolate and reading newspapers. So if you can just find a quick compulsion they have by even just suggesting what people do when they are compelled. A lot of people will eat if they are unhappy or they will eat if they are happy and it's a big compulsion. And so you can just bring these things up and you will see them start going.....oh yeah, okay. A lot of people have to hit something when they get mad. These are all compulsions that you can use. So elicit the ----- of a compulsion that a person has. Then install more using the same ----- . You can just use that as an installation pattern for creating all sorts of additional compulsions in their life. So let's say the person goes....man I absolutely have to have....to look at the paper when I go by. I mean if I haven't seen it, I have to look at the headline. So when you see that paper...when you imagine looking at it right now, where do you see it at? Well it's right there. Now you can use that location to stick in pictures of anything else that you feel that they have to do....which is for example wash their hands all the time or go to the bathroom all the time or whatever it is you want them to do. But it can be pretty nasty to leverage that compulsion. Now supposing that you can link it to a very powerful, emotional state such as a man has a drive if he's not with a woman to maybe be with one or a woman has a drive maybe to be with a man even just as friends. What if he were to take that compulsion pattern and link that compulsion pattern to being with a different person every night of the week? So they never, ever find any happiness and they're absolutely psychically, psychologically and physically exhausted from the compulsions that you've just installed. Might that give somebody pause for cause?

Q: Can one -----a programming -----to get rid of -----

Yes there are compulsion blow out patterns in neuro linguistic programming and anybody that has a practitioner or above could probably do that....do that for you if that's what you had in mind.

Drug addiction, elicit the ----- of a time a person did drugs and especially a time when they really, really wanted them. If any of you have ever done that and you really, really, really wanted them, I mean to the point where you were willing to do most anything to get them, find the ----- of that and link it to whatever you want them to do....or that's on the positive side. On the negative side, you could link it to anything negative that you want that person to be involved with and it would tend to consume their lives just like the drugs did to begin with. So it's extremely nasty. So how do you defend against it? If someone starts talking to you about compulsions....have you ever experienced a compulsion in your life? Be weary of the fact that they're probably going to try and set and anchor for that and they're probably going then try to leverage it. So if someone brings up compulsion to you, one of the great things that I like to do because I had people actually try this with me and I got clued in to the idea that people are actually going to try this garbage....so they say....you think of a compulsion....something that you just felt like you had to do? And I go yeah....I just feel like have to tell you erroneous answers ----- is a real compulsion or not. And then what happens is that links me to my own sense of compulsion and I feel compelled to walk around wherever you go and bug you. See what I mean? So there's way to break all these things but you got to know how they work to break them. And when someone comes at you with this, if that should ever happen, you will be prepared. That's the whole point of all this.

Ambiguity patterns....these are exceedingly dangerous patterns....absolutely no positive use whatsoever. The underlying power that powers them has plenty of positive use. -----elicitation...embedded commands and all kinds of things like that. I hesitate to almost read these kinds of things out loud. So kindly I would like you to experience this sense of security and satisfaction that lets you know right now that you are a secure individual

fully in charge of your senses and your capabilities...and absolutely secure in the world in your business and in life. And with those feelings in mind, I'll review these basic patterns. The suicide pattern...and this is as used on a cheating spouse or lover. You could aim this, however, at most anything. But assuming that you've found your spouse or lover cheating on you and you decided you wish to permanently make them not reap the consequences of the way you feel about that, could be said such as this. I don't know what's been going on inside your head lately, whoever you are, perhaps you need to do some introspection...perhaps you need to look deep down inside yourself...explore the very essence of who you are and I don't know if you'll notice just how empty you are deep inside yourself...so alone....so lonely and when you explore that place, you'll only find memories of your failures, frustrations and mis-dreams to the point where you ask yourself, this is it? This is what I've been living for? What an empty life. These things you do to me....your life in general....only amuse you but they miserably failed to address that deep longing inside you....that deep painful emptiness. That's why you need to find someone to hurt to go against. Yeah, whoever they are, take your own life and examine it. You might find yourself saying this is it? This is all I have ever lived for. And you walk through life light because you are walking empty. And likewise realize just how empty and meaningless your actions have been now. I think you should go deep inside yourself and examine your own motives and realize that you are hurting yourself more than you are hurting me. It's sad to see that you enjoy hurting yourself in such a manner since you obviously got a thrill by cheating on me but in reality, cheating on yourself....or in reality, cheating yourself out of a life filled with joy and happiness. Now again recall your strength and stability and mentally and happiness you find in life and in your business and in all things. This is just about as nasty as they come. I can think of no reason to ever unleash a pattern like this ever in your entire life. I simply can't think of a good enough reason. Yes, you can be devastated by someone who's cheating on you. You know what, just cut them loose and let them go. It's their loss. Ultimately, they've lost you and you have so much to offer. There's no reason to do anything like this. Let it go. Be done with it. That said...let's move on.

The paranoia pattern...here is the paranoia pattern...once again first recalling your strength of mind. Did you ever wonder what people do behind your back? I mean you never know what people think of you do you? You can guess but they can hide it by trying to shield you from the painful truth or maybe just not wanting to reveal their intentions right now. Waiting for the right time to attack you....destroy you but maybe not. Maybe everyone likes you and no one plans to hurt you. Maybe you're safe and then again, maybe not. While you breath here, now...you realize the real truth. You can trust no one because they will betray you. It's just a matter of time. You can trust no one...looking into the eyes of the people you've known for a long time or have just met, you see the reflection of the sun in them and you realize you can't trust them. You can trust no one. They will betray you. It's just a matter of time....remember...always? Implanting self-doubt...implanting the idea of a lack of trust and then what was the really nasty thing in that pattern? Think about it? What was the really nasty thing? See the reflection of the sun. How often in life do we see the sun or the reflection of it? All the time. Thus, it's a future ----- . So you've elicited paranoia and -----to ever seeing the sun which tends to make people feel happy and here you've just really nailed them and then -----what you've elicited. Again, reading it isn't nearly as powerful which is one of the reasons I'm doing it...there's no one I could pick someone out and demonstrate it because it would simply....it would be devastating. Because if you actually timed your words in accordance with the reaction you are getting from them, you are going to blow them away as they hear it.

Q: A lot of traditional therapists....their -----it's the first paragraph in -----

You're absolutely right.

Q: -----

All through it. It's ambiguous about what is to be going on...why you're suggesting things such as wonder. In other words, it's no ambiguous about no or no. It's a different kind of ambiguity....wonder are you okay? Wonder...are people watching you? Are

they out to get you? The whole thing is to elicit...is this true? Maybe not...maybe it is but you keep pounding the negative. And so the pounding of the negative is what makes it so negative even though you could -----I don't know is it true? If they come back at you and say well why are you saying that? Doesn't it seem true to you?

The migraine pattern...this one again comes from one of the grand daddies of them all. They used to actually go around doing this at training. I've actually seen it with my own eyes. It's not nice. So feeling how happy and wonderful you feel right now...how calm and collected your thoughts are...your head feels good...now let's review this pattern. Hi, whoever you are, this is the person doing the pattern. I didn't want to use my name associated with this. I just want you to know that even though we had plans and you didn't show up, there's no hard feelings....firings at the end of every -----. What would that...feel it now? Because it goes against my grain to suggest anything that would be a huge pain in the neck. It's the kind of thing that could cause a person to throw up their hands in agony. I just want to lie down and die. And the more you try and make it go away, the more it keeps coming back stronger and stronger than ever before. So you are programming a migraine...pain in the neck....die.

Q: -----

-----pissed off at somebody. Decided you wanted to shut him up. That's pretty vicious. Okay, here's the door pattern. The door pattern came about as a result of one of my students who began teaching these skills in a relationship-style arena and one of his students who I perceived...I could have perceived as a rather control freak...came up with this pattern and it is a really, really disgusting pattern. It's very disgusting and it has been used on women all over the place. This is one of the ones that's actually been used. And I mean used a lot by people. It can just as easily be used on a man. If you are a woman, it makes absolutely no difference. It is vial and disgusting and has no redeeming. That said...let's go through the door pattern. I've accredited this originally to the source so I hope everyone's proud. This primarily again used in the seduction arena. It's oriented for use on a woman. It can be used any which way you want. The

evil thing about this pattern is it creates a love slave...and it really does. Kindly think about this in the disgusting light that it really is. So young guys may think oh wow...love slave...I want one of those. I mean someone will do whatever I want whenever I want. But the fact is you don't really want a love slave. It's like the old joke....the guy that goes to the magician and says...I understand you have a love potion. The guy says...yeah I sure do. And he goes....how much is it? And he goes it's a dollar. And he goes...it's a dollar? Does it work? The guy says it works every single time. But before you do it, you better make darn sure that you really want to make this person love you because they will love you unconditionally and it won't stop. And the guy thinks....oh my God that's exactly what I want. So he pays the magician the dollar and he goes home and he finds the girl he wants and gives her the love potion and now all this girl can see is this guy. In fact, she's like a blabbering idiot...all she does is look longing at him and want to be with him...and can't even speak around him very well because she's so star struck by this guy. And after six months, he can't stand it anymore. He's like oh my God would you get a life....come on you know. And all she does is take his whippings...verbal whippings and comes back for more and pleads with him just to love her because that's all she wants in life is to serve his every needs. And after a year, the guy's going crazy and can't stand it. So he goes back to the magician and he says....all right man this is ridiculous. You were right....I got to get out of this. You must have a potion to break the love spell. The guy says....oh yes I absolutely do. He goes great. I want it. He says...okay that will be \$100,000. You don't really want a love slave...okay? This is about as close as it comes to getting one.

Whereas most patterns that are oriented towards seduction, are about getting a woman into bed, the door is actually not about getting them into bed. It's aimed at controlling the person after you've already started sleeping with him or her. Other patterns have been used for example, anchor your presence...anchor them as pleasure to you. Anchor excitement in all these things that you can do. The door creates an anchor for the loss of those pleasures. So this is all about controlling them and keeping them once you've got them. So in Alex's model of the world...you've already had intercourse with a girl and the ideal setting for the power of this pattern is...which is through a certain dominance

and control...is right after you've had sex with the person and you are in bed with her and at this time, hopefully you've set up the fact that you are also the man of her dreams and the person who will fulfill her emotional needs. What a loving kind caring guy that will do all these things....right?

Q: -----

And then here we go....all this is a set up for it. You're fooling around in bed. You've already had a great time and you say....sweetheart what's that over there? And you point to the door. And she'll say....well you know that's the door silly. And you say....yeah I know. And I'm a real positive person but I mean can you imagine...I mean you don't know what will happen from day to day when you think about it in your mind...what would happen if I walked out that door and door closed and as the door closed, it slammed shut and no matter what you did, you could not open the door and you knew that you would never be able to look into my eyes again and you would never be able to hear my voice again and you would never be able to feel my touch again. Right here's where she starts going....well I don't like this door business. And at that time you reassure her....okay...all right sweetheart you're right. You really shouldn't have to think about the door and you really don't have to think about the door. So you go back to playing around some more and having some more fun and Alex encourages you then to continue that pleasure a little bit more intensely and then you say something to this order...you know a terrible thing happened the other day. My friend was hit by a truck. I mean it was awful. By the time they got him to the hospital, he was dead. I can't believe it. You know it's almost as if it would be a horrible thing if....when you think about it, and you point towards the door....that no matter even if you to get that door opened and you were to search, you could never find me again. At this point, she could start being really upset and freaking out and you calibrate more on that part of you'll never be able to see me again. You'll never be able to hear my voice again and you continue to ratch at that whole process up until she's very, very upset. You'll never be able to have all that fun that we had together...all those great times we had together...walking along the beach hand in hand in the moonlight. We would never be able to do these things again if

we were to open that door. You would search and you would never find....at this point, she's saying....no, no I hate the door....stop, stop...you're really upsetting me. And you say...oh, I'm sorry sweetheart. I'm just saying these are just things that are popping into my mind....okay? Play around some more...blah, blah, blah and then you get to the door and you say....you know about life's tragedies...I just keep thinking about how these things are and what happens. At this point, you can already see that this starting to make her extremely upset....to say the least. You want to create that sense in her that you can walk out and she'll feel terrible for the rest of her life. You want to anchor that response. So he'll get up and she'll say....what are you doing? And he says....I'm going to the bathroom. And then you go to the bathroom door and slam it. That's right where she'll freak out. Then you'll open the door and say....I'm sorry. I'm just playing with this door thing again. You really shouldn't think about this door now and you really don't to think about the door. Now the bad part comes. All that sets up the anchor. She wants you. She needs you. She wants to be with you. She's scared to death that she'll lose you...that you could die. That you'll get hit by a truck. That she'll never again...ever experience any pleasure or satisfactio----- in her entire life. Then, down the road, you're talking to her and she gives you an objection or something that you don't like. You simply point to the nearest door. Remember the door? It's really, really evil. That's all I can say about it. There's simply no reason to ever, ever try to control someone like that. So now you know what it can do. So let's evaluate the pattern...let's tear it apart. What's so powerful about the pattern? First of all, it starts with eliciting something easy to elicit...a really good positive emotion. So you are already with the person. You've already secured a relationship or an evening or whatever it is that you want. You're with the person and you're securing a strong emotional state. How does this pattern leverage this state in the future? By telling you that you will never have it again. By making you question whether or not you can ever possibly experience this again...that I'm the guy and you may be able to be with me again. This may be it....may be your last chance. And now you're really upsetting them. So now you're leveraging off that positive intention....positive feeling. Now it moves on to what? To full blown elicitation of fear. Now you're going to go completely back into fear and back to the point where you're going to get up and slam the door. And that bang will be unexpected and will be a further

anchor. A very profound anchor. In fact, so much so that I would suspect that every time a door slams for the rest of that poor girl's life, she's going to freak out inside. Even if you are not there. Even if you break up with her. Even no matter what. You probably installed a really bad phobia to slamming doors. I want you know that this pattern is run by men on women on a regular basis. They don't even know the pattern. But this how some men will put down a woman. You know what, you're lucky that you got me. You could never, ever have someone this good again. You know that you're lucky that we're together and that no other man's going to want you if I leave you. You wouldn't believe the number of women I've dealt with in therapy whose men have told them these things. So here's the most evil application I think I can recall as it relates to relationships. So all I can do is ask you...now that you've heard it please step into this pattern yourself and feel the devastation that would be reaped upon you should anyone ever try that and vow never, ever to do it to anyone else....to treat people with respect and with kindness and exactly the same way you want to treat them because this is just pure evil.

Moving on....the void by Kevin -----....not his real name but that he asked me to use for purposes of publishing this pattern. It's a seduction pattern and not extraordinarily negative. It is a seduction pattern. I thought I'd just throw it in for good measure so you can get an example of how this might work. Here's the pattern. Doesn't it sometimes make you stop and think how some people despite having everything, just feel lonely and empty and severely lacking? Well I was reading about the life and times of John Belushi...he had it all...the fame, the fortune, the houses, the women but it appears he was just so lonely...so was Marilyn Monroe. On top of the world with millions of men swooning over her. She just felt so alone and left out. I think it's really a common thing...like lots of people point to the person....just go on living from day to the next...like a robot. Perhaps getting amused. Perhaps feeling some sort of achievement. But deep down inside there's this hole inside them....point to the person's chest...empty hallow. It's like you ask yourself, is this it? Is this what I've been living for? This is it? I think that people (person's name) are looking for that elusive it...to fill the deep void and emptiness inside them. Whatever this is it's the one thing that will just make you feel a sense of wholeness....of completeness, of peace, of happiness and when you have it,

when it's right in front of you, of course you're in front of her, only then can you begin to feel that wholeness and peace or perhaps that ecstatic filling the light...filling you up completely. Making every pore of your body ----- with delicious static pleasure. That's when you know that you found that part of you that was missing all along (point to yourself). You are happy and complete. But whatever that happiness (point to self is and you might guess where you might point) it's elusive. You have to go for it (point at yourself). Once you find the slightest chance...the slightest window of opportunity, you will have to grab it or it could slip away and you might just find it gone. And you will be left only with the thoughts of what could have been. The stuff that regrets are made of. So when you find your happiness right in front of you, grab it right away. Now again it's nasty because you are eliciting self-doubt. You're eliciting an emptiness and you are suggesting you are the one to fill it. But when you get right down to it, really this happens a lot in life. This kind of thing happens all the time. A person breaks up from a relationship and here comes along the guy or girl. It happens both ways. And you're empty. You are hurting. You are in pain. And the other person swoops right along and takes advantage of the situation. We have a name for that kind of thing even....rebound. It was my rebound person and then you get on to the real one. So this is so powerful because it's something that happens all the time naturally anyway. This just puts language to it and makes it available. So when I say...it's not all that negative. What I'm saying is...it happens in life all the time without a person actually plotting to do something with it. So here is a plot for it. I would recommend you don't do it.

Q: Couldn't it also be with someone -----sexual compulsion -----

Men are especially that way and can be especially be leveraged that way because and a woman who is good at this, could leverage a man very powerfully by simply saying...have you ever found that you find a woman and you desire her so much you just have to sleep with her and there isn't a man alive that will say no to that. And then you say...but it seems like you just never get your fill. It's like it's so completely unsatisfying. The next day you get up and you have to do it again and again and again. And then you look back on a life where you've left a string of carcasses behind you and

there's nothing really positive from it and you feel like a little piece of you is left with each one and there's simply none of your heart left...it's like it's gone. And that would be something you might use on a predatory man who you are tired of having them try to pick you up on a non-stop basis and making them feel like oh -----big which in fact will happen. By the way, speaking of another devastating pattern to use on men, women watching this all you have to do...it's extraordinary easy...is take a look at the guide and go...have you ever really wanted to have a strong penetrating experience...all it would ever do is just sort of hang there and the harder you try, the limper it gets. And now if you want to be really vicious and mean which I won't do here in the seminar, link it to outside environments...link it to outside things. If you want to be even more vicious and mean, link it to the man's girlfriend or wife. There was a certain one of these grand daddy trainers that I'm talking about who once was a doing a training with Tony Robbins and he went and made all of Robbins' trainers both extraordinarily sexually desirous of being with someone right then and there. Yet he programmed them to not be able to act once the person gave in and it worked. The person doing the programming...the programming worked. In other words, the people went out and immediately pounced on everybody near them and secured agreement to go to bed with them and in bed the guy couldn't perform. So that's just a really nasty one to help the women with.

Q: When it's over, I just want to give you my ex-wife's name....

What was that.

Q: I just want to give you my ex-wife's name and ask you that you never let her become a client of yours.

The real true defense for all of these is an honest, just life. If you are honest, just, moral, then you are un-persuadable with tactics of evil and that's the real truth. It's really hard to get an honest man to do a dishonest deed.

Let us turn to page six. I'm going to tell you the worst pattern of them all. This one takes the cake. This one was done to me personally. Let me give you the effect of what happened when I did it. I was visiting this trainer in his home and he had been working on some stuff and we were just kind of chatting and the next thing I know I sort of ----- out and I just....it wasn't painful....it didn't really hurt. I just sort of...kind of became confused I guess is a good way to put it. I didn't really feel like myself. And I leave and I kind of get back home and go about my day to day life and my business and I didn't really want to get up in the morning. I didn't really want to come home at night. I didn't really want to go to work. I didn't really want to not go to work. I didn't know what I wanted to do. If you said....are you Kenrick Cleveland? I would have said...yes...because I know technically that's who I am but I didn't feel like Kenrick Cleveland. I didn't know who I felt like. I really didn't feel like anything or anyone. I felt like someone had put a big....like a covering over me so I couldn't feel...I couldn't experience. I just sort of was like....kind of like zombie like except I was fully conscious. I could talk. I could do things but I just didn't feel like doing anything. It was like my inner-motivation was just gone. I couldn't do much. About six months of this goes by and one morning....and I'm finally starting to think....you know something's really wrong...something's really wrong. It's effect on me was insidious and slow. Like at first, it was sort of like....you know I really don't care about much....maybe I'm just tired. But it didn't go away and so I thought maybe I'm just depressed about something. But I could find nothing I was depressed about really except I couldn't figure out where my life was going. It was this constant nagging thing that wasn't right. And so six months....I started thinking about this and at the end of six months, basically around that timeframe, I woke up one morning and it hit me. I know why I feel this way. So I called the guy up. I said...hey, and I had some few choice words and his response was....well what? You mean you're just now figuring this out? You've been messed up all this time? Why didn't you call me? Well how would I know to call because I couldn't figure out what happened to me to know it was caused from you? Well at least your back now....gotta run...bye. Gee great thanks. So that's what this pattern does. Now at that point, I still didn't know what the pattern was...I still wasn't sure. Well years later...I won't give too much detail about this but there was a lawsuit filed. The person that filed

it filed it against myself and against this other trainer and a bunch of other people. The lawsuit was frivolous and ridiculous but nonetheless, it was filed. This trainer got a hold of me and said...if I teach you to use a skill to really knock this guy out so he takes this lawsuit away, would you use it on him? My response was absolutely...of course because I too was bitterly angry that he filed a suit against me and so I was very unhappy about it. I didn't have the money to defend against it. On top of that, I didn't know Jonathan so I was stuck. So yeah I was going to use it on him. But then again...so I made arrangements to meet with him and he spent a little bit of time training me in what you are now going to learn. And when I heard him go through this, the shock that went through me was almost...I almost can't tell you how I felt. I was blown away. I saw laid out in front of me exactly what happened to me years before and I was speechless and I was then....I was really ticked off at the guy that sued me but all that went right back at that guy and I was just livid then....I was like you know what screw you. I'm not going to do this. But I made sure he gave me all the information first. I then I made it so that....it didn't work out that I just really didn't have to do it. This is a pattern that I'm talking about. Believe it or not, there actually is a good part to this pattern. It's just in the way that you use it that makes it's so bad. So let's talk about it. The pattern comes in two parts and I'll call this the Values Destroyer because that's what it really is. So the first thing you want to do is ask this question....what's something that's no longer true but used to be? Interesting....and you can then anchor that. There's a variation to this that I'm going to tell you about in a second that I like even more and is even more nasty to a certain extent. But if you really want to scramble someone for whatever silly reason that might be, you would first start with what's something no longer true but used to be. Now then you will elicit their values....you will elicit their values and their values you will write down. So you will simply write down the values that you elicit. And what will you elicit their values of? Life...sounds like this...what's important to you about life? Oh friends, family, love, money, success, opportunity, business, religious things etc. and so now you've written all these down. Now all you do is fire off the anchor for no longer true but used to be while you name each and every one of those values. So what you do is you're saying these values are no longer true. They used to be.

Q: -----

You can point. You can actually touch them and do that anchor if you want.

Q: Is it like a delete button?

It's like a delete button but let's give it a further delete button. Here's an even worse way to do it and it's also hysterical but it's really, really mean and nasty. So let me ask you guys a question....what is it you are not thinking about right now? What was that...what is it you are not thinking about? And think about it....what are you not thinking about? So what's the anchor? And what's the ----- Complete blank...so try to answer the question for real. What is it I'm not thinking about right now? Ask yourself...what is it I'm not thinking about? The reason I'm telling you to do this is because you can feel it really strong. Doing it on a group is much harder, of course, than doing it on an individual. So what is it you are not thinking about? Think about it...what is it you are not thinking about? You don't know. Okay, now imagine having that anchor fired while all of your values are named.

Q: That's a really good question because as soon as you ask -----you start to think about something.

Because the anchor holds blank. So you are firing blank into their values.

Q: -----

It runs you through a loop.

Q: -----

Right, now imagine if I slam your values into that. No, that's not the right value. I don't know what I'm not thinking about yet and it spins you right into the ground.

Q: Afterwards, if you were to say your values to yourself, would this have no meaning or.....

Are you ready for part three? So now you've spun them into the ground...future -----.
So how do you future -----...you would say...it just feels like nothing makes any sense. Now name things in their future and in their environment that will remind them of that. You know in the morning when you get up and you turn on the faucet, do you think that might also remind you of these things that just don't make any sense anymore? So what's happened now every time they see running water, they see a faucet, they go to the bathroom, they take a shower, they get in their car, they hear a car door close, they wash their dishes, they put on their clothes...you're going to future ----- to all these things and each and every one of those things you are future -----to...every time they experience, it fires the anchor for them continuing to remain confused. The only reason I'm convinced in my mind that I'm okay today is that there was no future ----- done. Without future -----, it last six months. And I have always prided myself on my mental ability and it wiped it out for six months and there was not future ----- . Bad pattern?

Q: Why did he do it?

To see if he could. To see how powerful it would be. To see what would happen.

Q: -----

Absolute power corrupts...absolutely. Now I said it wasn't a totally bad pattern. So how might it be used well? So I have the anchor----- . So what if I went like this.....this has really been fun. So I fire the what I'm not thinking about and you're not thinking about anything and all of a sudden this has really been fun. It's like a pattern interrupt. I pull the plug for a moment...you go blank and the next thing -----this has really been fun...oh yeah. See the only way it's nasty is if I fired into values to confuse

you. But I can also use it as a pattern interrupt and really enhance your life and make you have a lot of fun. What an incredibly fun training. What a bunch of great people. I just got to thinking...and you know sometimes we have a commitment to do something...right? But rack your brains and you can't quite figure it out but your unconscious commits to mastering these skills. It's a pattern interrupt when I follow it by a good suggestion. It's very, very powerful that way and very useful. It's also useful as a flat out pattern interrupt. So we're talking along and you're giving me a bunch of stupid objections or you are being difficult. And I go wait a minute....what is it you are not thinking about right now? Forget all that. Now let's just move on and let me show you a couple of things I think we can do successfully together. So what did I do? I said what is it you are not thinking about? And I waited until it engaged him and then in a much more lower tone of voice, as in this isn't part of the normal communication. This is just something that you don't even perceive...stop doing that. And then I go -----forget your objections. And then move right on or delete that. And then I keep right on going. So it's really useful as a pattern interrupt. It's also useful as a transducer for those of you who do hypnosis. By way of getting started today, I have just a little question for you....a little question for you. What is it -----you are not thinking about right now?

Getting out of here and going home.

And as the arm begins lower with true unconscious movement, and the eyes close...that's right...you can really be excited about all you've learned but not until my hand comes to rest back on the table. Now.....great transducer...I love it as a transducer. It's like instant...it's fast and it can start the process.-----itself isn't enough....I could have gone on and on. It's just a fast way and then couple it with a physical movement and boom down they go.

Q: -----

Once someone does this...anchored you...how do you stop it? Turn you around and walk away. Either that or get really good at understanding anchors and your own

emotional state and when they say....what is it you are not thinking about? Say...the same thing that you're doing.

Q: This prevents-----

Okay so that's that pattern and that is the Dark Side. Once again, please.... If it's already done to you, then I would recommend you go see a really qualified therapist and explain to them what you think happened and let them help you out of it. And it would take far more than a few seconds to tell you how to do it. At that point, you're kind of screwed. That's like saying...well okay if I over-committed myself financially and now I can't....everything went bad. All my bills are due and I can't afford to pay any of them, how do I get out of going bankrupt? Well it's a little late. You're going to have to get some help and you're going to have to make some changes and then you're going to come back around out the other side. In this case, the therapist could help you to come back and it wouldn't take forever but it would be difficult and it would take some time.

Okay so that's the Dark Side. We'll leave it at that with just one last -----to please, please, please use it in defense. Use it only in defense...meaning defend yourself from it's use against you. Defend others from it's use against them. Now that you know about this stuff and you know about how it's used, you're enlightened as it relates to this. Good...good for you and good for having the drive and the desire to take your skills to that level. Just remember that the conscious, good, honorable use of your skill will always produce a good conscious response and an honorable response from others. And you will always look at yourself good in the mirror and enjoy what you see and you'll know that you've done right by everybody.